

#### Management TEAM

DONALD CROW Chairman

TERESA ROBERTS Vice President

SHARON GRISWOLD EVP Finance

ANITA TOPPING Administrator

BETH KELLEY
Sales Manager

TARA WESTER Nurse Manager

ROBERT ZELANO

Executive Chef

DEBBIE ECKER Human Resources Manager

OSHANE ANDERSON Maintenance

TATIANA BRACHO Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

A Month of Sunshine, Celebration & Gratitude

June is here, bringing with it sunshine, joy, and wonderful opportunities to celebrate the heart of our community!

We're proud to recognize National CNA Week, observed this year from June 12 to June 18. The theme— "We Are the Champions"—perfectly reflects the dedication, strength, and compassion of our incredible Certified Nursing Assistants. CNAs are the true frontline heroes of healthcare, and we are grateful every day for the care, comfort, and support they provide to our residents. Let's take this special week to celebrate them and show just how much they mean to us all.

We're also excited to celebrate Father's Day with our beloved tradition: a special luncheon prepared by Chef Bobby, followed by a joyful celebration with Ceasar. It's a meaningful time to honor the incredible fathers and father figures in our community with good food, great music, and plenty of smiles.

As the days get longer and warmer, we'll also mark the First Day of Summer with festive seasonal activities designed to help us all enjoy the sunshine and each other's company.

June is also Alzheimer's & Brain Awareness Month, a time to honor those affected by Alzheimer's and other forms of dementia—and to raise awareness and understanding about brain health. We stand together in support, education, and compassion. Finally, we want to take a moment to express our heartfelt appreciation to every member of our Grand Oaks family:

- To our residents thank you for the warmth, wisdom, and spirit you bring to our community.
- To our housekeeping team thank you for keeping our home clean, safe, and welcoming.
- To our kitchen staff thank you for your hard work and the delicious meals you prepare with care.
- To our Activity Department thank you for your creativity and dedication to meaningful engagement and joy.

Thank you all for being part of the Grand Oaks of Palm City. Here's to a month filled with celebration, gratitude, and community!

Warmly,



Anita Topping *Administrator* 





### CHICKEN POTSTICKERS



Five chicken dumplings seared in sesame oil, garnished with plum sauce drizzle, toasted sesame seeds, and green onion. Served with a side of honey scallion infused soy for dipping.



Karin & Peter K.

Pat & Dion A.

Juanita M.

Christine S.

Charles K.

Pat C.



### Happy BIRTHDAY!!!



Koko M.



Joan C.



JUNE Patricia C.





# Guess the RESIDENT

## WHO IS THE RESIDENT?

Find out who this is on the back of the newsletter!







### **ROGER & DEBORAH ROSS**



From a New York City classroom to a life of love and service

This month, we're honored to shine the spotlight on two truly special members of our Grand Oaks Palm City family, Roger and Deborah. Their story is not only one of enduring love, but also of compassion, creativity, and deep commitment to helping others.

Roger was born in Brooklyn and Deborah in New York City. Their paths first crossed 35 years ago at the Learning Annex in NYC, where Deborah was teaching a class called "Massage for Couples." It was her first day—and she was running a bit late. When she entered the classroom, she locked eyes with a student and thought to herself, "He is the man. What awesome beautiful brown eyes." That man, of course, was Roger.

Though they didn't begin dating right away, their connection was immediate. Over time, their friendship blossomed into love, and ten years later, on December 26th, 1999, they were married. Today, they celebrate more than two decades of marriage and say they are incredibly grateful to have each other.

Roger, who holds degrees in Philosophy and Psychology, has a thoughtful and steady presence. He is the proud father of two daughters, Debbie and Karen, and grandfather to Reagan, Ryan, Mathew, and Allison—all of whom live in Florida. Mathew, their grandson, recently graduated from college and is preparing to move to New York—bringing the family story full circle.

