

Management TEAM

DONALD CROW Chairman

TERESA ROBERTS Vice President

SHARON GRISWOLD EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY
Sales Manager

MICHELLE EDWARDS Nurse Manager

ROBERT ZELANO Executive Chef

CARLOS LUGO Sous Chef

DEBBIE ECKER Human Resources Manager

ANDREW VEERASAMMY Facilities Manager

ROBERT NELSON Maintenance

HEATHER MORRIS
Activity Manager



A word from your ADMINISTRATOR

Dear Residents, Spring is almost here!

The final COVID vaccine clinic will be on March 4th. Please remember that it takes two weeks for your system to develop antibodies. Even then, it is still important to continue to practice infection control by wearing face masks, social distancing, and washing your hands frequently. Although you have been vaccinated, you can still be a carrier. All of our guidelines will remain the same regarding visitation and group activities until we receive further guidance from AHCA. When such changes occur, we will let you know.

Our Men's Group will be excited for March Madness beginning! We will be showing many of the games in the movie theater, so you can feel close to the action.

On March 6th, it is National Dress Day. On our most important days, we seek out the perfect dress made for the occasion, whether it is prom, an interview, a first date, or a big wedding day. National Dress Day gives us all a reason to re-live some of our dearest memories. Wear your favorite dress or share a picture of you in your favorite dress. Participants will receive a beautiful doll, handmade by Dr. Sue (see her picture and biography inside the newsletter!)

The Shuffleboard Tournament finalists are Dottie H., Russ W., and Joe C. Stay tuned to find out who the winner is on March 9th. The winner will enjoy a catered lunch from the restaurant of their choice with a resident of their choice!

Don't forget to spring forward on March 14th. Our staff will be available to assist you with changing your clocks and watches. To celebrate St. Patrick's Day on March 17th, we will have a party with green beer, pub songs, scavenger hunt, minute-to-win-it games, and more!

Thanks for being a part of the Grand Oaks Family! Happy March!

Laurie aller

Laurie Allen
Administrator



3550 SW Corporate Pkwy, Palm City, FL 34990 | 772.529.6000 www.grandoakspalmcity.com

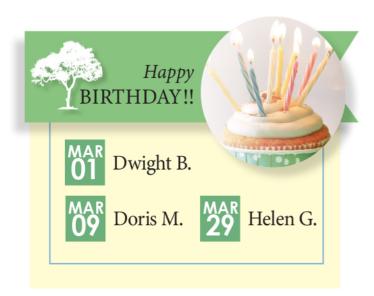


SWEET ITALIAN Sausage Ravioli





"Confidence is something you feel, arrogance is something you see."











