

SEPT. - OCT. 2023

*Management  
TEAM*

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

SHARON GRISWOLD  
*EVP Finance*

LAURIE ALLEN  
*Administrator*

BETH KELLEY  
*Sales Manager*

DANIELLE CASTRO  
*Nurse Manager*

ROBERT ZELANO  
*Executive Chef*

DEBBIE ECKER  
*Human Resources  
Manager*

OSHANE ANDERSON  
*Maintenance*

TATIANA BRACHO  
*Activity Manager*



*A word from your  
ADMINISTRATOR*

September is over and October is here, fall is such a beautiful time of year. The temperature starts to cool down and we can spend more time outside with Family and friends. Fall decorations have taken over our building!

Last month, I am happy to report that we resumed our Town Hall meeting. It was well attended and informative. The Next meeting will be held on Thursday October 19th at 3:00p.m. Look for the meeting every 3rd Thursday of each month. The meeting reviews each department and gives you a chance to make suggestions and bring new ideas to the table.

We are very pleased to welcome our new Podiatrist Dr. Robert Clements from Schoppe Foot + Ankle. He and his staff started seeing residents on September 6th.

October is a special month at Grand Oaks, with lots of great activities and reasons to celebrate. October 3rd we'll be holding a presentation with the Alzheimer Association: Understanding Alzheimer and Dementia. On October 10th, we'll celebrating October birthdays. October 22nd is Grand Oaks' seven-year anniversary! We'll be celebrating on October 20th with Happy Hour and more for the occasion! What would October be without a "spook"tacular Halloween Party? Ours is on October 31st and it's sure to be lots of fun! Don't forget to check the activity calendar at the front desk for all the fun things available to attend.

October is Breast Cancer Awareness month, so let's wear our pink all month long to show support for such a great cause!

Wishing you lots of good health, wellbeing, fun and a wonderful October!

*Laurie Allen*

Laurie Allen  
Administrator





*Chef's*  
**SPECIAL**

## BUTTERNUT RAVIOLI



Soft pasta pillows stuffed with Butternut Squash, topped with a delicate Sherry Cream infused with Autumn Spices. Garnished with Toasted Pumpkin Seeds. Ask to Enhance with a Grilled Chicken Breast or Blackened Salmon.



*New Move-Ins*  
**Welcome!!!**

Rose B. Shela G. Gladys E.

*Happy*  
**BIRTHDAY!!!**



**OCT  
08**

Erna B.

**OCT  
10**

Lynn B.

**OCT  
10**

Nunik F.

**OCT  
13**

Kathleen W.

**OCT  
15**

Huberta (Betty ) N.

**OCT  
16**

Mary H.

**OCT  
24**

Randy S.

**OCT  
24**

Joan T.

**OCT  
28**

Josephine P.



*Guess the*  
**RESIDENT**

**WHO IS THE  
RESIDENT?**

Find out  
who this  
is on the  
back of the  
newsletter!





## Resident SPOTLIGHT

### RONALD C. (RON)



Ron was Born in Niagara Falls, New York. Ron went to the State University of New York. He studied Business Administration and graduated in 1970. One of his favorite childhood memories was playing baseball in high school and college. He said, "They won a championship, he was so proud and excited". He got married in 1971 to Judy. In 1979, his job transferred them to Florida. While teaching she got a Master's Degree in Education, and taught 4th and 5th grade Science in Palm Beach County. Sadly, she passed away in 2020. They were married for 49 years; and together they have three children. Two boys and a girl; Christopher, Mark and Jennifer and six grandchildren. Ron lost his brother in 2021.

Before coming to Grand Oaks, he was a Real Estate Broker in Okeechobee, specializing in new construction and vacant lots. His hobbies are fishing, hunting and of course loves watching baseball. He is also interested in basketball and hockey.

Something interesting about him that people don't know, "I used to play a lot of sports, basketball, baseball and football for many years." He also liked to travel. He and his wife's dream trip was to Paris, France.

