

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GRAND OAKS PALM CITY OCTOBER 2025			1 9:00 NAIL'S DAY 10:30 Zumba w/ Teri 11:00 Lunch Bunch Lynora's 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game Yom Kippur Begins	2 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 2:30 Celebrate Oktoberfest W/ My Brother's Band	3 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Pet Therapy by HSTC 11:00 Arts & Craft 12: Oktoberfest Luncheon 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	4 9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Karin & Charles Performance 2:00 Play Bingo 3:30 Oktoberfest Happy Hour 6:15 Confession W/Father Martin 6:30 Catholics Mass
5 9:30 Stretching your Body 10:30 Worship your Way 11:00 Presbyterian Communion 11:00 Play Bingo 2:00 Joel Piano Performance 3:30 Sit and Chat	6 9:30 Drumming 10:30 Light Walking & Gardening 11:00 Bank Trip 2:00 Social Tea Time & Cookies 3:30 Play Rummikub Sukkot Begins	7 9:15 Streching 10:00 Mini Manicure 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:30 Play Rummy	8 9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Retail Therapy "Tjmax" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game	9 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Silver Wings Performance	10 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	11 9:30 Exercise & Guided Meditation 10:30 Show & Tell 11:00 Play Bingo 2:00 Lauren Performance 3:30 Watch Casablanca
12 9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Bingo 2:00 Ceasar Performance 3:30 Sit and Chat	13 9:30 Drumming 10:30 Light Walking & Gardening 11:00 Walgreens 2:00 Social Tea Time & Cookies 3:30 Play Rummikub Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	14 9:15 Streching 10:00 Mini Manicure 11:00 Creating W/Clay 1:30 Movie Time & Popcorn 3:30 Play Pokeno Simchat Torah Begins	15 9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Taco Shack" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game	16 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 2:00 Play Seated Volleyball 3:00 Silver Wings Performance	17 Hair Salon 9:15 Chair Yoga w/Rae 11:00 Pet Therapy 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Town Hall Meeting & Ice Cream	18 9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Play Bingo 2:00 Ron Performance 3:30 Watch The Grapes of Wrath
19 9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Bowling 2:00 Play Bingo 3:30 Sit and Chat	20 9:30 Drumming 10:30 Light Walking & Gardening 11:00 Library Trip 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	21 9:30 Streching 10:00 Mini Manicure 11:00 Play Bingo 2:00 Café W/Comrades. Vet. 3:00 Play Rummy	22 9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Retail Therapy "Kohls" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game	23 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Monthly Birthday Party W/ Daryl	24 Hair Salon 9:15 Chair Yoga w/Rae 10:15 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	25 9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Play Bingo 1:30 Line Dacing & Wine 3:00 Watch Pride and Prejudice
26 9:30 Stretching your Body 10:30 Worship your Way 11:00 Horse Therapy 2:30 Mike on his Piano 3:30 Play Bingo	27 9:30 Drumming 10:30 Light Walking & Gardening 11:00 CVS Pharmacy 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	28 9:15 Streching 10:00 Mini Manicure 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:30 Play Pokeno	29 9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Taco Shack" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game	30 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Play Cards	31 Hair Salon 9:15 Chair Yoga w/Rae 10:15 Mini Manicure 10:30 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Halloween Party & Costume Contest Halloween	

Grand Oaks Assisted Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000

SUBJECT TO CHANGE