

SEPTEMBER 2021

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY
Sales Manager

TAMMY CRAPROTTA, LPN
Nurse Manager

ROBERT ZELANO
Executive Chef

CARLOS LUGO
Sous Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

ROBERT NELSON
Maintenance

HEATHER MORRIS
Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

Welcome to September! Fall officially begins on September 22nd, so hopefully our weather will start cooling down soon. It's still hot for now, so please remember to stay hydrated.

I know it's been difficult with COVID-19 in our lives, and we are continuing to do everything we can to keep everyone safe. If you have any questions or concerns, please feel free to come see me or give me a call.

I'd like to offer a heartfelt thank you to the activities department for still having enjoyable activities under difficult times, and to Chef Bobby and his team for serving such great food with a smile. I also want to thank our caregivers, maintenance crew, and housekeeping for all they do. I can see the dedication in each staff member and the kindness in their hearts.

We have great things planned for September and I am looking forward to enjoying each moment with all of you. September 13th - 17th is National Housekeeping Week and also National Assisted Living Week. We have a flu shot clinic coming up; please contact Heather via email with questions, and our Shuffleboard tournament will commence at the beginning of the month.

Thank you all for being a part of the Grand Oaks family and I hope you enjoy the rest of the summer!



Laurie Allen
Administrator



September 2021
CHEF SPECIAL

FISHERMAN'S PLATTER



Fresh shrimp and fried clam strips, served with golden brown corn hushpuppies, tangy coleslaw, and your choice of tartar or cocktail sauce



Happy BIRTHDAY!!!



SEPT
7

Helen V.

SEPT
17

Russ W.

SEPT
18

Pamela C.

SEPT
20

Robert R.

SEPT
21

Phyllis S.

SEPT
26

Joe C.



New Move-Ins WELCOME!!

Lewis Y.

Delilah G.

Sandra H.

Jim H.

Kenneth R.



Employee SPOTLIGHT

NORDINE E. ACTIVITY ASSISTANT



Nordine is our new Activity Assistant!

Nordine was born in Jamaica and has three siblings. Her favorite childhood memory is visiting the beach with her family. She also has fond memories of her dog, Spot, learning how to tie her shoes, and playing outside every day. She lived in Jamaica for nine years before her family moved to New Jersey.

"I am Jamaican and I still know how to talk in my language even though I moved here when I was nine," she says.

Growing up, Nordine idolized her mother and is very proud of what an amazing, strong woman her mother is. She says the happiest moment of her life was when she moved to America so she could be reunited with her mother again.

Nordine attended Boonton High School in New Jersey for three years and Port St. Lucie High School for one year. In school, Nordine played soccer, basketball, and softball. She also excelled in English, which was her favorite class.

Before coming to Grand Oaks, Nordine worked for a phone company and a forensic center for psychiatry, where she worked in the kitchen.

Fun Fact about Nordine: She's always wanted to be an actress!

In her spare time, Nordine enjoys singing (even though she can't sing, she says), dancing, watching movies, and spending time with her family and friends.

When asked what she's looking forward to the most while working at Grand Oaks, she says, "getting to know everyone and seeing what the residents like and dislike."



