November 2019

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:30 Good Morning Friends! 9:30 All Saints Mass Transportation 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 11:30 **Bible Reading w/ the Wheelers** 12:00 **Veterans Day Luncheon @ the Kane Center** 2:30 **Sing A Long** 3:30 **Jonathan Cummings Performing**	**2** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Card Sharks 2:00 Sing a Long 3:00-5:00 Celebrate the Day - *Day of the Dead* & Afternoon Movie *Coco*
3 Celebrate the Day - **Don't Forget to Change Your Clocks!!** 8:30 Good Morning Friends! 9:00 Meditation & Exercise 10:00 Church Transportation 10:30 Zen Coloring Den 11:00 Fresh Air Fun 2:00 Let's Get Creative 3:00 Afternoon Movie **NFL Football @ 1pm, 4pm & 8:20** Daylight Saving Time Ends	**4** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00-2:00 **Retail Therapy & Lunch Bunch** 2:30 Walgreens 3:30 Celebrate the Day – *Cowboy Philosopher Day. Happy Birthday, Will Rogers* 8:15 **NFL Football**	**5** Celebrate the Day - **Election Day** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:00 M**en's Group Therapy** 10:30 Celebrate the Day – *National Donut Day* 11:00 Celebrate the Day – *Remember, Remember the 5th of November* 1:30-3:00 **Painting w/ Valerie & Jackie Robbins Performing** 3:30 **Victoria Leigh Performing**	**6** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 **Lunch Bunch & Celebrate the Day –** *National Nachos Day* 1:30 **Catholic Eucharistic Minister** 2:00 Publix 3:30 Celebrate the Day – *National Stress Awareness Day*	**7** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Celebrate the Day – *Dear Santa Letter Week* 1:30-3:00 **Painting w/ Valerie** 3:15 **Afternoon Movie** 8:15 **NFL Football**	**8** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 **Bible Reading w/ the Wheelers** 11:00 **Annie Performing** 2:30 **Sing A Long** 3:30 Celebrate the Day – *National Cappuccino Day*	**9** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Card Sharks 11:00 Celebrate the Day – *Stately Knowledge Day* 2:00 Let's Get Creative 3:00-5:00 Afternoon Movie
10 8:30 Good Morning Friends! 9:00 Meditation & Exercise 10:00 Church Transportation 10:30 Zen Coloring Den 11:00 Fresh Air Fun 2:00 Ice Cream Social 2:30 **Rosalyn and Sons Performing** 3:30 **Afternoon Movie &** Celebrate the Day – *Happy Birthday, US Marine Corps* **NFL Football @ 1pm, 4pm & 8:20**	**11** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00-2:00 **Retail Therapy & Lunch Bunch** 12:00 Celebrate the Day – *Veterans Day* 2:15 Walgreens 3:30 **Andrea Performing** 8:15 **NFL Football** Veterans Day (US) Remembrance Day (Canada)	**12** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Celebrate the Day – *Chicken Soup for the Soul Day* 11:00 **Mind&Melody** 1:00-2:30 **Painting w/ Valerie** 2:30-4:00 **Girl Scout Meeting** 3:00 **Monthly Birthday Party** 4:30 Celebrate the Day – *National Happy Hour Day*	**13** 8:30 Good Morning Friends! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:00 Celebrate the Day – *World Kindness Day* 10:30 **Zumba w/ Teri** 11:00 Lunch Bunch 1:30 **Catholic Eucharistic Minister** 2:30 Publix 3:30 **VITAS Grief Support Seminar**	**14** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Town Hall Meeting 1:30-3:00 **Painting w/ Valerie** & Celebrate the Day – *Monet's Birthday* 3:30 **Professor Farley Presents Moses** 8:15 **NFL Football**	**15** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 **Bible Reading w/ the Wheelers** 2:00 **Carla Holbrook Performing** 3:30 Celebrate the Day – *America Recycles Day*	**16** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:30 Celebrate the Day – *Sing-along Saturday* 3:00 **Afternoon Movie** 12-4 **2nd Annual Grand Oaks Classic Car Show w/ Live Music by Dennis Fano!**