Deborah is a true Renaissance woman. A former actress and singer with a rich creative spirit, she proudly shares that her grandmother was an opera singer. In addition to being an ordained interfaith minister, she has dedicated herself to numerous charitable causes over the years. Her favorite pastime is jewelry making, which she says brings her great joy, along with outdoor activities and connecting with others.

Roger's fondest childhood memory is spending sunny days at Far Rockaway Beach, while Deborah recalls horseback riding as a cherished experience that continued into her adult life.

One of the most moving aspects of their story is their service during one of America's darkest times. Both Roger and Deborah volunteered in the aftermath of the September 11th attacks. Deborah helped establish a Family Assistance Center where she comforted and counseled those traumatized by the events, and Roger served as a volunteer chaplain at Ground Zero. Their courage and compassion are a true testament to their character.

In their day-to-day lives now at Grand Oaks, Roger enjoys watching classic shows like MASH\* and listening to heavy metal music, a surprising favorite that always brings a smile! Deborah continues to create beautiful jewelry and brings light to every gathering with her warm personality and generous heart.

When asked how they feel about living at Grand Oaks Palm City, Roger and Deborah shared that they are "extremely happy and grateful to be part of this community" and are always willing to lend a hand to others whenever they can.

We are so fortunate to have Roger and Deborah as part of our Grand Oaks family. Their kindness, wisdom, and vibrant spirits enrich our community every day.













Sunday	Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
9:30 Light Walking and Stretching 10:30 Worship your Way 10:45 Presbyterian Communion 11:00 Play Bingo 2:00 Play Cornhole 3:30 Sit and Chat	9:30 Drumming 11:30 Light Walking & Gardening 11:00 Trivia Game 2:00 Celebrate Shavout w/Social Tea Time & Cookies 3:30 Play Rummikub 6:30 Movie Time & Popcorn	9:30 Exercising W/ Lucas 10:10 Rummikub 11:00 Play Bingo 1:30 Movie Time & Popcorn 1:30 Play Mahjong 3:30 Arts & Craft W/ Tati	9:00 NAIL'S DAY 10:30 Zumba w/ Teri 11:00 Lunch Bunch "FUJIYAMA" 1:30 Catholic Eucharistic Minister 2:30 PUBLIX 3:30 Trivia Game 6:30 Movie Time & Popcorn	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 2:00 Tiki Taxi	Hair Salon  Chair Yoga w/Rae 10:30 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream 6:30 Movie Time & Popcorn	9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Karin & Charles Performance 2:00 Play Bingo 3:30 Go for a Ride 6:15 Confession W/Father Martin 6:30 Catholics Mass
9:30 Light Walking and Stretching 10:30 Worship your Way 11:00 Play Bingo 2:30 Play Cornhole 3:30 Sit and Chat	9:30 Drumming 10:30 Light Walking & Gardening 11:30 CVS Pharmacy 2:00 Social Tea Time & Cookies 3:30 Play Rummikub 6:30 Movie Time & Popcorn	9:30 Exercising W/ Lucas 10:10 Rummikub 11:00 Creating W/Clay 1:30 Play Mahjong 2:30 Play Bingo 3:30 Arts & Craft W/ Tati	9:30 Trivia Game 10:30 Zumba w/ Teri 12:00 Pizza Party 1:30 Catholic Eucharistic Minister 2:30 PUBLIX 3:30 Trivia Game 6:30 Movie Time & Popcorn	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 ing w/ Valerie 3:00 Linda K Performance	Hair Salon  9:15 Chair Yoga w/Rae 10:30 Spanish Classes W/ Tatiana 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream 6:30 Movie Time & Popcorn	9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 10:00 Bace 3:30 Go for a Ride
9:30 Light Walking and Stretching 10:30 Worship your Way 11:00 Play Bingo 12:00 Father's Day Luncheon 2:30 Caesar Performance 3:30 Sit and Chat	9:30 Drumming 10:30 Light Walking & Gardening 11:30 CVS Pharmacy 2:00 Social Tea Time & Cookies 3:30 Play Rummikub 6:30 Movie Time & Popcorn	9:30 Exercising W/ Lucas 10:10 Rummikub 11:00 Play Bingo 1:30 Play Mahjong 1:30 Movie Time & Popcorn 3:30 Community Give Back	9:30 Trivia Game 18  10:30 Zumba w/ Teri 11:30 Lunch Bunch "Cracker Barrel" 1:30 Catholic Eucharistic Minister 2:30 PUBLIX 3:30 Trivia Game 6:30 Movie Time & Popcorn	73006h40:00 Rummikub 11:00 Play Bingo 1:30 ing w/ Valerie 3:00 Monthly Birthday Party W/ Daryl Performance JUNETEENTH	Hair Salon  9:15 Chair Yoga w/Rae 10:30 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Pet Therapy 6:30 Movie Time & Popcorn	9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Ron F. Performance 3:00 Go for a Ride
9:30 Light Walking and Stretching 10:30 Worship your Way 11:00 Play Bingo 2:00 Play Cornhole 3:30 Sit and Chat	9:30 Drumming 10:30 Light Walking & Gardening 11:30 CVS Pharmacy 2:00 Social Tea Time & Cookies 3:30 Play Rummikub 6:30 Movie Time & Popcorn	9:30 Exercising W/ Lucas 10:00 Rummikub 11:00 Play Bingo 1:30 Play Mahjong 2:30 Arts & Craft W/ Tati 3:00 Matt Panama Performance	9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Retail Therapy "Dillard's 1:30 Catholic Eucharistic Minister 2:30 PUBLIX 3:30 Trivia Game 6:30 Movie Time & Popcorn	9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 ing w/ Valerie 3:00 Outdoors Games	Hair Salon  9:15 Chair Yoga w/Rae 10:30 Spanish Classes W/ Tatiana 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Town Hall Meeting 3:00 Social Ice Cream 6:30 Movie Time & Popcorn	9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Joel Piano Performance 3:00 Go for a Ride
9:30 Light Walking and Stretching	9:30 Drumming 10:30 Light Walking & Gardening	-	Inne	2025		

