

FEBRUARY - MARCH 2024

**Management
TEAM**

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY
Sales Manager

DANIELLE CASTRO
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

OSHA NE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



*A word from your
ADMINISTRATOR*

Dear Residents,

February wasn't just about chilly weather; it's a month brimming with celebrations that can add warmth to you and your heart. There was a lot going on, and in one way or another, much of it circled back around to love.

Florida Arts and Dance Company danced for us in February and also offered a portable boutique with fun unique shopping items. Our romantic luncheon on Valentine's Day was delicious and was followed by a concert from our friend David Pearl. Mardi Gras, we celebrated our first Carnival Fun Fair Party with a lot of games, music by Ron Finn, food, and prizes. We all had a blast!

March is the first month of the long-awaited and beloved season of Spring. The Winter hibernation and stagnation are over, and nature is waking up too.

As we march into Spring, we see a parade of small yet significant events and observances. Some last just a day, while others spread throughout the month: Women's Day, St. Patrick's Day, National Reading Month, and even Easter, which comes early this year. Also, daylight savings time and the first day of Spring. But there's more to March than meets the eye; in fact, there are plenty of interesting facts that make the third month the best month of the year, which we celebrate daily with our resident activities. Our Town Hall Meeting is going to be on March 28th to discuss upcoming events and resident concerns. Also, we are introducing new activities; seated Tai Chi and Talk About Health, different health topics will be discussed, sharing important tips for staying active.

I hope everyone has a wonderful March and I thank you again for being part of the Grand Oaks family. Spring is in the Air!!!

Laurie Allen

Laurie Allen
Administrator





Chef's
SPECIAL

NEW



Crisp duck quarter, roasted and deglazed with Florida orange juice, orange zest, and orange liqueur, served with a side of grilled spinach parmesan polenta.



New Move-Ins
Welcome!!!

Donna O.	Marjorie M.
Kathleen A.	Reba C.
Rosalie P.	Anna E.
Helen M.	Patricia S.

Happy
BIRTHDAY!!!



FEB 02 Dorothy T.	MAR 19 Patricia S.
FEB 02 Douglas S.	MAR 28 Carol M.
FEB 05 Gloria N.	



Guess the
RESIDENT

WHO IS THE
RESIDENT?

Find out
who this
is on the
back of the
newsletter!



Employee
SPOTLIGHT

DAVID FROCIONE



David was born in Rome, Italy on July 28, 1963, his family moved to New York then Boston when he was in 7th grade, "I was like 12 years old". He went to Andover High school in Andover, Massachusetts and to Paul Smiths College in New York to get his degree in Culinary Management.

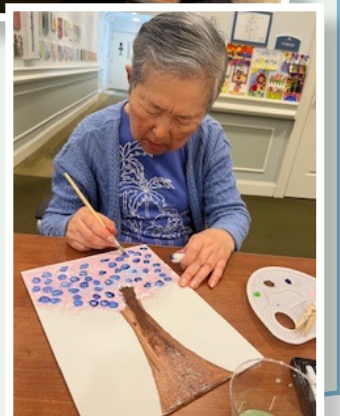
David has two brothers and two sisters; his favorite childhood memory is when his father cooked for them every Sunday his traditional Italian Sauce w/ Rigatoni.

When I asked him to tell me about his work history before coming to Grand Oaks Palm City, he said he was a Chef/Owner of three award winning Italian restaurants in Boston, Massachusetts. Sadly, he lost everything in the stock market margin fall, which was all the money from his restaurants.

David was married to a Sicilian woman, they divorced but are still in contact with each other and good friends. They didn't have any children. Currently he is single.

His hobby is fishing, and something that people might not know about him is he is a Sommelier.

His favorite things about working at Grand Oaks of Palm City are the staff and the residents. He really enjoys talking with the residents.





SUNDAY

MONDAY

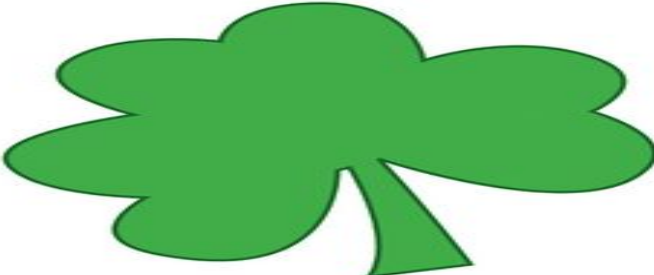
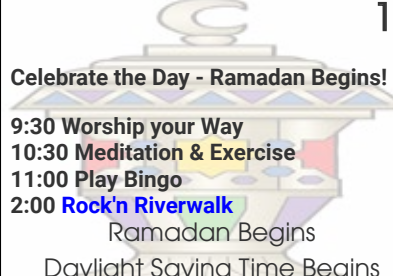

