



Our Roots
Run Deep
IN OUR
COMMUNITY



March
06

REDEEMER
LUTHERAN
Spring Musical

"Discover Live"
VIRTUAL TOUR
OF IRELAND

March
16



March
17

ST. PATRICK'S DAY
Party



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MARCH 2020

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY
Sales Manager

ROSINA TEZGELDI
*Community Sales
Coordinator*

MICHELLE EDWARDS
Nurse Manager

ROBERT ZELANO
Executive Chef

CARLOS LUGO
Sous Chef

DEBBIE ECKER
*Human Resources
Manager*

ROBERT RAMIREZ
Maintenance

HEATHER MORRIS
Activity Manager



A word from your ADMINISTRATOR

Dear Residents,
Can you believe it's almost spring? March 19th will be the first day of spring and I have to say time sure flies by. It seems we just got the Christmas decorations stored away. We do welcome the warmer weather, and I look forward to seeing more of you outside on the rocking chairs! You may have noticed that we are participating in a mentorship program with the Boys and Girls Club. A young man and a young woman—both of whom are in high school and want to enter the medical field—will be shadowing our nurses and caregivers. If you see them, be sure to give them a warm welcome!

Also, our very own Blaine Keller is heading up our new men's only group called "FUN-da-MEN-tals". The group offers a chance for the Grand Oaks men to bond and have fun while going on various trips and outings. If you are interested in joining the group,

please come see us at the front desk. We'll be sure to let Blaine know you're interested.

If you're interesting in traveling, we won a contest from Discover LIVE for a complimentary live virtual tour anywhere in the world! Since we will be celebrating St. Patrick's Day this month, we chose to visit Ireland!

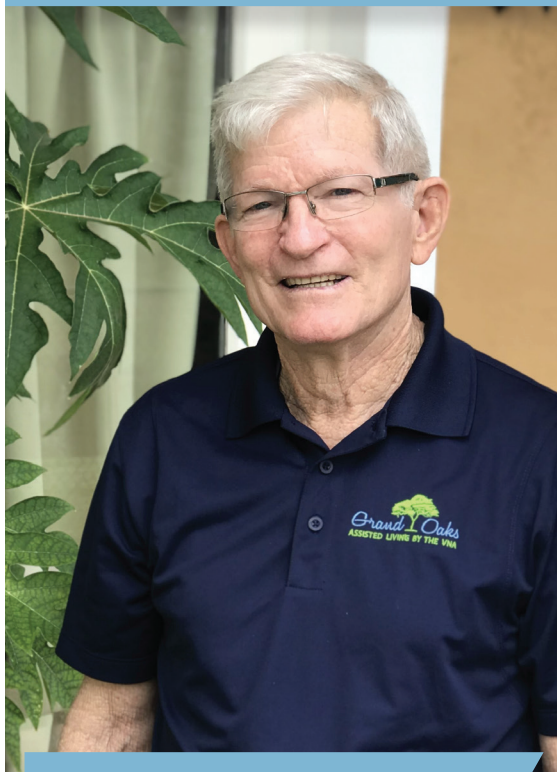
In our continued goal to keep everyone healthy, I encourage you to wash your hands often and drink plenty of fluids. We love healthy residents and staff! Also, if you know anyone who would like to make Grand Oaks their home, come see Beth or me. If they move in, we will give you a \$500 credit towards your rent!

Thanks for being part of the Grand Oaks family!

Warmest wishes,

Laurie Allen

Laurie Allen
Administrator



Blaine was born in Coral Gables and grew up in Fort Lauderdale—a true Florida native! He met his wife in high school while he was working as a cabana boy and she was visiting from New York. He actually “ran her off” from the pool she was using because she wasn’t a resident at the community! After high school, Blaine proposed to his wife before leaving for boot camp. He had enlisted in the Air Force and is a Vietnam Veteran.

After getting out of the service, Blaine began a career in landscaping. He started and ran multiple landscaping companies around the Treasure Coast. He and his wife have been married for almost 50 years. Together they have two daughters and four grandchildren.

After retiring, Blaine decided that he wanted to spend more time helping people, because he is passionate about giving back and volunteering. He began working at Grand Oaks and has been an integral part of our team. He created the “Grand Oaks Men’s Club” which meets once a month for various outings and adventures. When he’s not at Grand Oaks, he can be found mentoring fourth graders at JD Parker Elementary, traveling around the country, or taking cruises.

When asked what he likes best about working for Grand Oaks, Blaine says, “Saying hello to everybody. He really loves the residents and staff”

FUN FACT:

He is going on a cruise to Montreal for his 50th Wedding Anniversary later this year!