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|---|
| <div> <div>September 2021</div> <div>Assisted Living</div> </div> | | | <div> <div>1</div> <div>Celebrate the Day – <i>Titanic Wreck Found in 1985</i> 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Watch Drain the Ocean Titanic 1:30 Catholic Eucharistic Minister 2:00 Sing Along 3:00 Afternoon Movie</div> </div> | <div> <div>2</div> <div>Celebrate the Day – <i>VJ Day</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Jeopardy! 1:30-3:00 Painting w/ Valerie & Jackie Robbins Performing 3:00 Shuffleboard</div> </div> | <div> <div>3</div> <div>Celebrate the Day – <i>Cabernet Day</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Bible Reading w/ the Wheelers 11:00 Trivia 2:00 Dolly Parton's Heart Strings 3:00 Heather Performing</div> </div> | <div> <div>4</div> <div>Celebrate the Day – <i>National Wildlife Day</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Bingo 2:00 Sing a Long Saturday 3:00 Afternoon Movie</div> </div> |
| <div> <div>5</div> <div>Celebrate the Day – <i>National Be Late for Something Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Psychology of Early vs. Late 2:00 2:00 Rosalyn and Sons Performing 3:00 Watch Johnny Come Lately</div> </div> | <div> <div>6</div> <div>Celebrate the Day – <i>Labor Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 12:00 Labor Day BBQ 2:00 Let's Get Creative 3:00 Afternoon Movie Labor Day Rosh Hashanah Begins</div> </div> | <div> <div>7</div> <div>Celebrate the Day – <i>The Old Man and the Sea Published!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Bingo 2:00 Shuffleboard 3:00 Afternoon Movie</div> </div> | <div> <div>8</div> <div>Celebrate the Day – <i>Back to School Memories Day</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 1:30 Catholic Eucharistic Minister 2:00 Back to School Memories 3:00 Afternoon Movie</div> </div> | <div> <div>9</div> <div>Celebrate the Day – <i>National School Picture Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Trivia 11:00 Card Sharks 1:30-3:00 Diamond Painting 3:00 Shuffleboard</div> </div> | <div> <div>10</div> <div>Celebrate the Day- <i>Eyes on You Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Bible Reading w/ the Wheelers 11:00 Let's Get Creative 2:00 Jonathan Performing 3:00 Watch The Mind After Midnight: Where Do You Go When You Go to Sleep?</div> </div> | <div> <div>11</div> <div>Celebrate the Day – <i>Patriot Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Bingo 2:00 Wii 3:00 Karin & Charles Performing</div> </div> |
| <div> <div>12</div> <div><i>National Assisted Living Week</i> <i>National Housekeepers Week</i> Celebrate the Day – <i>Grandparents Day</i> 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games. 11:00 Watch Grandparent's Day Video 2:00 Rosalyn and Sons Performing 3:00 Afternoon Movie Grandparents Day</div> </div> | <div> <div>13</div> <div><i>National Assisted Living Week</i> <i>National Housekeepers Week</i> Celebrate the Day –<i>National Live Creative Week!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 2:00 Card Sharks 3:00 Afternoon Movie</div> </div> | <div> <div>14</div> <div><i>National Assisted Living Week</i> <i>National Housekeepers Week</i> Celebrate the Day – <i>National Columbo Day!</i> 9:00 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Bingo 2:00 Shuffleboard 3:00 Monthly Birthday Party 4:00 Watch Columbo</div> </div> | <div> <div>15</div> <div><i>National Assisted Living Week</i> <i>National Housekeepers Week</i> Celebrate the Day – <i>Word Game Wednesday!</i> 9:30 Meditation, Daily Chronicles & Brain Games 10:30 Zumba w/ Teri 11:00 Sing Along 1:30 Catholic Eucharistic Minister 2:00 Ted Talks 3:00 Afternoon Movie Autumn Movie Begins</div> </div> | <div> <div>16</div> <div><i>National Assisted Living Week</i> <i>National Housekeepers Week</i> Celebrate the Day – <i>Happy Anniversary M*A*S*H</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Watch M*A*S*H 1:30-3:00 Painting w/ Valerie & Jackie Robbins Performing 3:00 Shuffleboard</div> </div> | <div> <div>17</div> <div><i>National Assisted Living Week</i> <i>National Housekeepers Week</i> Celebrate the Day – <i>National Talk Like a Pirate Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Bible Reading w/ the Wheelers 11:00 Resident Meeting 2:00 Pirate Party 3:00 Heather Performing</div> </div> | <div> <div>18</div> <div><i>National Assisted Living Week</i> <i>National Housekeepers Week</i> Celebrate the Day – <i>Oktoberfest Begins</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Sing a Long Saturday 2:00 Bingo 3:00 Afternoon Movie Oktoberfest Begins</div> </div> |
| <div> <div>19</div> <div>Celebrate the Day – <i>National Punch Day!</i> 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 3:00 Afternoon Movie</div> </div> | <div> <div>20</div> <div>Celebrate the Day – 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Adventure Time! 2:00 Jackie Robbins Performing 3:00 Afternoon Movie Sukkot Begins</div> </div> | <div> <div>21</div> <div>Celebrate the Day – <i>World Alzheimer's Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Lucie & Linda Abstract Art 2:00 Shuffleboard 3:00 Robert Steinberg</div> </div> | <div> <div>22</div> <div>Celebrate the Day – <i>Autumnal Equinox!</i> 9:30 Meditation, Daily Chronicles & Brain Games 10:30 Zumba w/ Teri 11:00 Sing Along 1:30 Catholic Eucharistic Minister 2:00 Creative w/ Clay 3:00 Afternoon Movie Autumn Begins</div> </div> | <div> <div>23</div> <div>Celebrate the Day – <i>Innergize Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Trivia 1:30-3:00 Diamond Painting 3:00 Shuffleboard</div> </div> | <div> <div>24</div> <div>Celebrate the Day – <i>National Maritime Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Bible Reading w/ the Wheelers 11:00 Let's Get Creative 2:00 Jonathan Performing 3:00 Afternoon Movie</div> </div> | <div> <div>25</div> <div>Celebrate the Day – <i>National Comic Book Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Bingo 2:00 Wii 3:00 Karin & Charles Performing</div> </div> |
| <div> <div>26</div> <div>Celebrate the Day – <i>West Side Story Premiere Anniversary!</i> 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Diamond Painting 2:00 Card Sharks 3:00 Afternoon Movie</div> </div> | <div> <div>27</div> <div>Celebrate the Day -<i>National Coffee Milk Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 2:00 Let's Get Creative 3:00 Afternoon Movie</div> </div> | <div> <div>28</div> <div>Celebrate the Day – <i>National Drink Beer Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Bingo 2:00 Shuffleboard 3:00 Afternoon Movie Simchat Torah Begins</div> </div> | <div> <div>29</div> <div>Celebrate the Day – <i>National Coffee Day!</i> 9:30 Meditation, Daily Chronicles & Brain Games 10:30 Zumba w/ Teri 11:00 Sing Along 1:30 Catholic Eucharistic Minister 2:00 Creative w/ Clay 3:00 Afternoon Movie</div> </div> | <div> <div>30</div> <div>Celebrate the Day – <i>National Women's Health and Fitness Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Jeopardy 1:30-3:00 Painting w/ Valerie & Jackie Performing 3:00 Shuffleboard</div> </div> | | |



