

| SUNDAY                                                                                                                                                          | MONDAY                                                                                                                                                            | TUESDAY                                                                                                                                                            | WEDNESDAY                                                                                                                                                                                                       | THURSDAY                                                                                                                                               | FRIDAY                                                                                                                                                                                                                                             | SATURDAY                                                                                                                                                                                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <h1>July 2025</h1>                                                            |                                                                                                                                                                   | 1<br>9:30 Exercising W/ Lucas<br>10:10 Rummikub<br>10:30 Bank Trip<br>11:00 Creating W/Clay<br>1:30 Movie Time & Popcorn<br>3:00 Arts and Craft<br>Canada Day      | 2<br>9:00 NAIL'S DAY<br>10:30 Zumba w/ Teri<br>11:00 Lunch Bunch "Cracker Barrel"<br>1:30 Catholic Eucharistic Minister<br>2:00 PUBLIX<br>3:30 Trivia Game<br>6:30 Movie Time & Popcorn                         | 3<br>9:00 Barbara Jewelry Sale<br>9:30 Chair Tai Chi<br>11:00 Play Bingo<br>1:30 Painting w/ Valerie<br>3:00 Play Pool                                 | 4<br>Hair Salon<br>9:15 Chair Yoga w/Rae<br>11:00 Let's Celebrate 4th of July w/Mike on his Piano<br>1:30 Bible Study Non Denominational By Holy Redeemer<br>3:00 Social Ice Cream<br>6:30 Movie Time & Popcorn<br>Independence Day (U.S.)         | 5<br>9:30 Exercise & Guided Meditation<br>10:30 Brain Games<br>11:00 Karin & Charles Performance<br>2:00 Play Bingo<br>3:30 Go for a Ride<br>6:15 Confession W/Father Martin<br>6:30 Catholics Mass |
| 6<br>9:30 Light Walking and Stretching<br>10:30 Worship your Way<br>11:00 Presbyterian Communion<br>11:00 Play Cornhole<br>2:00 Play Bingo<br>3:30 Sit and Chat | 7<br>9:30 Drumming<br>10:30 Light Walking & Gardening<br>11:30 CVS Pharmacy<br>2:00 Social Tea Time & Cookies<br>3:30 Play Rummikub<br>6:30 Movie Time & Popcorn  | 8<br>9:30 Exercising W/ Lucas<br>10:10 Rummikub<br>11:00 Play Bingo<br>1:30 Movie Time & Popcorn<br>3:00 Arts & Craft W/ Tati                                      | 9<br>9:30 Trivia Game<br>10:30 Zumba w/ Teri<br>11:00 Retail Therapy "5 Below"<br>1:30 Catholic Eucharistic Minister<br>2:00 PUBLIX<br>3:30 Trivia Game<br>6:30 Movie Time & Popcorn                            | 10<br>9:30 Chair Tai Chi<br>10:00 Rummikub<br>11:00 Play Bingo<br>2:00 Tiki Boat                                                                       | 11<br>Hair Salon<br>9:15 Chair Yoga w/Rae<br>10:30 Spanish Classes W/ Tatiana<br>11:00 Pet Therapy by HSTC<br>1:30 Bible Study Non Denominational<br>3:00 Social Ice Cream<br>6:30 Movie Time & Popcorn 11                                         | 12<br>9:30 Exercise & Guided Meditation<br>10:30 Brain Games<br>11:00 Play Bingo<br>2:00 Celebrate Christmas in July w/ Lauren<br>3:30 Go for a Ride                                                |
