

Management TEAM

DONALD CROW Chairman

TERESA ROBERTS Vice President

SHARON GRISWOLD EVP Finance

ANITA TOPPING Administrator

BETH KELLEY Sales Manager

TARA WESTER Nurse Manager

ROBERT ZELANO

Executive Chef

DEBBIE ECKER Human Resources Manager

OSHANE ANDERSON Maintenance

TATIANA BRACHO Activity Manager



A word from your ADMINISTRATOR

Dear Residents, Families, and Friends,

What an incredible September we've had together! From joyful celebrations to relaxing activities, last month was filled with laughter, music, and meaningful moments. Thank

As we welcome October, we're excited for a month full of fun and festivities. Later in the month, we'll wrap up with our Halloween Party on October 31st, featuring costumes, treats, a pumpkin carving activity, and our annual Costume Contest—so start planning those spooky, silly, or creative outfits!

We're also thrilled to share that My Brother's Band will be returning this month to perform for us, and of course, we'll continue our tradition of gathering for our Pizza Party at the end of the month.

Along with these events, we have some new activities planned to give everyone fresh opportunities to connect, create, and enjoy time together.

Finally, I'd like to take a moment to recognize and thank our Housekeeping Team and all our dedicated Food Service Staff. Their hard work ensures our community remains clean, safe, and welcoming. We are so grateful for all they do every single day.

Here's a wonderful October filled with joy, connection, and celebration.

Thank you so much for being part of our community, Grand Oaks of Palm City.

Warmly,

Anita Topping





BUTTERNUT RAVIOLI



Soft pasta pillows stuffed with Butternut Squash, topped with delicate Sherry Cream infused with Autumn Spices and Sage. Garnished with Toasted Pumpkin Seeds. Ask to Enhance a Grilled Chicken Breast or Blackened Salmon



Richard & Marilyn B.

Marge B.



Нарру BIRTHDAY!!!



Nunik F.

Betty N.

Mary H.

Randy S.

Josephine P.





Guess the **RESIDENT**

WHO IS THE **RESIDENT?**

Find out who this is on the back of the newsletter!





Best Friend SPOTLIGHT

KATIE



This month, we're turning the spotlight on our four-legged friends! Pets bring love, comfort, and joy to our days, and they're a big part of what makes our community truly feel like home.

At Grand Oaks, we're fortunate to have a very special four-legged resident. Katie is a spirited Affenpinscher who brightens the days of her loving owner, Kathleen Allison.

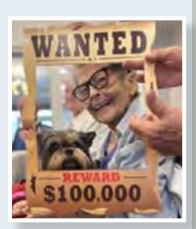
The Affenpinscher, whose name means "monkey dog" in German, first appeared in the 1600s. These clever little pups originally worked in stables to keep them free of rats and other pests. Later, they found their way into kitchens, serving as both fearless ratters by day and affectionate lap warmers by night. Over the years, the breed also played a role in developing the Brussels Griffon and Miniature Schnauzer.

Affenpinschers are rare, with litters averaging only one to three tiny puppies — each weighing about two ounces at birth, no bigger than a pat of butter! Katie, now seven years old, proudly raised four puppies of her own, all of whom went on to become

champion show dogs, just like their mother.

Though she has since retired from the show ring, Katie has taken on her most important role yet: a devoted companion and official "bed warmer" for Kathleen Allison. The two share their days together in the most heartwarming way — relaxing side by side in a recliner to watch TV, and at night Katie uses her little set of stairs to climb into bed.

What started as a retired show dog looking for a new "job" and a home where she could be the only pup has turned into a true win-win situation. Today, Kate and Katie are inseparable, reminding us of all the comfort, love, and joy that comes from the bond between a person and their dog.















