

JANUARY 2024

Management
TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY
Sales Manager

DANIELLE CASTRO
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

OSHA NE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



A word from your
ADMINISTRATOR

2024

Dear Residents,

A beautiful holiday season was had at Grand Oaks of Palm City! Our community was well decorated inside and out! A huge "Thank You" to Tatiana, her Activities staff and O'Shane for all their hard work. We were bustling with entertainment and visitors from the community. Our holiday party was a huge success as we sang, snacked and toasted to the special occasion. Even Santa blessed us with a surprise visit. We all had a jolly time and took lots of great pictures. Thanks to all.

It was wonderful to hear from so many of you regarding the beautiful job the Food Service staff did for our holiday celebrations.

The staff wish to "Thank All of You" for your generosity. The Employee Holiday Fund donations were very much appreciated.

Activity Professional's week is January 21st to 27th. The theme this year is "Innovate, Inspire, Involve". You are the heart and spirit of our community. I encourage you to take a moment to acknowledge the great work and dedication they have in giving you their best. Their programs would not be a success without your participation.

Lastly, don't miss the new performance by Ashley Cooper the Las Vegas style entertainer on January 25th in the afternoon.

Thank you for making Grand Oaks Palm City your home. We love and appreciate each and every one of you. My wish for all of us is good health, great happiness and lots of fun and laughs in 2024.

Laurie Allen

Laurie Allen
Administrator

HAPPY
new
YEAR





Chef's
SPECIAL

LAMB STEW



Tender Cuts of Lamb, Slowly Stewed with Root Veggies including Turnip And Fennel.
Served over Steamed Barley



New Move-Ins
Welcome!!!

Donna O.
Joan M.



Happy
BIRTHDAY!!!



JAN 07

Ronald C.

JAN 26

Maxine C.

JAN 11

Phyllis M.

JAN 30

Shirley M.

JAN 20

Marguerite W.

JAN 20

Theresa S.



Guess the
RESIDENT

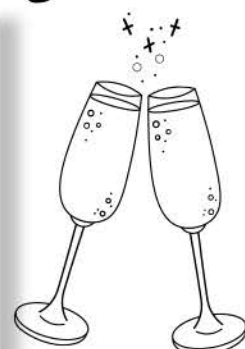
WHO IS THE RESIDENT?



Find out who this is on the back of the newsletter!



Happy New Year





Fred and Terry were born in Patterson, New Jersey. Fred was born on August 20, 1932, and Terry on January 20, 1931.

They met in 1950 at a church picnic and married in 1953. Something funny about their relationship is that Fred's mother didn't like Terry because she wasn't Italian and Terry's father didn't like Fred because he was Italian. Three months later Fred left for the Korean War and Terry found out she was pregnant. They have one child together, his name is Frederick, but they call him Rick and he lives in Arizona. Something almost everybody didn't know,

Fred didn't meet his son until he was almost two years old.


Fred served in the military for three years between 1954 to 1957 in Korea. When he returned home, he went back to school to get his teaching certificate, then got his master's degree and his principal certificate which certified him to teach all Sciences between 7th to 12th grade. Fred was an Amateur Radio Operator and he talked with people all over the world. But no one in South Korea because they weren't allowed to have radios. Also, he was a competitive Rifleman, he won the national championship twice.

Terry worked as a Secretary for a Judge and while working, went back to school on Saturdays to finish her bachelor's degree in anthropology and archeology.

They told me they are proud of each other and all their accomplishments, individually and together.

They like living at Grand Oaks. Terry said there are so many people with stories of their own. Fred said everybody is so friendly.