17 8:30 Good Morning Friends! 9:00 Meditation & Exercise 10:00 Church Transportation & Holy Redeemer Bazzar 10:30 Zen Coloring Den 11:00 Fresh Air Fun 2:00 **Celebrate the Day –** *Homemade Bread Day* 3:00 **Afternoon Movie & NFL Football @ 1pm, 4pm & 8:20**	**18** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Celebrate the Day – *Happy Birthday, Minnie and Mickey Mouse!* 11:00-2:00 **Retail Therapy & Lunch Bunch** 2:30 Walgreens 4:00 Let's Get Creative 8:15 **NFL Football**	**19** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 M**en's Group Therapy** 10:30 Daily Chronicles & Brain Games 11:00 **Celebrate the Day –** *International Men's Day* 1:30-3:00 **Painting w/ Valerie** 3:30 Celebrate the Day – *International Men's Day*	**20** 8:30 Good Morning Friends! 9:30 Meditation & Exercise10:30 Daily Chronicles & Brain Exercises 11:00 Publix 1:30 **Catholic Eucharistic Minister** 2:00 Celebrate the Day – *National Peanut Butter Fudge Day* 3:00 **Melanie Steinke Performing** 4:15 Celebrate the Day – *Find Your Hidden Treasure Day*	**21** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Celebrate the Day – *World Hello Day* 11:00 Celebrate the Day – *World Philosophy Day* 2:30 **Alice Luckhardt Presents** 4:00 Celebrate the Day – *Beaujolais Nouveau Day* 8:15 **NFL Football**	**22** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Exercises 10:30 Celebrate the Day – *National Go for a Ride Day* 11:30 **Bible Reading w/ the Wheelers** 2:00 **Creating w/ Clay** 3:30 **Afternoon Movie**	**23** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Sing-along Saturday 2:00 Celebrate the Day – *Happy Birthday, Harpo Marx!* 3:00 **Afternoon Movie**
24 8:30 Good Morning Friends! 9:00 Meditation & Exercise 10:00 Church Transportation 10:30 Zen Coloring Den 11:00 Fresh Air Fun 2:00 Celebrate the Day – *Family Week Begins* 3:00 **Afternoon Movie** **NFL Football @ 1pm, 4pm & 8:20**	**25** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00-2:00 **Retail Therapy & Lunch Bunch** 2:30 Walgreens 3:30 Celebrate the Day – *International Hat Day Photo Shoot* 8:15 **NFL Football**	**26** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:00 M**en's Group Therapy** 10:30 Daily Chronicles & Brain Games 11:00 **Armchair Travels** 1:30-3:00 **Painting w/ Valerie** 2:30-4:00 **Girl Scout Meeting** 3:30 Celebrate the Day – *National Cake Day* 4:30 Fresh Air Fun	**27** 8:30 Good Morning Friends! 9:30 Meditation, Daily Chronicles & Brain Exercises 10:30 **Zumba w/ Teri** 11:00 Let's Get Creative 11:30 **Lunch Bunch** 1:30 **Catholic Eucharistic Minister** 2:30 Publix 3:30 Celebrate the Day – *Tie One on Day* 6:30 **Karin and Charles Performing**	**28** 8:30 Good Morning Friends! 9:00-12:00 **Macy's Thanksgiving Day Parade!** *Happy Thanksgiving!* 12:00 **Thanksgiving Luncheon w/ Laura Cole on the Harp** **NFL Football @ 12:30, 4:30 & 8:20** Thanksgiving Day (US)	**29** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Celebrate the Day – *National Native American Heritage Day* 11:30 **Bible Reading w/ the Wheelers** 2:00 Celebrate the Day & Afternoon Movie– *Dances w/ Wolves*	**30** 8:30 Good Morning Friends! 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Exercises 11:00 Sing-along Saturday 2:00 Celebrate the Day – *National Mason Jar Day* 3:00 **Afternoon Movie & Celebrate the Day –** *Happy Birthday, Mark Twain!*

Calendar Subject to Change. Please See Daily Agenda for Updates