



# Grand Oaks

ASSISTED LIVING BY THE VNA

PALM CITY

## MANAGEMENT TEAM

CHAIRMAN:  
Donald Crow

VICE PRESIDENT:  
Teresa Roberts

EVP FINANCE:  
Sharon Griswold

ADMINISTRATOR:  
Laurie Allen

SALES MANAGER:  
Beth Kelley

NURSE MANAGER:  
Michelle Edwards

EXECUTIVE CHEF:  
Robert Zelano

SOUS CHEF:  
Carlos Lugo

HUMAN RESOURCES  
MANAGER:  
Debbie Ecker

MAINTENANCE:  
Robert Ramirez

ACTIVITY MANAGER:  
Heather Morris

## A WORD FROM YOUR *administrator*



Dear Residents,

The last few months we have been focusing on getting to know our local community. Through Palm City Chamber events, we sponsored and provided silent

auction items for the Equine Rescue and Adoption Foundation's Country Festival and Brianna Cooper Heavenly Smiles Foundation's Golf Tournament. We had booths at the Martin County Senior Games, Palm City Fall Fest and IRSC's Job Fair. We will also have a booth at the Audi Stuart Air Show. Local Girl Scouts have adopted our community as their home base and will be earning badges while working with our residents. We are holding a Toys for Tots drive and we are looking forward to our 2nd Annual Classic Car Show in which proceeds will go to the

Treasure Coast Food Bank.

Please look for the letter about the "Staff/Employee" Appreciation Fund" which can be found with your November invoice. We created the "Staff/Employee" Appreciation Fund" to enable you to donate to our beloved Grand Oaks employees. All funds collected will be distributed to the staff member in mid-December, just in time for the holidays. For more information, please see us at the front desk.

Thank you for making Grand Oaks of Palm City your home.

Sincerely,

*Laurie Allen*







## EMPLOYEE SPOTLIGHT

### CAMILA L., *Activities Coordinator*

Camila was born and raised in Columbia. She came to Florida when she was 16-years-old with her family. She has two brothers and one sister. Camila graduated from Martin County High School in 2018. She is hoping to pursue a career in the medical field.

Camila started out as a server at Grand Oaks five months ago. Our Activities Manager Heather liked her so much that she wanted her to be a part of her team. When asked what she likes best about working here, she said she couldn't pick one thing.

"There's a lot of awesome people here. I really love visiting with the residents and hearing their stories. They're like my second family. I feel a lot of love and appreciation from them," she said.

When she's not at work, Camila enjoys fishing, watching TV, meditating and going shopping with her mom.



## RESIDENT SPOTLIGHT

### GRACE G.

Grace grew up in Boston, Massachusetts but spent her summers in Cape Cod. Her father worked in construction while her mother stayed at home with her and her two brothers. She attended East Boston High School. After graduating from high school, she attended Boston Business School. After college, Grace worked as a stenographer at a bank. Eventually, she worked as the executive secretary to a vice president of finance for 19 years. Grace met her late husband Tony in high school. He was the captain of the football team and she was a cheerleader. Tony worked as an accountant then switched careers to real estate.

"He was my high school sweetheart. We were married for 55 years," she said.

She and her husband loved to travel. They have been on over 50 cruises and for their 25th anniversary, the couple went to Italy for five weeks.

Grace has one son, one daughter, three grandchildren and two great-grandchildren. After living up north for a number of years, she and her husband decided to move to sunny south Florida. Grace has lived at Grand Oaks for three months. When asked what she likes best about living at Grand Oaks, she said the quality of care.

"The people are nice and the staff are very attentive," she said.



## ORATIONS BY *Olga*



I made a big pot of pasta fazool- "Out of this world" – Actually it was almost out of this universe – I kept adding stuff & changing to a bigger pot. – hadn't gotten to the meatballs or pasta yet. – I was getting scared. – every time I put something in the pot it seemed to swell another six inches. – kept re-reading the recipe. – finally ended in 3 pots. – pasta separate. – meatballs separate. – and the fazool. – needless to say everyone in MS had some. Sent a bowl full to Hank. – (haven't heard from him yet) but see the bowl is back – spooky ain't it? – We passed gas for 4 days. – I don't cook often but when I do it's memorable.



### THIS MONTH'S SPECIAL

## *Shrimp and Grits*

**Four jumbo shrimp sautéed with  
bacon, grape tomatoes, onions and  
garlic over a bed**

**of warm, creamy grits garnished with  
cheddar and green onions.**

## *Guess* THE RESIDENT



Find out who it is on the back  
of the newsletter!

NOV.  
**10**

Grace G.

NOV.  
**16**

Mildred C.

NOV.  
**22**

Frances W.