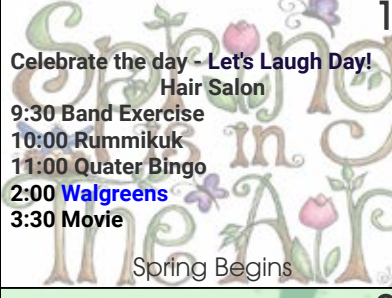


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<div><div>well hello, march</div></div>				<div>1</div> <div>Celebrate the Day -Peanut Butter Lover's Day! Hair Salon 9:30 Drumming 11:00 Be Creative 1:30 Bible Studies W/ Carlene 3:00 Jodi Sing Along</div>		<div>2</div> <div>Celebrate the Day - Old Stuff Day! 9:30 Seated Scarf Exercise 11:00 Karin & Charles Performance 2:00 Quater Bingo 3:30 Go for a Ride 6:15 Confession w/Father Martin 6:30 Catholics Mass</div>							
<div>3</div> <div>Celebrate the Day -National Anthem Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Play Bingo 2:00 Sing Along 3:00 Ceasar Performance</div>		<div>4</div> <div>Celebrate the Day - Pound Cake Day! 9:15 Chair Yoga w/Rae 10:30 Relaxing Coloring 2:00 Social Teatime & Cookies 3:00 Play Cards</div>		<div>5</div> <div>Celebrate the Day -Make Something Nice Day! Hair Salon 9:30 Band Exercise 10:00 Rummikub 11:00 Quater Bingo 2:00 Walgreens 3:30 Movie</div>		<div>6</div> <div>Celebrate the day -Dentist Day! NAIL'S DAY 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Merengue Rest." 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Velvet Coloring</div>		<div>7</div> <div>Celebrate the Day - National Cereal Day! 9:30 Tai Chi 11:00 Quater Bingo 1:30 Painting w/ Valerie 3:00 Joe Cowboy Performance</div>		<div>8</div> <div>Celebrate the Day - Women's Day! Hair Salon 9:30 Drumming 11:00 Be Creative 1:30 Bible Studies W/ Carlene 3:00 Celebrate Int. Women's Day 4:30 Sit & Chat</div>		<div>9</div> <div>Celebrate the Day - Barbie's Birthday! 9:30 Meditation & Exercise 10:10 Show & Tell 11:00 Quater Bingo 2:00 Lauren Performance 3:00 Go for a Ride</div>	
<div>10</div> <div><div>Celebrate the Day - Ramadan Begins! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Play Bingo 2:00 Rock'n Riverwalk Ramadan Begins Daylight Saving Time Begins</div></div>		<div>11</div> <div>Celebrate the Day - Tools Day! 9:15 Chair Yoga w/Rae 10:30 Relaxing Coloring 2:00 Social Teatime & Cookies 3:00 Play Cards</div>		<div>12</div> <div>Celebrate the Day - Plant a Flower Day! Hair Salon 9:30 Band Exercise 10:00 Rummikub 11:00 Creating W/Clay 2:00 Walgreens 3:00 Monthly Birthday Party</div>		<div>13</div> <div>Celebrate the Day - Excessive Accessories Day! NAIL'S DAY 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Retail Therapy " Walmart" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Play Cornhole</div>		<div>14</div> <div>Celebrate the Day - Nat. Pi Day! 9:30 Tai Chi 11:00 Quater Bingo 1:30 Painting w/ Valerie 3:00 Daryl Performance</div>		<div>15</div> <div>Celebrate the Day - Draw a Picture Day! Hair Salon 9:30 Drumming 11:00 Be Creative 1:30 Bible Studies W/ Carlene 3:30 Healthy Time W/ Daniels & Tatiana</div>		<div>16</div> <div>Celebrate the Day - National Panda Day! 9:30 Seated Scarf Exercise 10:30 Trivia Challenge 11:00 Quater Bingo 2:00 Play Cornhole 4:00 Matt Performance</div>	
<div>17</div> <div><div>Celebrate the Day -St. Patrick's Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Play Bingo 2:30 Celebrate St. Patrick's W/ David Rivers St. Patrick's Day</div></div>		<div>18</div> <div>Celebrate the Day- Awkward Moments Day! 9:15 Chair Yoga w/Rae 10:30 Relaxing Coloring 2:00 Social Teatime & Cookies 3:00 Play Cards</div>		<div>19</div> <div><div>Celebrate the day - Let's Laugh Day! Hair Salon 9:30 Band Exercise 10:00 Rummikub 11:00 Quater Bingo 2:00 Walgreens 3:30 Movie Spring Begins</div></div>		<div>20</div> <div>Celebrate the Day -National Macaron Day! NAIL'S DAY 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Manero's" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Play Cornhole</div>		<div>21</div> <div>Celebrate the Day - World Down Syndrome Day! 9:30 Tai Chi 11:00 Quater Bingo 1:30 Painting w/ Valerie 3:00 Mitch Performance</div>		<div>22</div> <div>Celebrate the Day - National Goof Off Day! Hair Salon 09:30 Drumming 11:00 Steve Magician & Comedian 1:30 Bible Studies W/ Carlene 3:00 Lobosco Performance</div>		<div>23</div> <div>Celebrate the Day -National Puppy Day! 9:30 Meditation & Exercise 10:30 Trivia Game 11:00 Quarter Bingo 2:00 Play Cornhole 3: Go for a Ride Purim Begins</div>	
<div>24</div> <div><div>Celebrate the Day - Palm Day! 10:30 Meditation & Exercise 11:00 Play Bingo 2:00 Rosalyn & Son Performance 3:00 Movie Palm Sunday</div></div>		<div>25</div> <div>Celebrate the Day - Levi Day! 9:15 Chair Yoga w/Rae 10:30 Relaxing Coloring 2:00 Social Teatime & Cookies 3:00 Play Cards</div>		<div>26</div> <div>Celebrate the day - National Retro Day! Hair Salon 9:30 Band Exercise 10:00 Rummikub 11:00 Quater Bingo 2:00 Walgreens 3:30 Movie</div>		<div>27</div> <div>Celebrate the Day -Spanish Paella Day! NAIL'S DAY 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Retail Therapy "TJMax" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Velvet Coloring</div>		<div>28</div> <div>Celebrate the Day - Margarita Day! 9:30 Tai Chi 11:00 Quater Bingo 1:30 Painting w/ Valerie 3:30 Town Hall Meeting</div>		<div>29</div> <div>Celebrate the Day - Friendship Movie Night! Hair Salon 09:30 Drumming 10:30 Let's Get Creative 1:30 Bible Studies W/ Carlene 3:00 Mike Performance</div>		<div>30</div> <div>Celebrate the Day - National Take a Walk in the Park Day! 9:30 Seated Scarf Exercise 10:10 Show & Tell 11:00 Quarter Bingo 1:30 Take a walk in The Park. 3:00 David P. Performance</div>	
<div>31</div> <div><div>Celebrate the Day - Easter Sunday 10:30 Meditation & Exercise 11:00 Play Bingo 2:00 Vito Performance 3:00 Easter Celebration Easter Sunday</div></div>		<div>GRAND OAKS PALM CITY ASSISTED LIVING</div>											

