

JANUARY 2022

## Management TEAM

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

SHARON GRISWOLD  
*EVP Finance*

LAURIE ALLEN  
*Administrator*

BETH KELLEY  
*Sales Manager*

TAMMY CRAPOTTA, LPN  
*Nurse Manager*

ROBERT ZELANO  
*Executive Chef*

CARLOS LUGO  
*Sous Chef*

DEBBIE ECKER  
*Human Resources  
Manager*

ANDREW VEERASAMMY  
*Facilities Manager*

GEORGE HODGE  
*Maintenance*

HEATHER MORRIS  
*Activity Manager*



## A word from your ADMINISTRATOR

So many blessings to reflect upon and so many things to look forward to as we start the New Year at Grand Oaks Palm City.

Yes, it's a bit of a cliché, but I'm sure it will take me more than a few times to get used to writing the date "2022," especially when it feels like I just grew accustomed to penning "2021."

Although always a welcome time of togetherness, gratitude, reflection and feasting, the holiday festivities seem to make the final few days of the year blur by all the more quickly. Maybe that's why my New Year's resolution involves redoubling my efforts to remain more mindful, aware and appreciative in the moment.

Speaking of blessings, we're especially grateful to all of you who generously contributed to the Employee Appreciation Fund. Thank you so much for recognizing and celebrating how diligently our staff works throughout the year to ensure you enjoy the finest care and experience possible.

Later this month, Jan. 23-29, to be exact, the little known calendar event Activity Professional's Week takes place. Please take a moment during this period to thank the Activities staff for their creativity, energy and ideas.

Each team member at Grand Oaks Palm City cherishes the chance to enrich your days and we work together to do just that. But let's face it, the Activities staff are in the business of fun. They make it look easy, but that doesn't mean it is, so hearing from you how much their efforts are succeeding means a great day to them.

We thank each one of you for making our days brighter and we look forward to enjoying another amazing year together.

*Laurie Allen*

Laurie Allen  
Administrator





January 2022

CHEF  
SPECIAL



Mojo Grilled Pork Chop  
with Cilantro Garlic Aioli

Happy  
BIRTHDAY!!!



JAN  
09

Juan S.

JAN  
17

Vincent M.

JAN  
20

Theresa S.

JAN  
20

Marguerite W.

JAN  
30

Shirley M.



New Move-Ins  
Welcome!!!

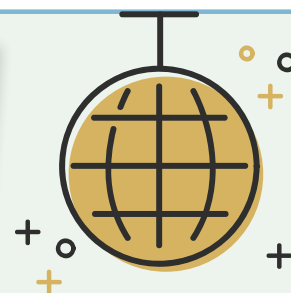
Ruth M.  
Joseph M.  
Bernadette B.



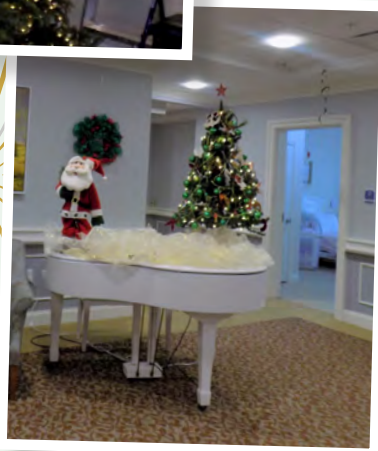
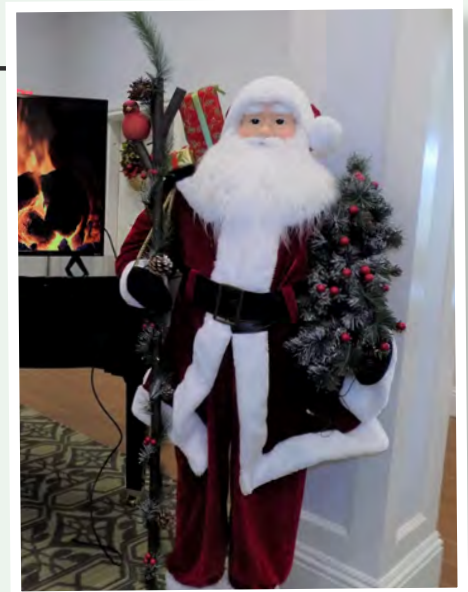
Guess the  
RESIDENT

WHO IS THE  
RESIDENT?

Find out who  
this is on the  
back of the  
newsletter!









Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



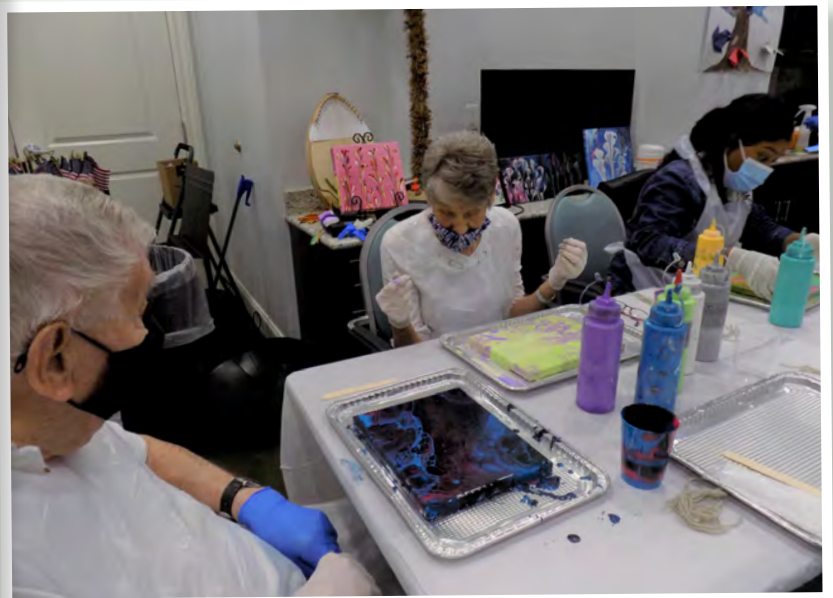
# January 2022



Assisted Living

<p>Celebrate the Day – <i>Someday We'll Laugh About this Day and Science Fiction Day!</i>            10:00 Worship Your Way            10:30 Daily Chronicles &amp; Brain Games.            11:00 Diamond Painting            2:00 Laughter Yoga            3:00 Afternoon Movie</p>	<p>Celebrate the Day – <i>Festival of Sleep Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Activity Connection            2:00 PJ's Contest            3:00 Slumber Party/Afternoon Movie</p>	<p>Celebrate the Day – <i>Trivia Day!</i>            9:00 Meditation &amp; Exercise            10:00 Daily Chronicles &amp; Brain Games            11:00 Bingo            2:00 <b>Card Sharks</b>            3:00 Trivia Competition!</p>	<p>Celebrate the Day – <i>National Bird Day!</i>            9:30 Meditation, Daily Chronicles &amp; Brain Games            10:30 <b>Zumba w/ Teri</b>            11:00 Sing Along            1:30 Catholic Eucharistic Minister            3:00 John Nelson – Audubon Society.</p>	<p>Celebrate the Day – <i>Wheel of Fortune Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Play Wheel of Fortune            1:30-3:00 <b>Diamond Painting</b>            3:30 Afternoon Movie</p>	<p>Celebrate the Day – <i>Cookbook Day</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Watch a Cooking Show            2:00 Build a Cookbook            3:00 <b>Heather Performing.</b></p>	<p>Celebrate the Day – <i>New Year's Day and Z Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Sing a Long Saturday            2:00 New Year's Resolutions            3:00 <b>Charles Performing</b>            New Year's Day</p>
<p>Celebrate the Day – <i>National Law Enforcement Appreciation Day!</i>            9:00 Meditation &amp; Exercise            10:00 Worship Your Way            10:30 Daily Chronicles &amp; Brain Games            11:00 Diamond Painting            2:00 <b>Rosalyn and Sons Performing</b>            3:00 Afternoon Movie</p>	<p>Celebrate the Day – <i>Houseplant Appreciation Day!</i>            9:30 Meditation &amp; Exercise            10:00 Daily Chronicles &amp; Brain Games            10:30 Pinder's Nursery            2:00 <b>Jackie Robbins Performing</b>            3:00 Walgreens</p>	<p>Celebrate the Day – <i>Tone it Up Tuesday!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Bingo            2:00 Afternoon Exercise            3:00 <b>Monthly Birthday Party</b></p>	<p>Celebrate the Day – <i>Wacky Winter Wardrobe</i>            9:30 Meditation, Daily Chronicles &amp; Brain Games            10:30 <b>Zumba w/ Teri</b>            11:00 Sing Along            1:30 Catholic Eucharistic Minister            2:00 Let's Get Creative            3:00 Publix</p>	<p>Celebrate the Day – <i>Stephen Foster Memorial</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Sing a Long            1:30-3:00 <b>Painting w/ Valerie &amp; Jackie Performing</b>            3:30 Afternoon Movie</p>	<p>Celebrate the Day – <i>Wintertime Memories Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Activity Connection            2:00 <b>Jonathan Performing</b>            3:00 Afternoon Movie</p>	<p>Celebrate the Day – <i>Surprise Saturday!</i>            9:30 Meditation &amp; Exercise            10:00 Daily Chronicles &amp; Brain Games            11:00 Bingo            2:00 Wreath Making            3:00 <b>Karin and Charles Performing</b></p>
