

NOVEMBER 2025

**Management
TEAM**

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

BETH KELLEY
Sales Manager

TARA WESTER
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

OSHANE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



A word from your
ADMINISTRATOR

Dear Residents,

As we welcome the beautiful month of November, I'd like to take a moment to look back on what a wonderful October we had at Grand Oaks! We enjoyed so many fun-filled activities — from festive pumpkin decorating and Halloween celebrations to our special gatherings that brought plenty of smiles and laughter. Thank you all for participating and making October such a memorable month!

We will begin by honoring our Veterans on November 11th, as Caesar joins us to celebrate and thank all who have served our country. It will be a heartfelt event dedicated to the brave men and women among us.

Then, get ready for our Fall Festival on Saturday, November 22nd — a day full of fun, laughter, music, and community spirit! It's one of our favorite times of the year, and we can't wait to celebrate with everyone.

To close out the month, we'll gather for our Thanksgiving Luncheon on November 27th, prepared with love by Chef Bobby. We'll also enjoy beautiful piano music performed by Mitchel Cote, making our Thanksgiving celebration even more special.

Let's make this month a joyful one filled with gratitude, friendship, and exciting moments together!

With warm regards,

Anita Topping

Anita Topping
Administrator





*Chef's
SPECIAL*

**CILANTRO LIME
SHRIMP SKEWERS**



Skewered Shrimp, grilled to order and basted with a Cilantro Lime Butter served over Steamed Brown Rice, and the Veggies of your choice. Seasonal Specials are with Limited Availability



*New Move-Ins
Welcome!!!*

Ruthlin S.



*Happy
BIRTHDAY!!!*



NOV
10

Roger R.

NOV
24

Marvel R.

NOV
29

Ruthlin S.

NOV
30

Colette C.



*Guess the
RESIDENT*

**WHO IS THE
RESIDENT?**

Find out
who this
is on the
back of the
newsletter!





ANDREW (DREW)



Drew grew up in Port St. Lucie and Jensen Beach. Although he doesn't have siblings, he enjoyed a wonderful childhood surrounded by his extended family. One of his favorite memories is the big family gatherings they used to have — something he treasures deeply, especially since they stopped after his grandmother's passing in 1997.

He attended Centennial High School in Port St. Lucie and graduated in 2009. A fun fact — Chef Mac and Drew graduated from the same school and the same year but didn't meet until years later here at Grand Oaks!

Drew is happily married and has two children — a 17-year-old stepdaughter and an 11-year-old son. He says the happiest moment of his life was the day his son was born. Before joining Grand Oaks, Drew worked as an electrician in his younger years and later spent five years at Crawdaddy's Grill and Raw Bar in Jensen Beach. He has now been part of the Grand Oaks family for ten years, first at our Jensen Beach location and now here.

Drew loves cooking and takes pride in preparing meals for residents who truly appreciate his work. On his days off, he enjoys relaxing and spending time with his family. He also shared something many might not know — behind his serious look, he's actually a very kind and caring person.

We're so grateful to have Drew on our team! His dedication, talent, and warm heart make him an important part of our Grand Oaks family.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOVEMBER 2025						
9:30 Stretching your Body 10:30 Worship your Way 11:00 Presbyterian Communion 11:00 Play Bingo 2:30 Mike on His Piano 3:30 Sit and Chat Daylight Saving Time Ends	9:30 Drumming 10:30 Walgreens 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	9:15 Stretching 10:00 Mini Manicure 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:00 Play Pokeno	9:00 NAIL'S DAY 10:30 Zumba w/ Teri 11:00 Lunch Bunch Luna's Restaurant 1:30 Catholic Eucharistic Minister 2:00 PUBLX 3:10 Play Dominos	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Play Pokeno	Hair Salon 9:15 Chair Yoga w/Rae 10:00 Pet Therapy 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	9:30 Exercise & Guided Meditation 10:30 Sing Along 11:00 Play Bingo 2:00 Lauren Performance 3:30 Watch "Cinderella"
9:30 Stretching your Body 10:30 Worship your Way 11:00 Sing Along 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	9:30 Drumming 10:30 CVS Pharmacy 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	9:15 Stretching 10:00 Mini Manicure 11:00 Creating W/Clay 1:30 Play Bingo 2:30 Caesar Performance Veterans Day Remembrance Day (Canada)	9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Retail Therapy "Tjmax" 1:30 Catholic Eucharistic Minister 2:00 Play Dominos	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Linda Performance	Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	9:30 Exercise & Guided Meditation 10:30 Sing Along 11:00 Play Bingo 1:30 Watch "Bernie" 3:30 Line Dacing
9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Bowling 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	9:30 Drumming 10:30 Bank Trip 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	9:30 Stretching 10:00 Mini Manicure 11:00 Play Bingo 2:00 Cafe W/Comrades. Vet. 3:00 Play Pokeno	9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Chili" 1:30 Catholic Eucharistic Minister 2:00 PUBLX 3:10 Play Dominos	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Monthly Birthday Party W/ My Brothers' Band	Hair Salon 9:15 Chair Yoga w/Rae 11:00 Pet Therapy by HSTC 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Town Hall Meeting & Ice Cream	9:30 Exercise & Guided Meditation 10:30 Sing Along 11:00 Play Bingo 1:00 to 4:00 FALL FEST Pet the Horse, Craft, Paint, Pumpkin, Popcorn, Music, L 1:30 to 3:30 David Rivers Performance
9:30 Stretching your Body 10:30 Worship your Way 11:00 Sing Along 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	9:30 Drumming 10:30 Walgreens 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	9:15 Stretching 10:00 Mini Manicure 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:00 Play Pokeno	9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Retail Therapy "Kohls" 1:30 Catholic Eucharistic Minister 2:00 PUBLX 3:10 Play Dominos	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 12:00 Thanksgiving Luncheon 1:30 Watercolor w/ Valerie 3:00 Thanksgiving w/Mitchel Thanksgiving Day (U.S.)	Hair Salon 9:15 Chair Yoga w/Rae 11:00 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	9:30 Exercise & Guided Meditation 10:30 Sing Along 11:00 Play Bingo 1:30 Watch "Breakfast at Tiffany" 3:30 Line Dacing
9:30 Stretching your Body 10:30 Worship your Way 11:00 Sing Along 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine						

