

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Grand Oaks Assisted Living July 2026			1 9:00 Nail's Day 10:30 Zumba w/ Teri 9:30 Zen Coloring 1:30 Catholic Eucharistic Minister 2:00 Build your Brain 3:10 Play Five Crowns Canada Day	2 9:30 Chair Tai Chi 10:05 Trivia Challenge 10:30 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Corn Hole	3 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Brain Games 10:30 Bible Study Non Denominational By Holy Redeemer 2:00 Arts & Craft 3:00 Town Hall & Social Ice Cream	4 9:30 Stretching your Body 10:30 Brain Games 11:00 Karin & Charles Performance 2:00 Play Bingo 3:30 Let's Celebrate 4th July 250 years 6:15 Confession W/Father Martin 6:30 Catholics Mass Independence Day (U.S.)
5 9:30 Roll the Dice 10:30 Worship your Way 11:00 Presbyterian Communion 11:00 Play Shuffleboard/Pool 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	6 9:15 Trivia Game 10:00 CVS Pharmacy 11:00 Meditation & Exercise 2:00 Social Tea Time & Cookies 3:30 Play Five Crowns	7 9:30 Coordination & Brain Exercise 10:00 Brain Game 11:00 Play Bingo 2:00 Social Teatime & Coffee 3:00 Play Rummikub	8 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Lunch Bunch Manero's 1:30 Catholic Eucharistic Minister 2:00 Build your Brain 3:10 Play Right, Left & Center	9 9:30 Chair Tai Chi 10:05 Trivia Challenge 10:30 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Daryl Performance	10 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Brain Games 10:30 Bible Study Non Denominational By Holy Redeemer 2:00 Arts & Craft 3:00 Town Hall Meeting & Social Ice Cream	11 9:30 Stretching your Body 10:30 Brain Games 11:00 Play Bingo 2:00 Ceasar performance 3:20 Movie Time
12 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Shuffleboard/Pool 2:00 Mike on his Piano 3:30 Chat & Have a Sip of Wine	13 9:15 Trivia Game 10:00 Walgreens 11:00 Meditation & Exercise 2:00 Social Tea Time & Cookies 3:30 Play Five Crowns	14 9:30 Coordination & Brain Exercise 10:00 Play Rummikub 11:00 Creating W/Clay 2:00 Play Bingo 3:30 Movie Time Bastille Day	15 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Build your Brain 1:30 Catholic Eucharistic Minister 2:00 Retail Therapy "Bealls FL." 3:10 Play Five Crowns	16 9:30 Chair Tai Chi 10:05 Trivia Challenge 10:30 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Monthly Birthday Party w/ Linda	17 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Brain Games 10:30 Bible Study Non Denominational By Holy Redeemer 12:00 Pizza Party 2:00 Arts & Craft 3:00 Social Ice Cream & Rummikub	18 9:30 Stretching your Body 10:30 Brain Games 11:00 Corn Hole 2:00 Play Bingo 3:20 Movie Time
19 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Bingo 2:00 George w/ his Saxophone 3:30 Chat & Have a Sip of Wine	20 9:15 Trivia Game 10:00 Bank Trip 11:00 Meditation & Exercise 2:00 Social Tea Time & Cookies 3:30 Corn Hole	21 9:30 Coordination & Brain Exercise 10:00 Play Rummikub 11:00 Play Bingo 2:00 Boys Club 3:30 Movie Time	22 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Build your Brain 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Right, Left & Center	23 9:30 Chair Tai Chi 10:05 Trivia Challenge 10:30 Rummikub 11:00 Play Bingo 2:30 Tiki Boat Cruise	24 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Brain Games 10:30 Bible Study Non Denominational By Holy Redeemer 2:00 Arts & Craft 3:00 Joel Piano Performance	25 9:30 Stretching your Body 10:30 Brain Games 11:00 Corn Hole 2:00 Play Bingo 3:20 Movie Time
26 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Shuffleboard/Pool 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	27 9:15 Trivia Game 10:00 Walgreens 11:00 Exercise & Mobility w/ Mary Frances 2:00 Social Tea Time & Cookies 3:30 Play Five Crowns	28 9:30 Coordination & Brain Exercise 10:00 Play Rummikub 11:00 Play Bingo 2:00 Silver Wings Performance 3:30 Movie Time	29 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Build your Brain 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Five Crowns	30 9:30 Chair Tai Chi 10:05 Music & Movement Vibes 10:30 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valeri 3:00 Corn Hole	31 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Brain Games 10:30 Bible Study Non Denominational By Holy Redeemer 2:00 Arts & Craft 3:00 Social Ice Cream & Rummikub	America 250 ANNIVERSARY