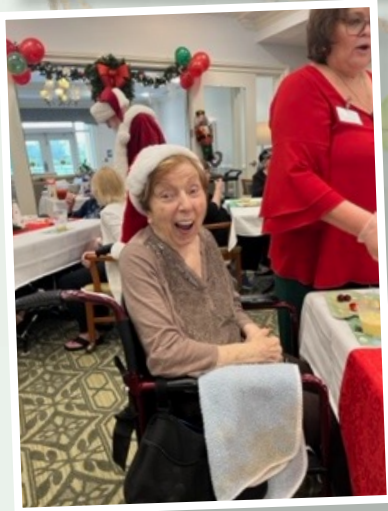


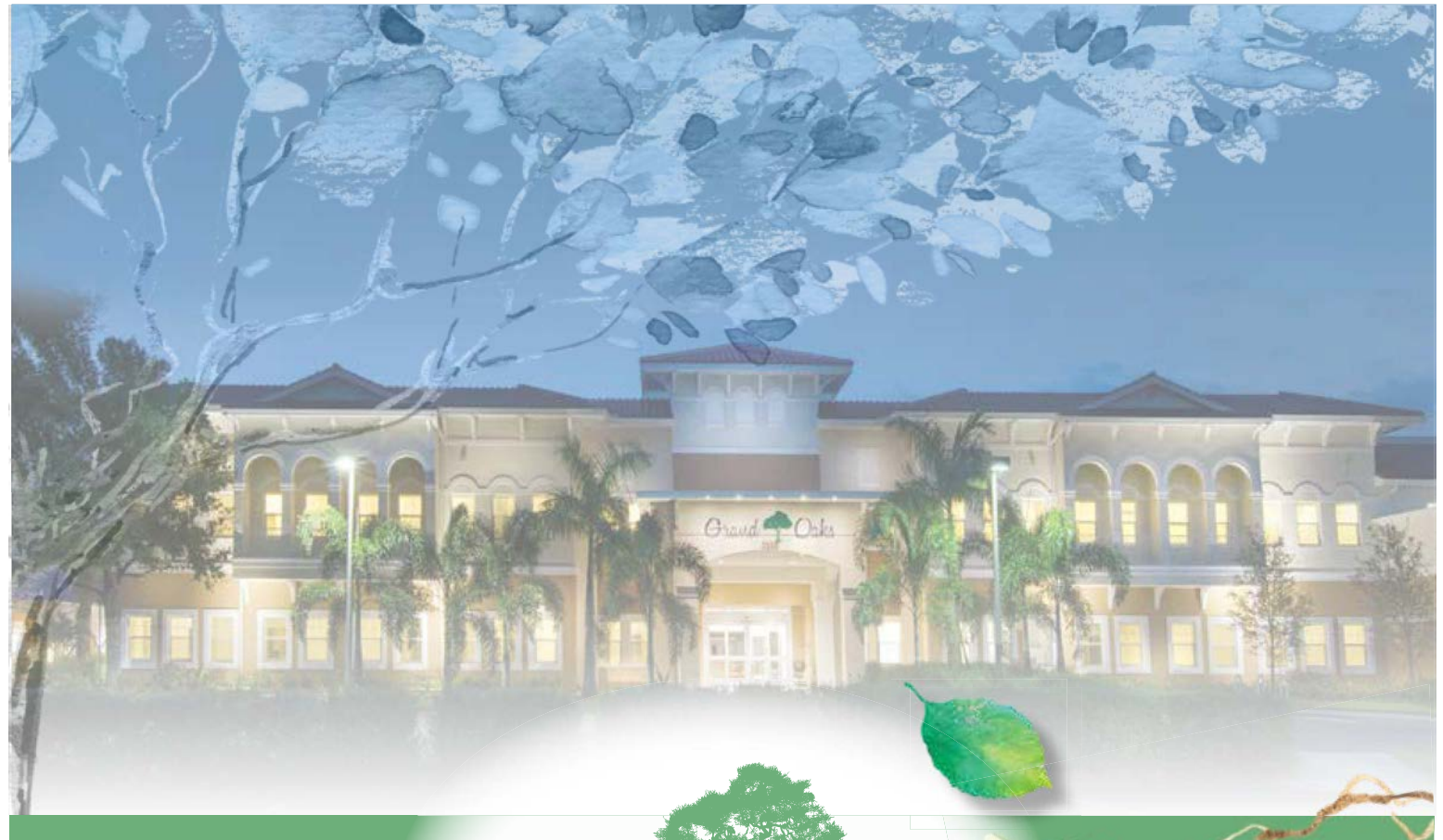
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Celebrate the Day - National Bloody Mary Day! Watch The Rose Parade 9:15 Chair Yoga w/Rae 10:30 Relaxing Coloring 2:00 Social Teatime & Cookies 2:30 Pool's Practices 3:30 Play Cards 4:30 Sit & Chat New Year's Day	2 Celebrate the Day -National Cream Puff Day! Hair Salon 9:30 Band Exercise 10:00 Rummikub 11:00 Quater Bingo 2:00 Walgreens 3:30 Movie "John Wick Chapter 4" 4:30 Sit & Chat	3 Celebrate the day -National Fruit Cake Toss Day! Bank Day 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Retail Therapy "Walmart" 1:30 Catholic Eucharistic Minister 2:00 Zen Coloring 3:00 Horticulture Therapy W/Marlene 4:30 Sit & Chat	4 Celebrate the Day - National Trivia Day! 9:30 Seated Scarf Dance 11:00 Quater Bingo 1:30 Painting w/ Valerie 3:00 My Brother's Band Performance	5 Celebrate the Day -National Whipped Cream Day! Hair Salon 9:30 Drumming 11:00 Silver Wings Performance 1:00 Bible Studies W/ Carlene 2:00 Play Cards 3:00 Word Search or Coloring	6 Celebrate the Day - National Bean Day! 9:30 Meditation & Exercise 10:10 Bean Mosaic Art with Betty 11:00 Karin & Charles Performance 2:30 Quater Bingo 3:30 Go for a Ride 6:15 Confession w/Father Martin 6:30 Catholics Mass
7 Celebrate the Day - National Tempura Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Play Bingo 2:00 Word Search or Coloring 3:30 Card Games 4:30 Sit & Chat	8 Celebrate the Day - Elvis Presley's Birthday! 9:15 Chair Yoga w/Rae 10:30 Relaxing Coloring 2:00 Social Teatime & Cookies 2:30 Pool's Practices 3:30 Play Cards 4:30 Sit & Chat	9 Celebrate the Day - National Apricot Day! Hair Salon 9:30 Band Exercise 10:00 Rummikub 11:00 Creating W/Clay 2:00 Walgreens 3:00 Monthly Birthday Party 4:30 Sit & Chat	10 Celebrate the Day - National Houseplant Appreciation Day! Bank Day 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Chili" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 3:00 Word Search or Coloring 4:30 Sit & Chat	11 Celebrate the Day - Heritage