

Management TEAM

DONALD CROW Chairman

TERESA ROBERTS Vice President

SHARON GRISWOLD EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY Sales Manager

MICHELLE EDWARDS Nurse Manager

ROBERT ZELANO Executive Chef

CARLOS LUGO Sous Chef

DEBBIE ECKER Human Resources Manager

ANDREW VEERASAMMY Facilities Manager

ROBERT NELSON Maintenance

HEATHER MORRIS
Activity Manager



Happy November! I hope you all enjoyed Halloween and all the other fun fall activities last month. We're keeping our fingers crossed that the weather cools down a little this month.

For everyone interested, our shuffleboard tournament is right around the corner. Practices have started and the tournament will run throughout January, with the finals falling in the first week of February. The winner will get to invite a friend for a takeout luncheon of their choice. Good luck to all!

Veteran's Day will be celebrated on November 11th. We want to thank and honor all of the residents who have served in the military. You are truly heroes to us all. On Thursday, November 26th, we will celebrate Thanksgiving. I am extremely thankful for all of my amazing residents and their families!

Please be on the lookout for the "Employee Appreciation Fund" letter that will be delivered early in November. This is a great way to show your appreciation for our wonderful staff here at Grand Oaks.

Thank you all for being a part of the Grand Oaks family and I hope you enjoy the rest of fall!

Warmest wishes,

Laurie alles

Laurie Allen *Administrator*





HERB CRUSTED Lamb Chops







Grace G.



Mildred "Mitzi" C.



Frances W.







Refer a friend, neighbor, or loved one to live at Grand Oaks and receive \$1,000 off of one month's rent!

REFER A RESIDI

YOUR RENT!