## *Happy Birthday*





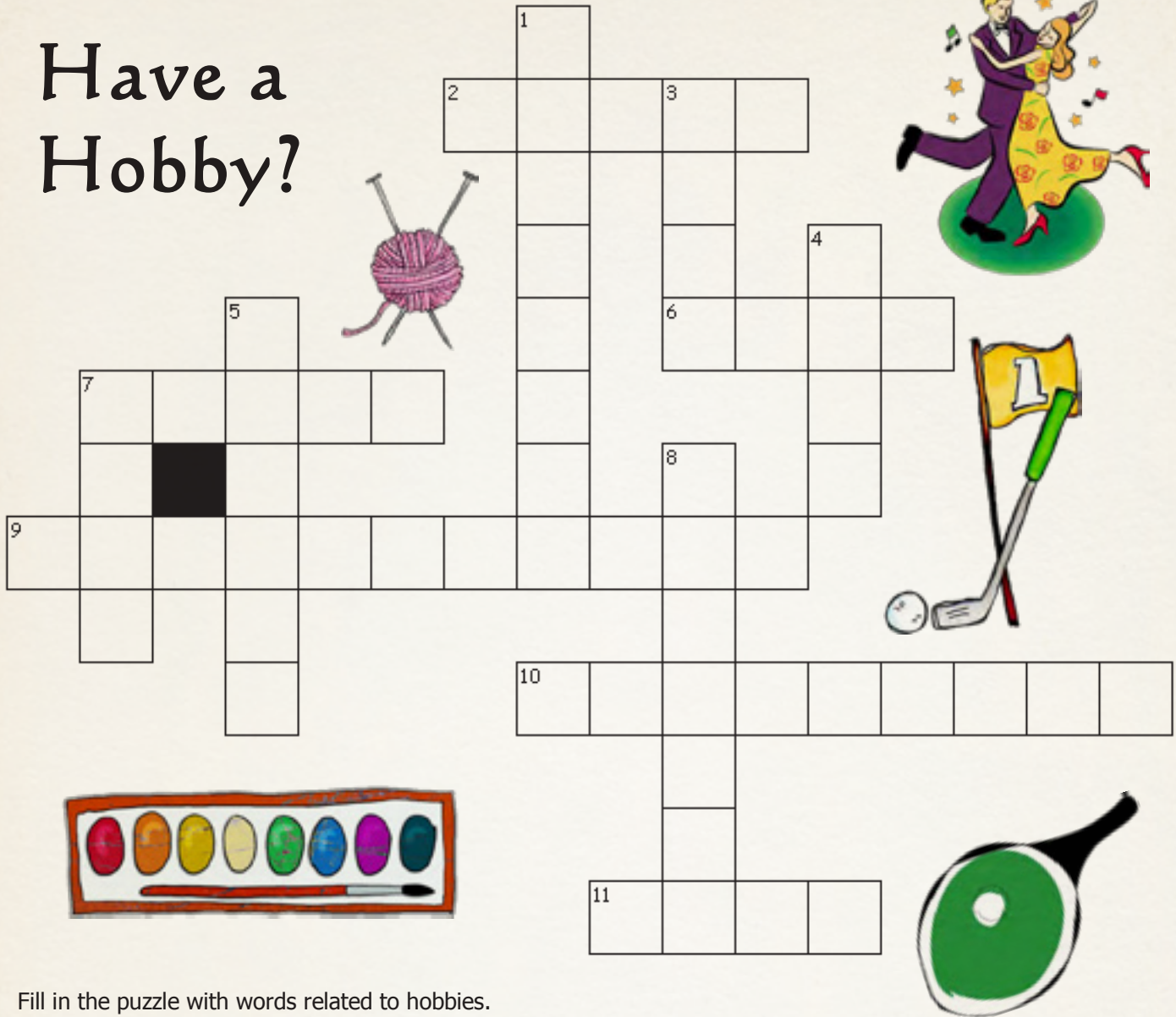


Hillary's Bird





# Have a Hobby?



Fill in the puzzle with words related to hobbies.

## ACROSS

2. To move rhythmically to music
6. To weave yarn together by hand using long, thin tools
7. To move in a gliding fashion on a smooth surface
9. The act of making objects from natural wood
10. The act of observing fowl in their natural habitat
11. A personal log of thoughts published on the Internet

## DOWN

1. A large bag used to carry things on your back
3. To prepare food using heat
4. To walk a long distance for pleasure or exercise usually in a natural setting
5. A plot of land used for growing flowers, fruit, or vegetables
7. The act of setting out to make retail purchases
8. To swim while breathing through apparatus extended above the water's surface



# Participate

## IN OUR MONTHLY EVENTS.

*Refer to this month's calendar for more information and exciting activities!*

NOV.  
01

### Veterans Luncheon

*Sponsored by Dignity  
Memorial at The Kane Center*



NOV.  
1-3

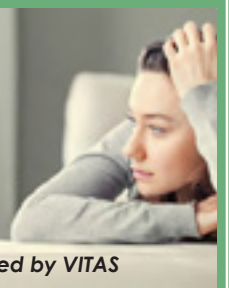
### Audi Stuart Air Show



NOV.  
13

### "Losing a Loved One During the Holidays"

*Support Seminar Sponsored by VITAS*



NOV.  
16

### 2nd Annual Classic Car Show



NOV.  
28

### Thanksgiving Luncheon