H	SUNDAY	Monday	Tuesday	WEDNESDAY	Thursday	FRIDAY	SATURDAY
だけの地方のみ	THE STATE OF THE S	OAKS PAI OBER 2		9:00 NAIL'S DAY 10:30 Zumba w/ Teri 11:00 Lunch Bunch Lynora's 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game Yom Kippur Begins	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 2:30Celebrate Oktoberfest W/ My Brother's Band	Hair Salon 9:15 Chair Yoga w/Rae 10:00 Pet Therapy by HSTC 11:00 Arts & Craft 12: Oktoberfest Luncheon 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Karin & Charles Performance 2:00 Play Bingo 3:30 Oktoberfest Happy Hour 6:15 Confession W/Father Martin 6:30 Catholics Mass
	9:30 Stretching your Body 10:30 Worship your Way 11:00 Presbyterian Communion 11:00 Play Bingo 2:00 Joel Piano Performance 3:30 Sit and Chat	9:30 Drumming 10:30 Light Walking & Gardening 11:00 Bank Trip 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	9:15 Streching 10:00 Mini Manicure 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:30 Play Rummy	9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Retail Therapy "Tjmax" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Silver Wings Performance	Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	9:30 Exercise & Guided Meditation 10:30 Show & Tell 11:00 Play Bingo 2:00 Lauren Performance 3:30 Watch Casablanca
	9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Bingo 2:00 Ceasar Performance 3:30 Sit and Chat	9:30 Drumming	9:15 Streching 10:00 Mini Manicure 11:00 Creating W/Clay 1:30 Movie Time & Popcorn 3:30 Play Pokeno Simchat Torah Begins	9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Taco Shack" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 2:00 Play Seated Voleyball 3:00 Silver Wings Performance	Hair Salon 9:15 Chair Yoga w/Rae 110:00 Pet Therapy 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Town Hall Meeting & Ice Cream	9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Play Bingo 2:00 Ron Performance 3:30 Watch The Grapes of Wrath
	9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Bowling 2:00 Play Bingo 3:30 Sit and Chat	9:30 Drumming 10:30 Light Walking & Gardening 11:00 Library Trip 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	9:30 Streching 10:00 Mini Manicure 11:00 Play Bingo 2:00 Café W/Comrades. Vet. 3:00 Play Rummy	9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Retail Therapy "Kohls" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Monthly Birthday Party W/ Daryl	Hair Salon 9:15 Chair Yoga w/Rae 10:15 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Play Bingo 1:30 Line Dacing & Wine 3:00 Watch Pride and Prejudice
- CONTROL	9:30 Stretching your Body 10:30 Worship your Way 11:00 Horse Therapy 2:30 Mike on his Piano 3:30 Play Bingo	9:30 Drumming 10:30 Light Walking & Gardening 11:00 CVS Pharmacy 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	9:15 Streching 10:00 Mini Manicure 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:30 Play Pokeno	9:30 Mini Manicure 10:30 Zumba w/ Teri 11:00 Lubch Bunch "Taco Shack" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Trivia Game	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Play Cards	Hair Salon 9:15 Chair Yoga w/Rae 10:15 Mini Manicure 10:30 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Halloween Party & Costume Contest Halloween	TRICK OR TREAT

Grand Oaks Assisted Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000
SUBJECT TO CHANGE

Resident SPOTLIGHT

KATHLEEN ALLISON



This month, we are delighted to shine our spotlight on Kathleen Allison, a wonderful member of our Grand Oaks family.

Kathleen was born in Boston, Massachusetts on April 12, 1934. She grew up with two sisters and one brother. Today, her sister Louisse—lovingly called Lulu—lives in the Berkshires, MA. One of Kathleen's fondest childhood memories is going to the movies and shopping with her mother.

She attended St. Aiden High School and later married Harold Allison, who served as a JAG officer in the Navy and worked as an International Attorney for Texaco Oil Company. Harold had a son, Mark, who now lives in New York. Sadly, Harold passed away two years ago, just two months shy of his 100th birthday. Around the same time, their

beloved dog, Charlie, also crossed the rainbow bridge. Over the years, the Allisons opened their hearts and home to many rescued cats and dogs, filling their lives with love and companionship.

Before joining Grand Oaks Palm City, Kathleen worked as both a Secretary and a Travel Agent, enjoying a varied and interesting career. She also has some incredible life experiences to share—she lived in the Philippines for six years and traveled extensively through the Far East in the 1960s. During that time, she visited China multiple times, where she had dinner with Chinese government officials—and even rode a camel!

Kaleen's hobbies include reading and spending time with the many cats and dogs she has cared for over the years. She is also proud of the fact that she has been alcohol-free for 47 years, a true inspiration of strength and perseverance. When asked what she enjoys most about living at Grand Oaks, Kathleen shared that it's "the comfort and the people."

She also told us the most important lesson she has learned in life: "God is more powerful than us."

We are so grateful to have Kathleen with us at Grand Oaks. Her warm spirit, resilience, and life stories inspire us all.