Treasure Day! 9:30 Seated Scarf Dance 11:00 Quater Bingo 1:30 Painting w/ Valerie 3:00 Joe Cowboy Performance 4:30 Sit & Chat	12 Celebrate the Day - National Pharmacist Day! Hair Salon 9:30 Drumming 11:00 Let's Get Creative 1:00 Bible Studies W/ Carlene 3:00 Word Search or Coloring 4:30 Sit & Chat	13 Celebrate the Day - National Peach Melba Day! 9:30 Meditation & Exercise 10:10 Show & Tell 11:00 Quater Bingo 2:00 Lauren Performance 3:00 Go for a Ride 4:30 Sit & Chat
14 Celebrate the Day - National Dress up your Pet Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Daryl Performance 2:00 Play Bingo 3:00 Game Time 4:30 Sit & Chat	15 Celebrate the Day -National Bagel Day! 9:15 Chair Yoga w/Rae 10:30 Relaxing Coloring 2:00 Social Teatime & Cookies 2:30 Pool's Practices 3:30 Play Cards 4:30 Sit & Chat Martin Luther King Jr. Day	16 Celebrate the day - National Fig Newton Day! Hair Salon 9:30 Band Exercise 10:00 Rummikub 11:00 Quater Bingo 2:00 Walgreens 3:30 Movie "A Good Woman" 4:30 Sit & Chat	17 Celebrate the Day -National Hot Buttered Rum Day! Bank Day 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Retail Therapy "bealls" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Word Search or Coloring 4:30 Sit & Chat	18 Celebrate the Day - National Winnie the Pooh Day! 9:30 Seated Scarf Dance 11:00 Quater Bingo 1:30 Painting w/ Valerie 3:30 Town Hall Meeting 4:30 Sit & Chat	19 Celebrate the Day -Arbor Day Hair Salon 9:30 Drumming 10:15 Pt. St. Lucie Botanical Garden 1:00 Bible Studies W/ Carlene 2:00 David Performance 3:30 Pool's Tournament 4:30 Sit & Chat	20 Celebrate the Day - National Coffee Break Day! 9:10 Meditation & Exercise 10:00 Trivia Challenge 11:00 Quater Bingo 2:00 Cookie Time and Coffee. 3:00 Go for a Ride 4:30 Sit & Chat
21 Celebrate the Day -National Hugging Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Play Bingo 2:30 Happy Hour & Tune 3:30 Movie "Love Laughs at Andy Hardy" 4:30 Sit & Chat Activity Professionals Week	22 Celebrate the Day -National Polka Dot Day! 9:15 Chair Yoga w/Rae 10:30 Relaxing Coloring 2:00 Social