Grand Oaks
ASSISTED LIVING BY THE VNA
PALM CITY

Our Roots Run Deep IN OUR COMMUNITY

MAY 2025

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

BETH KELLEY
Sales Manager

TARA WESTER
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
Human Resources Manager

OSHANE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager

A word from your ADMINISTRATOR

Dear Grand Oaks Family,

As we step into the beautiful month of May, I want to take a moment to reflect on what a wonderful April we had here at Grand Oaks Palm City. From laughter-filled activities to heartfelt connections, the energy throughout the community has been truly special. Thank you to everyone, residents, families, and staff—for making it such a joyful month!

Looking ahead, May promises even more fun, celebration, and togetherness. We're kicking things off with one of our most exciting traditions—Kentucky Derby Day! On May 4th, we'll be welcoming some very special four-legged guests as we enjoy a horse petting day to mark the occasion in style. Then on May 5th, we'll turn up the fiesta vibes for our Cinco de Mayo celebration, featuring a delicious Mexican luncheon by Chef Bobby, along with music, dancing, and plenty of fun. Between May 6th to May 12th, we'll take time to show our gratitude and love for the incredible heroes of Grand Oaks during Nurses Appreciation Week. We are beyond grateful for our nursing staff and the compassionate care they provide every day.

And of course, we couldn't forget Mother's Day! On May 11th, we'll gather for a beautiful celebration with live music by our dear friend Jim Baccio, another delicious luncheon by Chef Bobby, and a chance to spend time with our residents and their loved ones. It's always one of our most cherished events.

We're also thrilled to announce that we will be restarting our outings on the Tiki Taxi—a favorite among our residents and a perfect way to enjoy the sunshine and fresh air.

As always, I want to extend a heartfelt thank you to our entire team—Nurses, Caregivers, Housekeepers, Activities staff, and Maintenance—for your hard work and dedication. Your efforts create the warm and welcoming environment that makes Grand Oaks feel like home.

And we won't forget to honor our heroes on Memorial Day, May 26th, as we take time to recognize and appreciate the veterans in our community. Their service and sacrifice mean so much to us all. And to our amazing residents, thank you for being the heart of this community. You make Grand Oaks Palm City a place full of laughter, kindness, and love. We're so grateful to have you as part of our family.

Here's to a joyful, sunny, and memory-filled May!

Here's to a fun, festive, and heartwarming May at Grand Oaks Palm City!

With gratitude,

Anita Topping

Anita Topping
Administrator

Chef's SPECIAL

MANGO BBQ GLAZED PORK TENDERLOIN

Pork tenderloin, glazed with mango bbq sauce. Served with a side of roasted red bell pasta salad.

New Move-Ins *Welcome!!!*

Charlotte and Dion A.

Angela L.

Happy BIRTHDAY!!!

MAY 24 Domenica D. (Mae)

MAY 26 Felicia S.

MAY 30 Deborah R.

Guess the RESIDENT

WHO IS THE RESIDENT?

Find out who this is on the back of the newsletter!

Resident
SPOTLIGHT

JOAN C.

We're excited to shine this month's spotlight on one of our most vibrant and beloved residents, Joan Crawford!

Joan grew up in Oceanside, Long Island, as the youngest of three siblings. With one brother, one sister, and the title of "baby of the family," Joan enjoyed a lively and love-filled childhood. Her favorite memories? Family vacations to Florida every year, soaking up the sunshine and making unforgettable memories. She also had a natural athletic side and especially loved playing basketball.
After high school, Joan studied accounting for two years at Delhi University, preparing for a future in the professional world. That journey led her to the bustling streets of New York City, where she worked as a secretary. Getting to work wasn't easy—Joan walked four blocks to the train station, then transferred to the subway in high heels and a skirt, since slacks weren't allowed at the time. Talk about dedication!

Joan's life has been full of love. She married Jim Jenkins in 1968, and they raised two sons together, Jeff and Jason. Later, in 1975, she married Bruce Crawford, and today Joan is the proud grandmother of four grandchildren and one great-grandchild.

Now a treasured member of the Grand Oaks family, Joan enjoys a full and joyful life. She loves playing golf, and she's a regular at our favorite community activities like Rummikub, Bingo, and Pool—especially with her pool partner, Randy.