June 2025



Grand Oaks Assisted Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000 SUBJECT TO CHANGE

10:30 Worship your Way 11:00 Play Bingo 2:30 Mike on his piano

3:30 Sit and Chat

11:30 Walgreens

3:30 Play Rummikub

2:00 Social Tea Time & Cookies

6:30 Movie Time & Popcorn



Meet Edith Junda, one of the warm and dedicated members of our Grand Oaks Palm City family!

Edith was born in Caracas, Venezuela, on December 11th. One of her favorite childhood memories is spending time on the porch with her brother and sister, where they would play countless games and enjoy each other's company—moments filled with joy and laughter.

She studied at the University College of Caracas, earning a degree as a Higher Technician in Administration, with a focus on Hospitality and Tourism. In 2001, Edith made a big life change and moved to the United States, where she married her husband, Stephen, that same year. They've now been married for 24 wonderful years. Although they don't have children, Edith says, "Our union is blessed with good health and happiness."

In her free time, Edith loves to play pickleball and ride bike activities made even more special because Stephen shares her enthusiasm for them. They enjoy creating fun, active memories together as a couple.

Edith also has a passion for cooking, especially desserts. She loves exploring and creating new recipes, something she and Stephen, both self-proclaimed sweet teeth, truly enjoy!

Before joining Grand Oaks Palm City, Edith earned her CNA certification and spent nine years working as a CNA. She shared that retiring from that role was a difficult decision, but her love for caregiving remained strong.

When asked what she loves most about working at Grand Oaks Palm City, Edith said: "Interacting with the residents. It is my pleasure and honor listening to them share their experiences."

We are so grateful to have Edith as part of our team. Her compassion, warmth, and joyful spirit brighten the lives of everyone around her.



















Our Roots Run Deep IN OUR COMMUNITY











Guess the Resident Answer: Elinor G.