

SEPTEMBER 2025

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

BETH KELLEY
Sales Manager

TARA WESTER
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

OSHANE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

Welcome to September! We have an exciting month ahead filled with celebrations, great food, and community spirit.

On September 7th, we'll celebrate Grandparents Day with a wonderful performance by Ceasar. It's the perfect opportunity to show appreciation for the love, wisdom, and guidance our grandparents bring to our lives.

Also, From September 7th to September 13th, we are thrilled to celebrate National Assisted Living Week! This year's theme is "Ageless Adventure." provides a unique opportunity for residents, their loved ones, staff, volunteers, and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. This year's celebration will be packed with fun, games, and engaging activities for everyone to enjoy. It's the perfect time to come together as a community, share laughter, and create wonderful memories with residents, families, and staff.

As the flu season approaches, we want to make sure everyone stays healthy. Our flu vaccination clinics will be held on September 16th and 17th — don't forget to ask at the front desk for your immunization consent and mark your calendars!

From September 22nd to September 26th, we'll be celebrating the first day of autumn and Rosh Hashanah. This is a beautiful time to welcome the new season and the Jewish New Year together with warmth and joy.

Of course, we can't forget our monthly pizza party — a favorite tradition for everyone to enjoy!

We also want to take a moment to thank our incredible staff for their hard work and dedication. Thanks to them and all of you. Here's to a September full of celebration, good health, and togetherness. Thank you for making our community such a special place to call home.

With warm regards,

Anita Topping

Anita Topping
Administrator



Chef's
SPECIAL

**MADEIRA
CHICKEN**



Sautéed Chicken, With Caramelized Onions
and Mushrooms Deglazed with Madeira
Wine, Cooked to Perfection, and Finished
With Melted Mozzarella Cheese.
Served Over a Fresh Egg Noodle Pasta Nest.



Guess the
RESIDENT



**WHO IS THE
RESIDENT?**

Find out
who this
is on the
back of the
newsletter!



New Move-Ins
Welcome!!!

Jack P.

Lynn B.

Beverly C.



Happy
BIRTHDAY!!!



**SEPT
1**

Charles M.

**SEPT
3**

Cynthia C.

**SEPT
4**

Frank L.

**SEPT
5**

Marcia K.

**SEPT
6**

Lorraine T.

**SEPT
6**

Mary G.

**SEPT
9**

Helen M.

**SEPT
13**

Elizabeth G.

**SEPT
17**

Shi S.

**SEPT
18**

Ken R.

**SEPT
23**

Helen S.

**SEPT
24**

Stephen T.

**SEPT
26**

Arlene M.

**SEPT
26**

Therese C.

**SEPT
26**

Lloyd R.



Employee SPOTLIGHT

JEANINE ABRAHAN-LEZZA



Jeanine was born in Santiago, Dominican Republic, and grew up in Boston, Massachusetts. She has one younger brother, Davis, who now lives in Houston, Texas. One of her favorite childhood memories is spending summer weekends at the beach condo with her family and cousins — soaking up the sun, enjoying the ocean, and creating unforgettable memories.

Jeanine attended high school in Lawrence, MA, and later went on to study at Simmons College in Boston. She has been married for 15 years and is now divorced. She is a proud mom to two wonderful children: Vincent (16) and Emma (12), as well as Gunner, her adorable 7-year-old dog who keeps her on her toes!

Jeanine wears many hats here at Grand Oaks — she works at the front desk and serves as an activity coordinator, bringing energy, creativity, and warmth to our community every day. In addition, she's been a Spanish teacher at FLVS for over 11 years! Before joining Grand Oaks, Jeanine also had a successful career in marketing for banks.


Outside of work, Jeanine enjoys a wide range of hobbies. She's an avid reader who sometimes finishes three to five books a week! She also loves playing Wordle and has recently taken up gardening. A fun fact many don't know: Jeanine's last name, Abraham-Lezza, is Lebanese! And here's another interesting story — when she was just 7 years old, during her first visit to the U.S., she got lost at the Bronx Zoo!

When asked what she enjoys most about working at Grand Oaks, Jeanine says:

"I love my coworkers, but especially, I love my residents. I consider them my family. I love interacting with them, hearing their stories, meeting their families, and seeing them sing and dance — it brings me so much joy! Plus, chatting with Mildred about my dating life always makes me smile."