But the thing that makes Grand Oaks most special for Joan?
"Meeting Kenny," she says with a glowing smile. The bond between Joan and Kenny has brought joy to everyone around them—and according to Paulette, one of our caring team members,
"Joan & Kenny will be the first Grand Oaks Wedding!"

We're so lucky to have Joan as part of our Grand Oaks family. Her warmth, laughter, and love are felt by everyone she meets.

Here's to Joan—a woman who proves that joy, friendship, and love can grow at any age!

Hello MAY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Painting w/ Valerie 2:30 My Brother's Band Performance May Day	2 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Spanish Classes W/ Tatiana 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Social Ice Cream	3 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Karin & Charles Performance 2:00 Play Bingo 3:30 Go for a Ride 6:15 Confession W/Father Martin 6:30 Catholics Mass
4 9:30 Light Walking and Stretching 10:30 Worship your Way 10:45 Presbyterian Communion 11:00 Play Bingo 2:00 Movie Time 3:30 Sit and Chat	5 9:30 Drumming *10:30* Walgreens 11:30 Relaxing Coloring 2:00 Social Tea Time & Cookies 3:30 Play Rummy Cinco de Mayo	6 9:30 Exercising W/ Lucas 10:10 Rummikub 11:00 Play Bingo 2:00 Arts & Craft W/ Tati 3:30 Play Pool	7 9:00 NAIL'S DAY 10:30 Zumba w/ Teri 11:00 Lunch Bunch "FUJIYAMA" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Movie Time	8 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Painting w/ Valerie 2:30 Tiki Boat	9 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Spanish Classes W/ Tatiana 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Social Ice Cream	10 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Lauren Performance 3:30 Go for a Ride
11 9:30 Light Walking and Stretching 10:30 Worship your Way 11:00 Play Bingo 2:30 Let's Celebrate Mother's Day W/Jim B. Performance 3:30 Sit and Chat Mother's Day National Skilled Nursing Care Week	12 9:30 Drumming *10:30* Walgreens 11:30 Relaxing Coloring 2:00 Social Tea Time & Cookies 3:30 Play Rummy	13 9:30 Exercising W/ Lucas 10:10 Rummikub 11:00 Creating W/Clay 2:00 Play Bingo 3:30 Play Pool	14 9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Retail Therapy COSTCO 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Movie Time	15 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 2:00 Play Rummy3:00 Monthly Birthday Party W/ Linda Performance	16 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Spanish Classes W/ Tatiana 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Pet Therapy	17 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Casino Day 3:00 Go for a Ride Armed Forces Day
18 9:30 Light Walking and Stretching 10:30 Worship your Way 11:00 Play Bingo 2:30 Caesar Performance 3:30 Sit and Chat	19 9:30 Drumming *10:30* Walgreens 11:30 *Light Walking & Gardening* 2:00 Social Tea Time & Cookies 3:30 Play Rummy Victoria Day (Canada)	20 9:30 Exercising W/ Lucas 10:10 Rummikub 11:00 Play Bingo 2:00 Arts & Craft W/ Tati 3:30 Play Pool	21 9:30 Trivia Game 10:30 Zumba w/ Teri 11:30 Lunch Bunch "CASA TEQUILA" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Movie Time	22 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Painting w/ Valerie 3:00 Joe Cowboy Performance	23 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Spanish Classes W/ Tatiana 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Town Hall Meeting	24 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Karaoke Time 3:00 Go for a Ride
25 9:30 Light Walking and Stretching 10:30 Worship your Way 11:00 Play Bingo 2:00 Movie Time 3:30 Sit and Chat	26 9:30 Drumming *10:30* Walgreens 11:30 *Light Walking & Gardening* 2:00 Social Tea Time & Cookies 2:30 Memorial Day W/Mike on his piano Memorial Day	27 9:30 Exercising W/ Lucas 10:00 Rummikub 11:00 Play Bingo 2:00 Arts & Craft W/ Tati 3:30 Community Give Back	28 9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Retail Therapy "TJMax" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Movie Time	29 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Painting w/ Valerie 3:00 Silver Wings Performance	30 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Spanish Classes W/ Tatiana 12:00 Pizza Party 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Social Ice Cream	31 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Karaoke Time 3:00 Go for a Ride

Employee
SPOTLIGHT

RAQUEL OLIVO

"It's a privilege to learn from the lives and stories of our residents." – Raquel
Meet Raquel Olivo, the welcoming smile you see at the front desk here at Grand Oaks! As our receptionist, Raquel brings not only professionalism and warmth, but also a heart full of compassion and curiosity.