His favorite thing about living at Grand Oaks is the people and his new friend Gloria.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Celebrate the Day - <b>National Pumpkin Spice Day!</b> 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 <b>Play Bingo</b> 2:30 <b>Coffee Time</b> 3:30 <b>Go for a Ride</b> 4:30 <b>Sit &amp; Chat</b>	<b>2</b> Celebrate the Day - <b>Guardian Angels Day!</b> <b>Nail's Day</b> 9:15 <b>Chair Yoga w/ Rae</b> 10:30 Retail Therapy <b>"Walmart"</b> 2:00 <b>Walgreens</b> 3:30 <b>Movie "The School for Good &amp; Evil"</b> 4:30 <b>Sit &amp; Chat</b>	<b>3</b> Celebrate the Day - <b>National Fruit at Work Day!</b> <b>Hair Salon</b> 9:30 Meditation & Exercise 10:00 Brain Games 11:00 <b>Understanding Alzheimer &amp; Dementia Presentation.</b> 2:00 <b>Colored Rice Craft</b> 3:00 Relax Coloring 4:30 <b>Sit &amp; Chat</b>	<b>4</b> Celebrate the day - <b>National Taco Day!</b> <b>Bank Day</b> 9:30 Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 <b>Lunch Bunch "Taco Shack"</b> 1:30 Catholic Eucharistic Minister 2:00 Publix 3:30 <b>Coffee Time &amp; Cookies</b> 4:30 <b>Sit &amp; Chat</b>	<b>5</b> Celebrate the Day - <b>National Apple Betty Day!</b> 9:30 Meditation & Exercise 10:30 <b>Relaxing Coloring</b> 11:00 <b>Blind Bingo</b> 1:30 <b>Painting w/ Valerie</b> 2:45 <b>Happy Hour "Tiki Bar"</b> 4:30 <b>Sit &amp; Chat</b>	<b>6</b> Celebrate the Day - <b>World Smile Day!</b> <b>Hair Salon</b> 9:30 Drumming 10:15 Play 5 Crowns 11:00 <b>Lou Performance</b> 2:00 <b>Arts &amp; Craft W/Vitas</b> 3:00 Sing a long 1940's 4:30 <b>Sit &amp; Chat</b>	<b>7</b> Celebrate the Day - <b>World Card Making Day!</b> 9:30 Meditation & Exercise 10:10 <b>Brain Games</b> 11:00 <b>Karin &amp; Charles Performance</b> 2:00 <b>Quarter Bingo</b> 3:30 <b>String Art Card Social</b> 4:30 <b>Sit &amp; Chat</b> 6:15 Confession w/Father Martin 6:30 <b>Catholic Mass</b> Simchat Torah Begins
<b>8</b> Celebrate the Day - <b>National Father-Daughter Day!</b> 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 <b>Play Bingo</b> 2:30 <b>Shazkya Performance</b> 3:30 <b>Coffee Time</b> 4:30 <b>Sit &amp; Chat</b>	<b>9</b> Celebrate the Day - <b>World Post Day!</b> <b>Nail's Day</b> 9:15 <b>Chair Yoga w/Rae</b> 10:30 Watch a Movie 2:00 <b>Walgreens</b> 3:30 Social Ice Cream 4:30 <b>Sit &amp; Chat</b> Columbus Day (US)	<b>10</b> Celebrate the Day - <b>National Angel Food Cake Day!</b> <b>Hair Salon</b> 9:30 <b>Belly Dance Fitness Class</b> 10:00 Rummikub 10:30 Spanish Bingo 11:00 <b>Creating W/Clay</b> 2:30 <b>Monthly Birthday Party</b> 3:30 <b>Sing Along 1950's</b> 4:30 <b>Sit &amp; Chat</b>	<b>11</b> Celebrate the Day - <b>National Southern Food Heritage Day!</b> <b>Bank Day</b> 9:30 Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 <b>Peter &amp; Julie Cummings Library</b> 1:30 Catholic Eucharistic Minister 2:00 Publix 3:30 <b>Be Creative</b> 4:30 <b>Sit &amp; Chat your</b>	<b>12</b> Celebrate the Day - <b>National Farmers Day!</b> 9:30 Meditation & Exercise 10:30 Brain Game 11:00 <b>Blind Bingo</b> 1:30 <b>Painting w/ Valerie</b> 3:30 <b>Matt Performance</b> 4:30 <b>Sit &amp; Chat</b>	<b>13</b> Celebrate the Day - <b>National M&amp;M's Day!</b> <b>Hair Salon</b> 9:30 Drumming 10:15 Let's Get Creative 11:00 <b>Joke's on You!</b> 2:00 <b>Play UNO</b> 3:00 <b>Movie "Hotel Transylvania 2"</b> 4:30 <b>Sit &amp; Chat</b>	<b>14</b> Celebrate the Day - <b>National Chess Day!</b> 9:30 Meditation & Exercise 10:10 Trivia Game 11:00 <b>Quarter Bingo</b> 2:00 <b>Play Chess</b> 3:00 <b>Ron Finn Performance</b> 4:30 <b>Sit &amp; Chat</b>