Jeanine, your passion, dedication, and vibrant personality make a huge difference in our community. We are so lucky to have you as part of the Grand Oaks family!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Drumming 10:30 <i>Light Walking & Gardening</i> 11:00 Bank Trip 2:00 Social Tea Time & Cookies 3:30 Play Rummikub Labor Day	2 9:15 Streching 10:10 Trivia Game 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:00 Matt Performance	3 9:00 NAIL'S DAY 10:30 Zumba w/ Teri 11:00 Retail Therapy "Bealls Fl" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Play Pool	4 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Play Cards	5 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Pet Therapy by HSTC 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	6 9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Karin & Charles Performance 2:00 Play Bingo 3:30 Watch Freedom Writers 6:15 Confession W/Father Martin 6:30 Catholics Mass
7 9:30 Stretching your Body 10:30 Worship your Way 11:00 Presbyterian Communion 11:00 Play Bingo 2:30 Celebrate Grandparents' Day W/ Ceasar 3:30 Sit and Chat Grandparents Day	8 9:30 Drumming 10:30 <i>Light Walking & Gardening</i> 11:00 Walgreens 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	9 9:15 Streching 10:10 Trivia Game 11:00 Creating W/Clay 1:30 Movie Time & Popcorn 3:30 Play Pokeno	10 9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Anthony's" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Play Pool	11 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Play Cards	12 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Spanish Classes W/ Tatiana 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	13 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Lauren Performance 3:30 Watch Hamlet & Hutch
14 9:30 Stretching your Body 10:30 Worship your Way 11:00 Your Choise Game 2:00 Play Bingo 3:30 Sit and Chat	15 9:30 Drumming 10:30 <i>Light Walking & Gardening</i> 11:00 Library Trip 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	16 9:30 Streching 10:10 Trivia Game 11:00 Play Bingo 2:00 Café W/Comrades. Vet. 3:00 Mike on his Piano	17 9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Retail Therapy "Tjmax" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Play Pool	18 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Monthly Birthday Party W/ Linda Performance	19 Hair Salon 9:15 Chair Yoga w/Rae 11:00 Pet Therapy by HSTC 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Town Hall Meeting & Ice Cream	20 9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Play Bingo 2:00 Lauren Performance 3:30 Watch The Blind Side Oktoberfest Begins
21 9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Cornhole 2:00 Joel Piano Performance 3:30 Sit and Chat	22 9:30 Drumming 10:30 <i>Light Walking & Gardening</i> 11:00 CVS Pharmacy 2:00 Social Tea Time & Cookies 3:30 Play Rummikub Rosh Hashanah Begins Autumn Begins	23 9:15 Streching 10:10 Trivia Game 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:30 Play Pokeno	24 9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Lubch Bunch "Taco Shack" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Play Pool	25 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Play Cards	26 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	27 9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Play Bingo 1:30 Watch 13 Hours 3:00 David Rivers Performance
28 9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Bingo 2:00 Your Choise Game 3:30 Sit and Chat	29 9:30 Drumming 10:30 <i>Light Walking & Gardening</i> 11:00 CVS Pharmacy 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	30 9:15 Streching 10:10 Trivia Game 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:30 Community Give Back				

SEPTEMBER 2025

Grand Oaks Assisted Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000
 SUBJECT TO CHANGE



Resident SPOTLIGHT

ROSALIE PERROTA



Rosalie was born in The Bronx, New York, and grew up as the middle child among two brothers. From a young age, Rosalie's heart has always been full of rhythm and passion — her favorite childhood memory is dancing, something she loved and still cherishes deeply.

After graduating from high school, Rosalie pursued her passion by studying modern dance and even attended college for two years. Dancing not only shaped her life — it also changed it forever. She met her beloved husband on the dance floor! He owned a tax company, and together they built a beautiful life, sharing 26 wonderful years of marriage before his passing.

Rosalie and her husband raised three children — two daughters and a son — who now live across the country: one in Connecticut, one in Arizona, and another close by in Palm Beach Gardens. She is also a proud grandmother and great-grandmother to six

amazing grandchildren and great-grandchildren who bring her endless joy.

Beyond dancing, Rosalie has always had a creative spirit and loves to paint. A little-known fact about her is that she even made her own wedding gown — a true testament to her talent and artistry!

At the beginning of her professional journey, Rosalie worked as an administrative assistant at Maritime College in The Bronx, where she gained valuable skills and experience. Later, she went on to build a rewarding career as a physician assistant, working alongside doctors in a wide range of specialties. Her dedication, compassion, and commitment to helping others touched countless lives throughout her career.

When asked what she loves most about living at Grand Oaks, Rosalie smiled and said, “The people — they are all so sweet, and I have so many friends here.”

Rosalie also shares a piece of heartfelt advice she hopes to pass along to her grandchildren:

“Do your best! Don’t let anyone stop you! And don’t be afraid to fall!”

Rosalie, your kindness, creativity, and zest for life inspire us all. We are so lucky to have you as part of our Grand Oaks family!







Grand Oaks
 ASSISTED LIVING BY THE VNA
 PALM CITY

Our Roots
 Run Deep
 IN OUR
 COMMUNITY



Guess the Resident Answer: Joan Crawford