GRAND OAKS ASSISTED LIVING OF PALM CITY

Grand Oaks Assisted Living Palm City / 3550 SW Corporate Pkwy, Palm City, FL 34990 / Phone Number: 772.529.6000

SUBJECT TO CHANGE





Resident SPOTLIGHT

SHEILA (SHI) SILVER



Shi was born and raised in Stroudsburg, Pennsylvania, where she shared many happy memories growing up. She has a younger sister, Dorothy, who is 11 years her junior and still lives in Stroudsburg today.

One of Shi's fondest childhood memories is spending summers on an island along the Delaware River, where her family owned a small cottage. She loved swimming and skiing with her parents, sister, and extended family — those were truly joyful times!

Shi also recalls a difficult moment in her life when a severe flood struck Pennsylvania, destroying her high school and causing her family to lose everything. Despite those hard times, Shi persevered and went on to attend East Stroudsburg College, where she earned her degree in Education. She then taught elementary school for five years, touching the lives of many young students.

She met her husband, Jake, in the most unexpected way — on a boat in the middle of Lake Wallenpaupack, a beautiful lake in Pennsylvania. At the time, Jake owned a bar and restaurant in her hometown and even knew her parents, yet their paths had never crossed until that memorable day in 1962.

After they married, Shi welcomed their first child and soon became a proud mother of two. She is a proud mother of two children — Patrick, a boat captain, and Denise, who works at a local hospital. Life took an unexpected turn when Jake suffered a heart attack at just 38 years old. A devoted and hardworking man, he promised Shi that if she agreed to move to Florida for a fresh start, he would sell the business. So, with two children, a German shepherd, a jet boat, and even an artificial Christmas tree, they packed up and made the journey to Fort Pierce, Florida, beginning a brand-new chapter together. He passed away in 1997. Shi also beams with pride when speaking about her four grandchildren and six great-grandchildren, all of whom she loves dearly.



Over the years, Shi has explored many hobbies — too many to list, she says with a smile! One fun fact that might surprise many is that she once owned three plant nurseries. With the help of a skilled employee, her business flourished for a time until a fertilizer sadly forced them to close. In her later years, Shi's story continued to unfold with friendship, laughter, and new beginnings. After her children were grown up and on their own, she met a dear friend named Frank, and together with a lively circle of friends, they enjoyed life to the fullest. "We were all single, all free," Shi recalls with a smile. "It was party time — we were having a really good time!"

During that time, Shi moved into a beautiful condo overlooking the ocean at the Island Club, just across the St. Lucie County line. She loved her home there, especially the welcoming atmosphere — a place where neighbors gathered to enjoy the shared spaces, bar, kitchen, and pool tables. Though she still owns the condo, she's now decided it's time to put it on the market, closing one lovely chapter and embracing the next.

Shi is happy to call Grand Oaks home. She says she feels part of "the family" here and enjoys meeting new friends from all different backgrounds. Her warmth, kindness, and bright spirit truly make her a special part of our community.

As Shi puts it with her signature grace and humor: "I don't feel 89 — but I sure am 89!"



**Our Roots
Run Deep
IN OUR
COMMUNITY**



Guess the Resident Answer: Joan Crawford