| 13<br>9:30 Light Walking and Stretching<br>10:30 Visiting the Treasure Coast By Joan<br>11:00 Play Bingo<br>2:30 Caesar Performance<br>3:30 Sit and Chat        | 14<br>9:30 Drumming<br>10:30 Light Walking & Gardening<br>11:30 Walgreens<br>2:00 Social Tea Time & Cookies<br>3:30 Play Rummikub<br>6:30 Movie Time & Popcorn    | 15<br>9:30 Exercising W/ Lucas<br>10:10 Rummikub<br>11:00 Play Bingo<br>1:30 Movie Time & Popcorn<br>2:00 Café W/Comrades. (Veterans)<br>3:00 Arts & Craft W/ Tati | 16<br>9:30 Trivia Game<br>10:30 Zumba w/ Teri<br>11:00 Relaxing Coloring<br>1:30 Catholic Eucharistic Minister<br>2:00 PUBLIX<br>3:00 Trivia Game<br>4:30 Dinner Outing "Manero's"<br>6:30 Movie Time & Popcorn | 17<br>9:30 Chair Tai Chi<br>10:00 Visit Florida<br>Oceanographic Coastal Center<br>2:00 Play Bingo<br>3:00 Monthly Birthday Party W/ Linda Performance | 18<br>Hair Salon<br>9:15 Chair Yoga w/Rae<br>10:30 Arts & Craft<br>11:00 Pet Therapy<br>1:30 Bible Study Non Denominational By Holy Redeemer<br>2:30 Bingo Bonanza!                                                                                | 19<br>9:30 Exercise & Guided Meditation<br>10:30 Brain Games<br>11:00 Play Bingo<br>2:00 Enjoy a Sip of Wine<br>3:00 Go for a Ride                                                                  |
| 20<br>9:30 Light Walking and Stretching<br>10:30 Worship your Way<br>11:00 Play Cornhole<br>2:00 Play Bingo<br>3:00 David Rivers Performance                    | 21<br>9:30 Drumming<br>10:30 Light Walking & Gardening<br>11:30 CVS Pharmacy<br>2:00 Social Tea Time & Cookies<br>3:30 Play Rummikub<br>6:30 Movie Time & Popcorn | 22<br>9:30 Exercising W/ Lucas<br>10:00 Rummikub<br>11:00 Play Bingo<br>1:30 Movie Time & Popcorn<br>3:30 Community Give Back                                      | 23<br>9:30 Trivia Game<br>10:30 Zumba w/ Teri<br>11:00 Retail Therapy "Macy's"<br>1:30 Catholic Eucharistic Minister<br>2:00 PUBLIX<br>3:30 Trivia Game<br>6:30 Movie Time & Popcorn                            | 24<br>9:30 Chair Tai Chi<br>10:00 Rummikub<br>11:00 Play Bingo<br>1:30 Painting w/ Valerie<br>3:00 Outdoors Games                                      | 25<br>Hair Salon<br>9:15 Chair Yoga w/Rae<br>10:30 Spanish Classes W/ Tatiana<br>11:00 Pet Therapy by HSTC<br>1:30 Bible Study Non Denominational By Holy Redeemer<br>2:30 Town Hall Meeting<br>3:00 Social Ice Cream<br>6:30 Movie Time & Popcorn | 26<br>9:30 Exercise & Guided Meditation<br>10:30 Brain Games<br>11:00 Play Bingo<br>2:00 Driftwoods Performance<br>3:00 Go for a Ride                                                               |
| 27<br>9:30 Light Walking and Stretching<br>10:30 Worship your Way<br>11:00 Play Cornhole<br>2:00 Play Bingo<br>3:30 Sit and Chat                                | 28<br>9:30 Drumming<br>10:30 Light Walking & Gardening<br>11:30 Walgreens<br>2:00 Social Tea Time & Cookies<br>3:30 Play Rummikub<br>6:30 Movie Time & Popcorn    | 29<br>9:30 Exercising W/ Lucas<br>10:00 Rummikub<br>11:00 Play Bingo<br>1:30 Movie Time & Popcorn<br>3:00 Arts & Craft W/ Tati                                     | 30<br>9:30 Trivia Game<br>10:30 Zumba w/ Teri<br>11:00 Lunch Bunch "Olympic Taverna"<br>1:30 Catholic Eucharistic Minister<br>2:30 PUBLIX<br>3:30 Trivia Game<br>6:30 Movie Time & Popcorn                      | 31<br>9:30 Chair Tai Chi<br>10:00 Rummikub<br>11:00 Play Bingo<br>1:30 Painting w/ Valerie<br>3:00 Country Music Day W/ Daryl                          |  <h2>Grand Oaks Palm City</h2>                                                                                                                                |                                                                                                                                                                                                     |

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SUBJECT TO CHANGE