Resident SPOTLIGHT

MARY "MIMI" D. AND CAREGIVER MONICA M.



Mimi grew up in Washington, D.C. She is the oldest of six children. Both her mother and father worked in data analysis, with her mother working as a statistician for the U.S. Women's Bureau.

Mimi attended Notre Dame Academy and the Catholic University of America in D.C., where she earned her Master's Degree in Education. After college, she was asked to manage a series of Montessori schools in Connecticut. She, her late husband, and her children relocated for the job. While in CT, her husband worked as an executive for Hartford Insurance Group. Mimi moved to Florida 19 years ago and was an active member of St. Joseph Parish Church and volunteered at the Martin County children's library. She was married for 63 years and has four children and nine grandchildren.

Monica is married and has two children and five grandchildren. She worked as a Loan Processor at Sun Trust Bank for over 30 years before entering semi-retirement and working as a CNA. She applied to work at Grand Oaks, met Mimi, and the two have been friends ever since. Together, Mimi and Monica enjoy the painting classes at Grand Oaks, going out to lunch, going shopping, and lots of friendly banter. "Mimi has a great sense of humor. She keeps a smile on my face and makes my day," said Monica. "Don't believe her," Mimi said, "She just took the job for the money."

Mimi says she enjoys the people she meets at Grand Oaks. "There's always people to talk to and something interesting going on. The food and service is excellent, too. I really enjoy it here."

Monica says her favorite thing about working at Grand Oaks is Mimi. "She makes my job easy and fun."

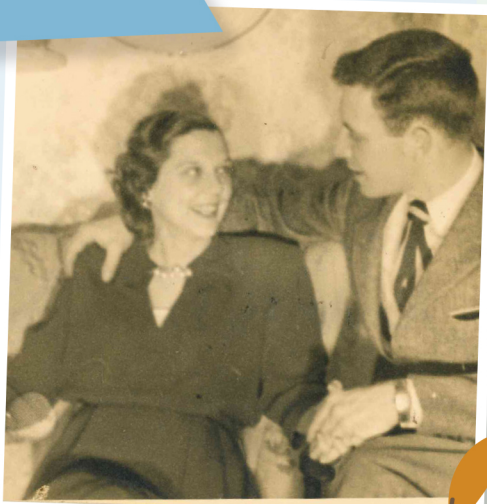


Guess the RESIDENT

WHO IS THE RESIDENT?

(left)

Find out who this is
on the back of the
newsletter!







Calendar Spotlight



*Our Roots
Run Deep
IN OUR
COMMUNITY*



Monday,
September 6 } Labor Day BBQ
12:00pm



September
12th-17th } National Assisted
Living Week!



Sunday,
September 12 } Grandparents Day!



Saturday,
September 18 } Oktoberfest Begins!

Guess the Resident Answer:

Edith Ann W.

Fun fact: She is pregnant with her oldest daughter in this photo!