Margo was born in New York City and grew up in Rye, New York. She attended the Convent of the Sacred Heart, an all-girls school in Manhattan. After high school, Margo met and married her late-husband. Together they had two sons. When the weather was cold in New York, Margo and her family would spend the winters on the Treasure Coast.

After her children were grown, Margo relocated to Florida permanently. She has four grandchildren and one great grandchild.



Saint Patrick's Day Scramble

Ginger McNugget mixed up his favorite words. Can you help the leprechaun unscramble the words, then put the numbered letters in order to answer the riddle?



1. _ _ _ 7

2. $\frac{12}{}$ $\frac{3}{}$ $\frac{5}{}$ _ _ _ _

3. _ _ _ _ $\frac{13}{}$

4. $\frac{6}{}$ _ $\frac{8}{}$ $\frac{2}{}$ _

5. _ $\frac{9}{}$ _ $\frac{4}{}$

6. $\frac{1}{}$ _ _ _ $\frac{11}{}$ $\frac{10}{}$ _

Where can you always find gold?

$\frac{1}{}$ $\frac{2}{}$ $\frac{3}{}$ $\frac{4}{}$ $\frac{5}{}$ $\frac{6}{}$ $\frac{7}{}$ $\frac{8}{}$ $\frac{9}{}$ $\frac{10}{}$ $\frac{11}{}$ $\frac{12}{}$ $\frac{13}{}$!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 Good Morning Friends! 9:00 Meditation & Exercise 10:00 Church Transportation 10:30 Zen Coloring Den 11:00 Fresh Air Fun 2:00 Celebrate the Day – <i>Happy Birthday, Glen Miller</i> 3:00 Treasure Coast Symphony Presents – Is it All About the POPS? At the Kane Center	2 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 11:00-2:00 Retail Therapy & Lunch Bunch 2:00-5:00 Celebrate the Day – <i>National a Few of My Favorite Things Day</i> . Watch the Sound of Music 3:00 Walgreens	3 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:00 Men's Group Therapy 10:30 Celebrate the Day – <i>World Wildlife Day</i> 1:30-3:00 Painting w/ Valerie & Jackie Robbins Performing 2:30-4:00 Girl Scout Meeting 3:30 Victoria Leigh Performing	4 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – <i>National Marching Music Day</i> 11:30 Lunch Bunch 1:30 Catholic Eucharistic Minister 2:00 Publix 3:30 Jeff Fereshetian Performing	5 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Bingo 1:30-3:00 Painting w/ Valerie 3:30 Celebrate the Day & Scholarly Studies – <i>Hear, Hear Day</i>	6 Celebrate the Day – National Dress in Blue Day 8:30 Good Morning Friends! 9:00-12:00 Spring Musical at Redeemer Lutheran 1:00 FUN-da-MEN-tals 2:00 Sing a long 3:00 Afternoon Movie	7 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day & Card Sharks – <i>Lucky 7's Day</i> 2:00 Let's Get Creative 3:00 Afternoon Movie
8 8:30 Good Morning Friends! 9:00 Meditation & Exercise 10:00 Church Transportation 10:30 Zen Coloring Den 11:00 Fresh Air Fun 2:00 Celebrate the Day – <i>International Women's Day</i> 2:30 Rosalyn and Sons Performing 3:30 Afternoon Movie & Celebrate the Day – <i>Happy Birthday, John Grisham</i> <small>Daylight Saving Time Begins</small>	9 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Celebrate the Day – <i>National Napping Day</i> 11:00-2:00 Retail Therapy & Lunch Bunch & Celebrate the Day – <i>National Meatball Day</i> 2:15 Walgreens 3:30 Andrea Performing <small>Purim Begins</small>	10 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Mind&Melody 1:00-2:30 Painting w/ Valerie 3:00 Monthly Birthday Party 4:00 Celebrate the Day – <i>Clover All Over Day</i>	11 8:30 Good Morning Friends! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Lunch Bunch 1:30 Catholic Eucharistic Minister 2:30 Publix 3:30 Celebrate the Day – <i>Employee Spirit Day</i>	12 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Town Hall Meeting 1:30-3:00 Painting w/ Valerie & 3:30 Celebrate the Day – <i>National Plant a Flower Day</i> 4:00 Scholarly Studies	13 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Bingo 1:00 FUN-da-MEN-tals Outing 2:00 Celebrate the Day – <i>K9 Veterans Day</i> 3:30 Jonathan Cummings Performing 4:30 Happy Hour	14 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Sing a long Saturday 1:30 Celebrate the Day – <i>National Pi Day</i> 4:00 TCCS Great American Songbook at Redeemer Lutheran