<b>15</b> Celebrate the Day - <b>National Grouch Day!</b> 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 <b>Play Bingo</b> 2:30 <b>Joel Performance</b> 3:30 <b>Go for a Ride</b> 4:30 <b>Sit &amp; Chat</b>	<b>16</b> Celebrate the Day - <b>World Food Day!</b> 9:15 <b>Chair Yoga w/Rae</b> 10:30 Retail Therapy <b>"House of Hope"</b> 2:00 <b>Walgreens</b> 3:00 <b>Play Scattergories</b> 4:30 <b>Sit &amp; Chat.</b>	<b>17</b> Celebrate the day - <b>National Pasta Day!</b> <b>Hair Salon</b> 9:30 Meditation & Exercise 10:00 <b>Covid Vaccine</b> 11:00 <b>Spanish Bingo</b> 2:00 <b>Be Creative w/Pasta.</b> 3:00 <b>Movie "The Addams Family"</b> 4:30 <b>Sit &amp; Chat</b>	<b>18</b> Celebrate the Day - <b>National Chocolate Cupcake Day!</b> <b>Bank Day</b> 9:30 Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 <b>Lunch Bunch "Fujiyama"</b> 1:30 Catholic Eucharistic Minister 2:00 Publix 3:30 <b>Coffee Time &amp; Cookies</b> 4:30 <b>Sit &amp; Chat</b>	<b>19</b> Celebrate the Day - <b>Hocus Pocus Holiday!</b> 9:30 Meditation & Exercise 10:30 Family Feud 11:00 <b>Lauren Performance</b> 2:00 <b>Blind Bingo</b> 3:00 <b>Town Hall Meeting</b> 3:30 <b>Movie "Hocus Pocus 2"</b> 4:30 <b>Sit &amp; Chat</b>	<b>20</b> Celebrate the Day - <b>"Day O" Day</b> <b>Hair Salon</b> 9:30 Drumming 10:15 <b>Be Creative "Halloween Decoration"</b> 11:00 <b>Silver Wings Performance</b> 2:30 <b>Social Ice Cream "Banana Boat Sundae"</b> 3:30 <b>Sing Along</b> 4:30 <b>Sit &amp; Chat</b>	<b>21</b> Celebrate the Day - <b>National Pumpkin Cheesecake Day!</b> 9:10 Meditation & Exercise 10:00 Trivia Challenge 11:00 <b>Pizza Picnic</b> 2:30 <b>Quarter Bingo</b> 3:30 <b>Let's do Jewelry.</b> 4:30 <b>Sit &amp; Chat</b>
<b>22</b> Celebrate the Day - <b>National Color Day!</b> 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 <b>Play Bingo</b> 2:00 <b>Rosalyn &amp; Son Performance</b> 3:00 <b>Movie "Crimson Peak"</b> 4:35 <b>Sit &amp; Chat</b>	<b>23</b> Celebrate the Day - <b>National Boston Cream Pie Day!</b> <b>Nail's Day</b> 9:15 <b>Chair Yoga w/Rae</b> 10:30 <b>Movie "Trick r Treat"</b> 2:00 <b>Walgreens</b> 3:00 <b>Coffee time &amp; Cookies</b> 4:30 <b>Sit &amp; Chat.</b>	<b>24</b> Celebrate the day - <b>National Food Day!</b> <b>Hair Salon</b> 9:30 Meditation & Exercise 10:00 Rummikub 11:00 Spanish Bingo 2:00 <b>Let's Get Creative</b> 3:00 <b>Social Ice Cream</b> 4:30 <b>Sit &amp; Chat</b>	<b>25</b> Celebrate the Day - <b>Sourest Day!</b> <b>Bank Day</b> 9:30 Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 <b>Publix</b> 1:30 Catholic Eucharistic Minister 2:00 <b>My Brother's Band Performance</b> 3:30 <b>Happy Hour</b> 4:30 <b>Sit &amp; Chat</b>	<b>26</b> Celebrate the Day - <b>National Pumpkin Day!</b> 9:30 Meditation & Exercise 10:00 <b>Be Creative "Pumpkin Decoration"</b> 11:00 <b>Blind Bingo</b> 2:00 <b>Play Pool</b> 3:00 <b>Play Uno</b> 3:30 <b>Linda Performance</b> 4:30 <b>Sit &amp; Chat</b>	<b>27</b> Celebrate the Day - <b>National Black Cat Day!</b> <b>Hair Salon</b> 09:30 Drumming 10:15 Brain Games 11:00 <b>Be Creative "Fabric Pumkin"</b> 2:30 <b>Social Ice Cream</b> 3:30 <b>Ceasar Performance</b> 4:30 <b>Sit &amp; Chat</b>	<b>28</b> Celebrate the Day - <b>Full Hunter's Moon</b> 9:30 Meditation & Exercise 10:30 Show & Tell 11:00 <b>Quarter Bingo</b> 2:30 <b>Be Creative</b> 3:00 <b>Ed Ely Performance</b> 4:30 <b>Sit &amp; Chat</b> 7:00 <b>Full Moon Nightcap</b>
<b>29</b> Celebrate the Day - <b>National Cat Day!</b> 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 <b>Play Bingo</b> 2:00 <b>Coffee Time</b> 3:30 <b>Go for a Ride</b> 4:35 <b>Sit &amp; Chat</b>	<b>30</b> Celebrate the Day - <b>National Candy Corn Day!</b> <b>Nail's Day</b> 9:15 <b>Chair Yoga w/Rae</b> 10:30 Retail Therapy <b>"Marshall"</b> 2:00 <b>Walgreens</b> 3:30 <b>Haunted Cocoa Party</b> 4:30 <b>Sit &amp; Chat.</b>	<b>31</b> Celebrate the day - <b>Halloween!</b> <b>Hair Salon</b> 9:30 Meditation & Exercise 10:00 Rummikub 11:00 Spanish Bingo 2:00 <b>Halloween Party w/ Daryl</b> 3:00 <b>Play Uno</b> 4:30 <b>Sit &amp; Chat</b> Halloween	<div> <div>October 2023</div> <div>Grand Oaks Palm City</div> <div>Assisted Living</div> </div>			