Raquel was born in Queens, New York, and moved to Port St. Lucie when she was just eight years old. She's the youngest of seven siblings—with four brothers and two sisters—and fondly remembers always being included in the fun. One of her most cherished childhood memories is spending time with her dad. Whether running errands or just chatting, he always found ways to teach her valuable life skills, which have stayed with her to this day.

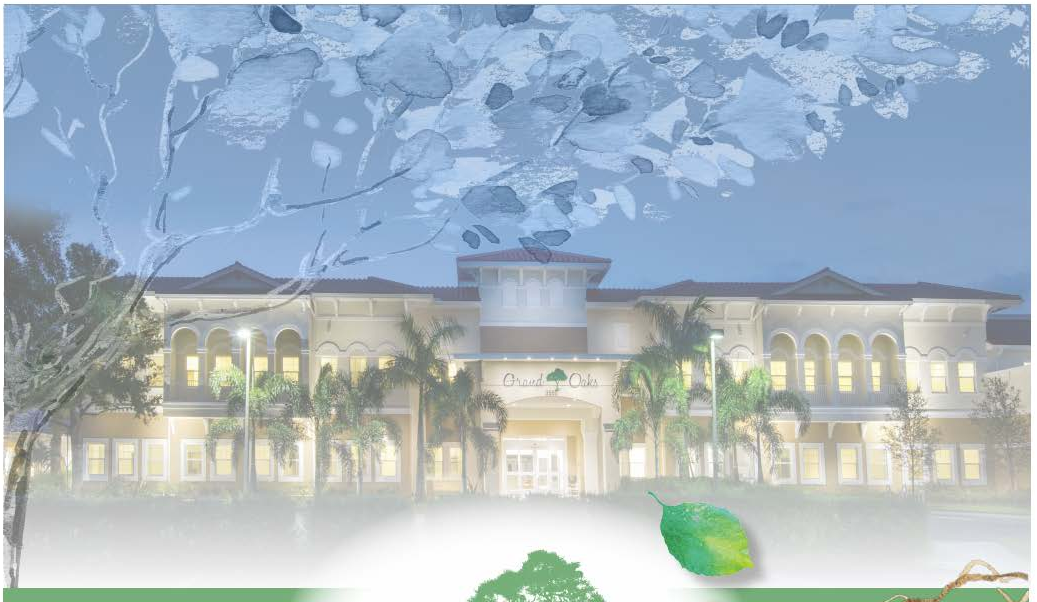
She was homeschooled during high school and later earned her Associate's Degree in Elementary Education at Indian River State College. Currently, Raquel is working toward her Bachelor's Degree in Organizational Management, with plans to continue her education even further. Her love of learning truly shines through everything she does.

Before joining the Grand Oaks family, Raquel held a variety of jobs, but one of the most impactful experiences was her time as a substitute teacher. That role, she says, was a formative time in her life. It taught her patience, compassion, and empathy on a whole new level—skills she brings with her every day in her role here.

Raquel recently celebrated a joyful milestone—she got engaged this past October to her fiancé, Matthew. The two met online during the COVID-19 pandemic, and after 4 ½ years together, they're excited for their next chapter.

When she's not working or studying, Raquel enjoys exploring flea markets, thrifting, and reading in her downtime. Something fun many people may not know about her? She has a genuine interest in astrology! She finds it to be a fun and meaningful way to connect with people and understand them from a unique perspective.

We're lucky to have Raquel as part of the Grand Oaks team. Her passion for people, lifelong learning, and joyful spirit make her an irreplaceable part of our community!



Grand Oaks
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Calendar Spotlight

Our Roots Run Deep IN OUR COMMUNITY

May 8th Tiki Boat
2:30 pm

May 15th Monthly Birthday Party
3:00 pm

May 27th Commuity Give Back
3:30 pm

Guess the Resident Answer:
Betty N.