Grand Oaks Assited Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000

SUBJECT TO CHANGE





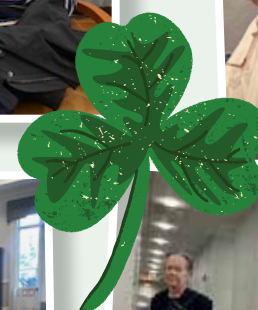
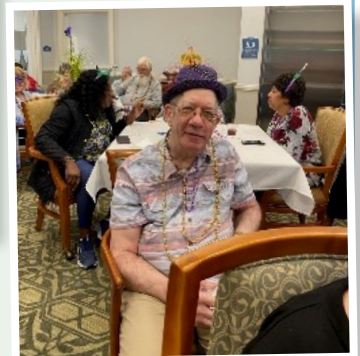
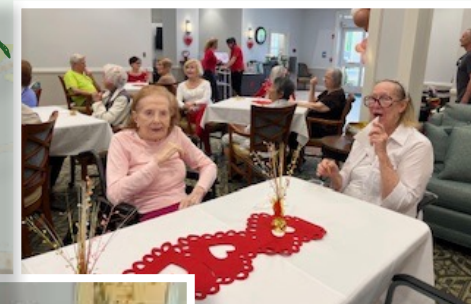
Hippy-Hop-Hop -----Hop

Written by Douglas Strembel

Hippy-Hop-Hop goes Alberto
Hippy-Hop-Hop goes Wanda They met in the field down yonder
Plus
They have a baby bunny named Yolanda

They live under the house
With a friendly mouse
Unfortunately
I cannot reveal the name
Because the mouse is going incognito
And
He is also under the government
Witness protection plan
So, if I do then I am a snitch
A stoolpigeon and a louse.

Hippy-Hop-Hop Hippy-Hop-Hop
Hippy-Hop-Hop----- Hop





Grand Oaks
 ASSISTED LIVING BY THE VNA
 PALM CITY

*Calendar
 Spotlight*

*Our Roots
 Run Deep
 IN OUR
 COMMUNITY*



*Every other
 Wednesday* } Bank and Library Day



*Every Thursday
 at 9:30am* } Chair Tai Chi Classes



*March 17th
 at 2:00pm* } St. Patrick's Day Party w/
 David Rivers

Guess the Resident Answer: Jacquie O.