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Celebrate the Day – Happy Birthday, Glen Miller! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 2:00 Sing a Long 3:00 Trivia 4:00 Afternoon Movie – King Kong	10:30 Daily Chronicles & Brain Exercises 11:00 Bingo 2:00 Shuffleboard Tournament 3:00 Victoria Leigh Performing	Celebrate the Day – World Wildlife Day! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Scenic Ride 2:00 John Nelson Presentation 3:00 Afternoon Movie – Planet Earth	Celebrate the Day – Vaccine Clinic 10:30 Daily Chronicles & Brain Exercises 11:00-2:00 COVID Vaccine Clinic 2:00 Gardening	9:30 Meditation & Exercise	Celebrate the Day – National Dress Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Sing a Long Saturday 2:00 Scenic Ride 3:00 Karin & Charles Performing 4:00 Dress Day Ceremony
Celebrate the Day – Celebrate Your Name Week! 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Exercises 11:00 Armchair Travels 2:00 Card Sharks 3:00 Afternoon Movie	Celebrate the Day – International Women's Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 1:30 Jackie Robbins Performing 2:30 Happy Hour 3:00 Afternoon Movie	10:00 Daily Chronicles & Brain Exercises 11:00 Bingo 2:00 Shuffleboard FINAL	Day 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Card Sharks 2:00 Scenic Ride 3:00 Clover All Over Winner	Celebrate the Day – Johnny Appleseed Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Painting 12:00 Shuffleboard Tournament Winner Luncheon 3:00 Afternoon Movie	Celebrate the Day – Happy Birthday, James Taylor! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Bible Reading w/ the Wheelers 11:00 Creative w/ Clay 2:00 Jeopardy! 3:00 Jonathan Performing 4:00 The Crown	Celebrate the Day – Genealogy Day! 9:30 Meditation & Exercise & 10:30 Daily Chronicles & Brain Exercises 11:00 Sing a Long Saturday 2:00 Scenic Ride 3:00 Afternoon Movie
Celebrate the Day – Pi Day! 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Exercises 11:00 Make a Pi Necklace 2:00 Card Sharks 2:30 Rosalyn and Sons Performing 3:30 Afternoon Movie – Life of Pi 6:00 Selection Sunday 8:00 63 rd Grammy Awards Daylight Saving Time Begins	Celebrate the Day – The Ides of March and Act Happy Week Begins! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 2:00 Sing a Long 3:00 Afternoon Movie	10:00 Daily Chronicles & Brain Exercises 11:00 Bingo 2:00 Introduction to Golcce 3:00 Victoria Leigh Performing	1	Celebrate the Day – Employee Spirit Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Painting 2:00 Golcce Practice 3:00 Happy Hour	Laugh Day! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Bible Reading w/ the Wheelers 11:00 Comedy Hour	Celebrate the Day – Worldwide Quilting Day! 9:30 Meditation & Exercise & 10:30 Daily Chronicles & Brain Exercises 11:00 Sing a Long Saturday 2:00 Scenic Ride 3:00 Karin & Charles Performing 4:00 Colorado Wildflower Tour Spring Begins
9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 1:30 Jackie Robbins Performing 2:30 Card Sharks 3:00 Afternoon Movie	9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 1:30 Jackie Robbins Performing 2:30 Happy Hour 3:00 Afternoon Movie	9:00 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 11:00 Bingo 2:00 Golcce Practice 3:00 Afternoon Movie	Celebrate the Day – Happy Birthday, Harry Houdini! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Scenic Ride 2:00 Card Sharks 3:00 Afternoon Movie - Houdini	Celebrate the Day –Greek Independence Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Painting 2:00 Golcce Practice	Celebrate the Day- Wear a Hat Day! 9:30 Meditation & Exercise	Celebrate the Day – National Joe Day! 9:30 Meditation & Exercise & 10:30 Daily Chronicles & Brain Exercises 11:00 Sing a Long Saturday 2:00 Scenic Ride 3:00 Afternoon Movie – Joe's Choice! Passover Begins
Celebrate the Day – Palm Sunday! 9:00 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Exercises 11:00 Armchair Travels 2:00 Card Sharks 2:30 Rosalyn and Sons Performing 3:30 Afternoon Movie	Celebrate the Day –Smoke and Mirrors Day! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Let's Get Creative 1:30 Jackie Robbins Performing 2:30 Happy Hour 3:00 Afternoon Movie	9:00 Meditation & Exercise 9:30 Daily Chronicles & Brain Exercises 10:00 Scenic Ride to a Park 2:00 Golcce Tournament Begins	Celebrate the Day – National Prom Day! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 Zumba w/ Teri 11:00 Card Sharks 2:00 Prom Reminiscing 3:00 Afternoon Movie		March 202 Assisted Living	

Calendar Subject to Change. Please See Daily Agenda for Final Revisions.

DR. SUE



Hello! I'm so glad that you are able to enjoy my dollies! I started crocheting the dresses for them when my Mom gave me all her yarn before she passed and the dolly pattern was included. She started making them, so I continued in her honor.

I'm a Child Psychologist and gave each of my young and teen girls their own dolly. I taught them to treat the dolls as themselves, how to be kind and forgiving to themselves. My piano was "my doll." I learned from the age of 8 years old, how to express my own sadness and joy through my piano. And soon found out that it brought joy to anyone who listened. Luckily God blessed me with a gift - because I was very good at it from a very young age. So at 15 years of age, I started teaching piano. I had roughly 40-50 students a week, and performed over 70 recitals with my kids - of which I always played at the end. It was wonderful!

So I'm so happy to have found Melissa so that she can share with you my dollies and my favorite piano music! I hope you enjoy "my dolly" too!

Shamrocks, saint and shillelaghs

St. Patrick's Day, celebrated March 17, honors Ireland's legendary patron saint, who died on that day in 461.

Shamrock

Small, three-leafed plant appears on U.K.'s coat of arms with English rose. Scottish thistle



Irish flag

Green represents Catholics; orange, Protestants; white, the wish for harmony



Leprechauns

Fairies who work day and night mending shoes of other fairies



Shillelagh

(shi-lay'-lee)

Walking stick; Irish for stout oak club or cudgel; also a forest that once stood in County Wicklow



387 A.D. Born in Britain to a Roman family; his father served as a magistrate; his original name was Maewyn Early 400s Taken to Ireland as a slave; after six years, he escaped to France where he studied for priesthood 432 Sent to Ireland as a Christian missionary by Pope Celestine I, who named him Patricius, which means noble in Latin; he introduced Roman alphabet, Latin literature; Christianized the land





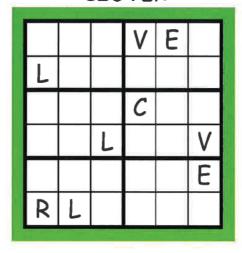
Saint Patty's Sudoku

DIRECTIONS: Fill in the grids so that each horizontal row contains each letter exactly once, each vertical column contains each letter exactly once, and each subgrid contains each letter exactly once. We recommend you use a pencil.

RAINBOWS

	В						R
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W					I		
	5					I	
N			0				W
						S	
	R	S		2		В	

CLOVER



DUBLIN

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	D		U	Ι	

SHAMROCK

C	M						
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A					0	C	
0			K	α	A	5	
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R		K		C			
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			0			R	