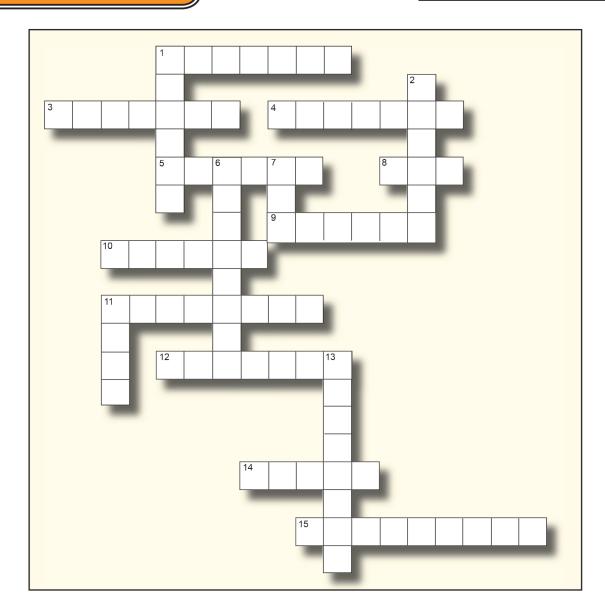
Your referral will have their COMMUNITY FEE WAIVED if they move in by December 31, 2020!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Muertes! 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Exercises 11:00 Scholarly Studies 2:30 Happy Hour Cart	Celebrate the Day – Kermit the Frog Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 1:30 Jackie Robbins Performing 2:30 Happy Hour Cart 3:00 Afternoon Movie	10:30 Daily Chronicles & Brain Exercises 11:00 Bingo 2:00 Shuffleboard Tournament 3:00 Victoria Leigh Performing	and Dream Analysis Day! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Scholarly Studies 2:00 Fresh Air Fun 3:00 Afternoon Movie	Remember the 5 th of November! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Painting 2:00 Shuffleboard Tournament 3:00 Afternoon Movie	9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Creative w/ Clay 2:00 Jeopardy! 3:00 Jonathan Cummings Performing	Celebrate the Day – "Dear Santa", Letter Week! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Sing a long Saturday 2:00 Happy Hour Cart 3:00 Afternoon Movie
8	9	10	11	12	13	14
Day 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Exercises 11:00 Scholarly Studies	Celebrate the Day – World Orphan Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 2:00 Sing a Long 3:00 Afternoon Movie	Celebrate the Day – Times We Treasure Tuesday! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Bingo 2:00 Shuffleboard Tournament 3:00 Monthly Birthday Party w/ Karin and Charles 4:00 Afternoon Movie	Sundae Day! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Fresh Air Fun 2:00 Sundae Cart	10:30 Daily Chronicles & Brain Exercises 11:00 Virtual Town Hall Meeting & Chef Chat	Kindness Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Creative w/ Clay	Celebrate the Day – LULU of a Day and National Happy Hour Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Sing a Long Saturday 2:00 Happy Hour Cart 3:00 Karin & Charles Performing
15	16	17	18	19	20	21
Celebrate the Day – Perfect Fit Day 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Exercises 11:00 Armchair Travels 2:00 Fresh Air Fun 2:30 Happy Hour Cart 3:30 Afternoon Movie	Celebrate the Day – Aviation History Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 1:30 Jackie Robbins Performing 2:00 Happy Hour Cart 3:00 Afternoon Movie	10:00 Daily Chronicles & Brain Exercises 11:00 Bingo	Princess Day! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Scholarly Studies 2:00 Fresh Air Fun	9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Painting 2:00 Shuffleboard Tournament 3:00 Afternoon Movie	Prince Phillip & Universal Children's Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain	Celebrate the Day – <i>Up, Up and Away Day!</i> 9:30 Meditation & Exercise & 10:30 Daily Chronicles & Brain Exercises 11:00 Sing a Long Saturday 2:00 Happy Hour Cart 3:00 Afternoon Movie
Celebrate the Day – Stardust Day 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Exercises 11:00 Armchair Travels 2:00 Fresh Air Fun 2:30 Rosalyn and Sons Performing 3:30 Afternoon Movie		Celebrate the Day – Celebrate Your Unique Talent Day! 9:00 Meditation & Exercise	Celebrate the Day – International Hat Day and Pumpkin Pie Day! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Scholarly Studies	Celebrate the Day – Happy Thanksgiving Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Painting 2:00 Afternoon Movie	Celebrate the Day – Native American Heritage Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Creative w/ Clay 2:00 Carla Holbrook Performing	Celebrate the Day – Meet Me in St. Louis Day! 9:30 Meditation & Exercise & 10:30 Daily Chronicles & Brain Exercises 11:00 Sing a Long Saturday 2:00 Happy Hour Cart 3:00 Karin & Charles Performing
29	30			mainsgiving Day (03)		
Celebrate the Day – Treasures from the Attic! 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Exercises 11:00 Scholarly Studies 2:30 Happy Hour Cart 3:30 Afternoon Movie			Mon Ass	sisted Livi	020 hg	

THANKSGIVING PUZZLE

Name:



Across

- 1. It makes a great pie or jack-o-lantern.
- 3. They came from England and built Plymouth Colony.
- 4. A special day, like Christmas, Easter and Thanksgiving
- 5. Breakfast, lunch and _____
- 8. A dessert with a round crust
- 9. We eat this bird on Thanksgiving.
- 10. To go from one place to another
- 11. A ball game with touchdowns and field goals
- 12. A word for gathering crops

- 14. A huge meal on a special occasion
- 15. The Pilgrims' ship

Down

- 1. A procession of bands, floats and people
- 2. Our parents, brothers and sisters
- 6. The month after October
- 7. To take food into the mouth and swallow
- 11. Another word for autumn
- 13. Thanksgiving is always on this day.



We're Carving Up THANKSGIVING FACTS







1 in 5

Homes in the U.S. will prepare their Thanksgiving meals using smart home products



4,500

Calories, on average, consumed by the average person on Thanksgiving



79%

Of Americans said Thanksgiving leftovers are more important than the actual meal



\$2.875 billion

Spent on Thanksgiving food in the U.S.



2.5

Miles in the Macy's Thanksgiving Day Parade



17

Ridges on a 14-ounce can of jellied cranberry sauce



135.8 million

People are estimated to shop over Thanksgiving weekend WOW! That's a lot of shopping!