Teatime & Cookies 3:30 Play Cards 4:30 Sit & Chat	23 Celebrate the day - National Pie Day! Hair Salon 9:30 Band Exercise 10:00 Rummikub 11:00 Quater Bingo 2:00 Walgreens 3:30 Movie "Barefoot in the Park" 4:30 Sit & Chat	24 Celebrate the Day -Global Belly Laugh Day! Bank Day 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Casa Tequila" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Word Search or Coloring 4:30 Sit & Chat Tu B'Shevat	25 Celebrate the Day - National Irish Coffee Day! 9:30 Seated Scarf Dance 11:00 Quater Bingo 1:30 Painting w/ Valerie 3:00 Ashley Performance 4:30 Sit & Chat	26 Celebrate the Day - National Big Wig Day! Hair Salon 09:30 Drumming 10:30 Let's Get Creative 1:00 Bible Studies W/ Carlene 2:00 Pool's Tournament 3:00 Lobosco Performance 4:30 Sit & Chat Australia Day (Observed)	27 Celebrate the Day - National Chocolate Cake Day! 9:30 Meditation & Exercise 11:00 Quarter Bingo 2:00 The Barn Theater "Cinderella the Musical." 4:30 Sit & Chat
28 Celebrate the Day - National Blueberry Pancake Day! 10:30 Meditation & Exercise 11:00 Play Bingo 2:00 Vito Performance 3:00 Game Time 4:30 Sit & Chat	29 Celebrate the Day - National Corn Chip Day! 9:15 Chair Yoga w/Rae 10:30 Relaxing Coloring 2:00 Social Teatime & Cookies 2:30 Pool's Tournament 4:30 Sit & Chat	30 Celebrate the day - National Croissant Day! Hair Salon 9:30 Band Exercise 10:00 Rummikub 11:00 Quater Bingo 2:00 Walgreens 3:00 Movie "To Catch a Thief" 4:30 Sit & Chat	31 Celebrate the Day - Inspired your Heart W/ Art Day! Bank Day 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Retail Therapy "TJMax" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Word Search or Coloring 4:30 Sit & Chat	<div>GRAND OAKS ASSISTED LIVING</div> <div>January 2024</div>		



2024







Calendar Spotlight



*Our Roots
Run Deep
IN OUR
COMMUNITY*



*Every other
Wednesday*

Bank and Library Day



*Every Friday
at 1:30pm*

Bible Studies w/ Carlene



*January 27th
2:00pm*

Cinderella the Musical
at The Barn Theater



**HAPPY
new
YEAR**

Guess the Resident Answer: Margueritte Werner (Dolly)