<p>Celebrate the Day – <i>Hunt for Happiness Week Begins!</i>            9:00 Meditation &amp; Exercise            10:00 Worship Your Way            10:30 Daily Chronicles &amp; Brain Games.            11:00 Diamond Painting            2:00 Happiness Hunt            3:00 Afternoon Movie</p>	<p>Celebrate the Day – <i>Martin Luther King Jr. Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 <b>Let's Get Creative</b>            2:30 Documentary            3:00 Walgreens            Martin Luther King Jr. Day</p>	<p>Celebrate the Day – <i>A Jazzy Day!</i>            9:00 Meditation &amp; Exercise            10:00 Daily Chronicles &amp; Brain Games            11:00 <b>Linda &amp; Lucie Abstract Art</b>            2:00 <b>Card Sharks</b>            3:00 <b>Robert Steinberg</b>            4:00 Winter Social</p>	<p>Celebrate the Day – <i>Happy Birthday, Dolly!</i>            9:30 Meditation, Daily Chronicles &amp; Brain Games            10:30 <b>Zumba w/ Teri</b>            11:00 Dolly Parton Sing Along            1:30 Catholic Eucharistic Minister            2:00 Dolly Parton Interview            3:30 Publix</p>	<p>Celebrate the Day – <i>Born Free Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Trivia            1:30-3:00 <b>Diamond Painting</b>            3:00 Afternoon Movie</p>	<p>Celebrate the Day – <i>International Sweatpants Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 <b>Resident Meeting</b>            2:00 Criminal Minds            3:00 <b>Heather Performing</b></p>	<p>Celebrate the Day – <i>Celebration of Life Day</i>            9:30 Meditation &amp; Exercise            10:00 Daily Chronicles &amp; Brain Games            11:00 Sing a Long            2:00 Bingo            3:00 Afternoon Movie</p>
<p>Celebrate the Day – <i>Activity Professional's Week Begins!</i>            9:00 Meditation &amp; Exercise            10:00 Worship Your Way            10:30 Daily Chronicles &amp; Brain Games            11:00 Diamond Painting            2:00 <b>Rosalyn and Sons Performing</b>            3:00 Afternoon Movie            Activity Professionals Week</p>	<p>Celebrate the Day – <i>Global Belly Laugh Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Let's Get Creative            2:00 Laughter Yoga            3:00 Walgreens</p>	<p>Celebrate the Day – <i>National Florida Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 <b>Bingo</b>            2:00 <b>Alice Luckhardt Presents</b>            3:00 Afternoon Movie</p>	<p>Celebrate the Day – <i>National Spouses Day!</i>            9:30 Meditation, Daily Chronicles &amp; Brain Games            10:30 <b>Zumba w/ Teri</b>            11:00 Sing Along            1:30 Catholic Eucharistic Minister            2:00 The Dating Game            3:00 Publix            Australia Day (observed)</p>	<p>Celebrate the Day – <i>National Geographic Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 National Geographic Scavenger Hunt            1:30-3:00 <b>Painting w/ Valerie &amp; Jackie Performing</b>            3:30 Watch NatGeo</p>	<p>Celebrate the Day – <i>Fun at Work Day!</i>            9:30 Meditation &amp; Exercise            10:30 Daily Chronicles &amp; Brain Games            11:00 Trivia            2:00 <b>Jonathan Performing</b>            3:00 Afternoon Movie</p>	<p>Celebrate the Day – <i>Happy Birthday Oprah!</i>            9:30 Meditation &amp; Exercise            10:00 Daily Chronicles &amp; Brain Games            11:00 Sing a Long            2:00 Watch Oprah            3:00 <b>Karin and Charles Performing</b></p>
<p>Celebrate the Day – <i>National Escape Day!</i>            9:00 Meditation &amp; Exercise            10:00 Worship Your Way            10:30 Daily Chronicles &amp; Brain Games            11:00 Diamond Painting            2:00 Card Sharks            3:00 Afternoon Movie</p>	<p>Celebrate the Day – <i>Inspire Your Heart w/ Art Day!</i>            9:30 Meditation &amp; Exercise            10:00 Daily Chronicles &amp; Brain Games            10:30 Elliot Museum &amp; Lunch Bunch            3:00 Walgreens</p>					











## Calendar Spotlight

*Our Roots  
Run Deep  
IN OUR  
COMMUNITY*



January 11

Monthly Birthday Party  
2:00 pm



January 16-22

Hunt for Happiness Week



January 23-29

Activity Professional Week



Guess the Resident Answer: Cynthia B.