Grand Oaks Assited Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000



## Employee SPOTLIGHT

### SACIFIE DIEUJUSTE CAREGIVER



Born in Haiti and attended High School in Haiti. She moved from Haiti to USA in 2004. She has two brothers and two sisters, one of each is still in Haiti. She is married and her husband is Sadrac Paul. They have one son, his name is Abdias, he is 17 years old. They lived in Palm Beach and then moved to Port St Lucie in 2011.

Before coming to Grand Oaks, she worked for a Home Health Agency as a caregiver. And she was studying at the same time to be a Certified Nursing Assistant (CNA).

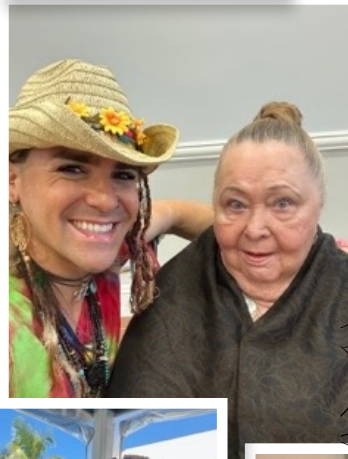
Something interesting about her that many people don't know is she likes to travel with her family. They choose one different place every year to visit.

She really enjoys going to the beach or swimming pool and eating out in restaurants with the family.

Her favorite thing about working at Grand Oaks is working with the residents, "She says they are all special to her in their own way. And Tatiana is fun, "she always dances with me in the hallway whenever we meet". "We both are happy people" and "I love my job here."











## Calendar Spotlight

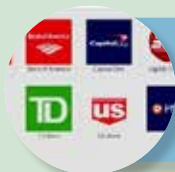


*Our Roots  
Run Deep  
IN OUR  
COMMUNITY*



*First Saturday  
of the Month*

Catholic Mass W/ Rev.  
Martin Dunne



*Every other  
Wednesday*

Bank Day



*First Thursday  
of the Month*

Tiki Taxi Bar



*Mondays &  
Wednesdays*

Peter & Julie Cummings Library



*October 21st  
@ 11am*

Pizza Picnic



*October 31st  
@ 2:00pm*

Halloween Party  
w/ Daryl

*Guess the Resident Answer: Joan C.*