15 8:30 Good Morning Friends! 9:00 Meditation & Exercise 10:00 Church Transportation 10:30 Zen Coloring Den 11:00 Fresh Air Fun 2:00 Celebrate the Day – March Madness 3:00 Afternoon Movie & Celebrate the Day – The Ides of March	16 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Discover Live – LIVE Virtual Tour of Ireland 11:30-3:00 Retail Therapy & Lunch Bunch 3:00 Walgreens 4:00 Celebrate the Day – <i>Welllderly Week Begins</i>	17 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Men's Group Therapy 10:30 Daily Chronicles & Brain Games 11:00 Sing a Long 1:30-3:00 Celebrate the Day – <i>St. Patrick's Day Party</i> 2:30-4:00 Girl Scout Meeting 3:30 Professor St Patrick Presents <small>St. Patrick's Day</small>	18 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Publix 1:30 Catholic Eucharistic Minister 2:00 Let's Get Creative 3:00 Melanie Steinke Performing 4:00 Celebrate the Day – <i>Happy Birthday, Tennessee Williams</i>	19 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 1:30-3:00 Painting w/ Valerie 3:30 Celebrate the Day – <i>Spring Equinox</i> 4:00 Scholarly Studies <small>Spring Begins</small>	20 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – <i>International Day of Happiness</i> 1:00 FUN-da-MEN-tals 2:00 Carla Holbrook Performing 3:00 Afternoon Movie	21 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Sing-along Saturday 2:00 Celebrate the Day – <i>Strawberry Fest</i> 3:00 Afternoon Movie
22 8:30 Good Morning Friends! 9:00 Meditation & Exercise 10:00 Church Transportation 10:30 Zen Coloring Den 11:00 Fresh Air Fun 2:30 Afternoon Movie & Celebrate the Day – <i>Happy Birthday, James T. Kirk</i> . Watch Star Trek	23 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00-2:00 Retail Therapy & Lunch Bunch 2:30 Walgreens 3:30 Celebrate the Day – <i>National Noodle Day</i>	24 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Men's Group Therapy 10:30 Daily Chronicles & Brain Games 11:00 Bingo 11:30 Celebrate the Day – <i>National Cheesesteak Day</i> 1:30-3:00 Painting w/ Valerie 4:00 Fresh Air Fun	25 8:30 Good Morning Friends! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Let's Get Creative 11:30 Lunch Bunch 1:30 Catholic Eucharistic Minister 2:30 Publix 6:30 Karin & Charles Performing	26 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – <i>Happy Birthday, Tennessee Williams</i> 1:30-3:00 Painting w/ Valerie 4:00 Scholarly Studies	27 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Creating w/ Clay 1:00 FUN-da-MEN-tals Outing 2:00 Fresh Air Fun 3:00 Afternoon Movie & Celebrate the Day – <i>Happy Birthday, Gloria Swanson</i> . Watch Sunset Boulevard	28 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Sing-along Saturday 2:00 Celebrate the Day – <i>National Crafting Month</i> 3:00 Afternoon Movie
29 8:30 Good Morning Friends! 9:00 Meditation & Exercise 10:00 Church Transportation 10:30 Zen Coloring Den 11:00 Fresh Air Fun 2:00 Let's Get Creative 3:00 Afternoon Movie & Celebrate the Day – <i>The Day Niagara Falls Stopped Flowing</i>	30 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00-3:00 Retail Therapy & Lunch Bunch & Celebrate the Day – <i>National Walk in the Park Day</i> 3:00 Walgreens 4:00 Celebrate the Day – <i>National Jeopardy Day</i>	31 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Men's Group Therapy 10:30 Daily Chronicles & Brain Games 11:00 Bingo 1:30-3:00 Painting w/ Valerie 3:30 Celebrate the Day – <i>Happy Birthday, Oklahoma!</i>				

Calendar Subject to Change. Please See Daily Agenda for Updates



 This Month's SPECIAL } PEKING DUCK
with Hoisin Orange Glaze



This month's seasonal special is roast Peking duck with a hoisin orange glaze, served with Lo Mein noodles and sesame broccoli.



ORATIONS
by Olga

Roses are red,
violets are blue,
I'm here at this table
and so are you.

Today is our day
to do something new,
So I'll write a song,
Scooby-doo-by-doo!

 Guess the RESIDENT



WHO IS SHE ?

Find out who it is on the back of the newsletter!

New Move-Ins } WELCOME!! 

Kay Steele
Edmay Bouchard
Blanche Lillian
Carol Roussos
Shirley Moye

 Happy BIRTHDAY!! 

MAR. 01 Dwight B.
MAR. 09 Doris M.
MAR. 20 Louise T.