



*Our Roots  
Run Deep  
IN OUR  
COMMUNITY*

NOVEMBER 2023

## Management TEAM

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

SHARON GRISWOLD  
*EVP Finance*

LAURIE ALLEN  
*Administrator*

BETH KELLEY  
*Sales Manager*

DANIELLE CASTRO  
*Nurse Manager*

ROBERT ZELANO  
*Executive Chef*

DEBBIE ECKER  
*Human Resources  
Manager*

OSHANE ANDERSON  
*Maintenance*

TATIANA BRACHO  
*Activity Manager*



## A word from your ADMINISTRATOR

Happy November! I hope you enjoyed Halloween and all the other fun fall activities last month. We are looking forward to the cooler weather headed our way in the months to come.

We want to thank and honor all the residents that have served in the military. You are truly heroes to us all. On Thursday, November 23rd we will celebrate Thanksgiving with live music and our traditional Luncheon. We are extremely thankful for all our amazing residents and their families.

For everyone interested, we are going to do our first Billiards Tournament. Practices are going to start the first week of December and the tournament will run throughout January. The finals are falling in the first week of February. The Winner will get to invite a friend to a restaurant of their choice for lunch. Good Luck all!

Please be on the lookout for the "Employee Appreciation Fund" letter that went out mid-October and a reminder will be emailed mid-November. This is a great way to show your appreciation for our wonderful staff here at Grand Oaks. The collected funds will be distributed to the staff just before Christmas. Thank you to those who have already contributed.

We appreciate you being a part of the Grand Oaks family and I hope you enjoy the upcoming Holiday Season!

*Laurie Allen*

Laurie Allen  
Administrator





*Chef's*  
**SPECIAL**

## APPLE & BRIE CHICKEN



Crisp Chicken Breast stuffed with Apples, Tart Cherries,  
Brie, & Mozzarella Cheeses.  
Served with Poultry Apple Supreme sauce & Brandy-  
Soaked, Dried Cherries.  
Seasonal Specials are Limited in Availability



*New Move-Ins*  
**Welcome!!!**

Joyce H.  
Carolyn W.



*Happy*  
**BIRTHDAY!!!**



**NOV**  
**24**

Marvel R.

**NOV**  
**30**

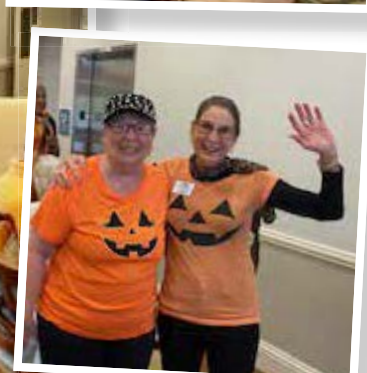
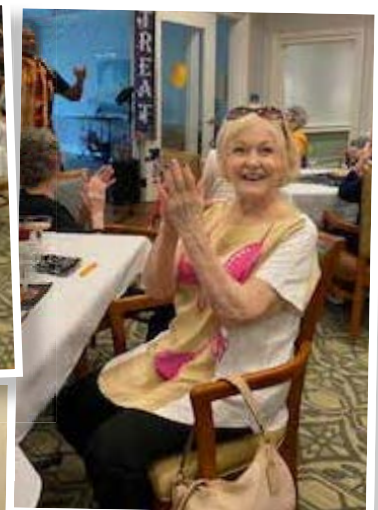
Colette C.



*Guess the*  
**RESIDENT**

**WHO IS THE  
RESIDENT?**

Find out  
who this  
is on the  
back of the  
newsletter!





## ESTHER C.



Esther was born and grew up in Egypt, she attended high school and college there. When she was 20 years old, she moved to Brazil. She has a brother named Sami and a sister named Rachell. Esther got married when she was 25 years old to Samuel. Sadly, he has passed away. They have a daughter named Daniela and two granddaughters Amanda; she is 23 years old and Alexandra 18 years old.

Her favorite childhood memories are when she gathered with her family. Esther enjoys playing bingo. Something interesting about her that many don't know is that she speaks four languages.

Before coming to Grand Oaks, she worked hard most of her life as a Secretary in Brazil and taking care of her family.

Esther describes herself as a sensitive and affectionate person, especially for family and she likes to help other people. She told me that the happiest moment of her life was when her granddaughter was born. "She Smiled".

Her favorite thing about living at Grand Oaks is that she feels so comfortable.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Grand Oaks Palm City</b> <b>Assisted Living</b>			1 Celebrate the day -All Saint' Day! Bank Day 9:30 Gardening 10:30 <b>Zumba w/ Teri</b> 11:00 <b>Lunch Bunch "Key West Diner"</b> 1:30 Catholic Eucharistic Minister 2:00 <b>PUBLIX</b> 3:30 Coffee Time & Cookies 4:30 Sit & Chat	2 Celebrate the Day - All Souls Day! 9:30 Meditation & Exercise 10:30 Be Creative 11:00 Blind Bingo 1:30 <b>Painting w/ Valerie</b> 2:45 <b>Happy Hour "Tiki Bar"</b> 4:30 Sit & Chat	3 Celebrate the Day -Sandwich Day! Hair Salon 9:30 Drumming 10:15 Play 5 Crowns 11:00 <b>Mariano Performance</b> 2:00 Arts & Craft 3:00 Guess the Song 4:30 Sit & Chat	Celebrate the Day - National Candy Day! 9:30 Meditation & Exercise 10:10 Brain Games 11:00 <b>Karin &amp; Charles Performance</b> 2:00 Quarter Bingo 3:30 Wine Time Take a Sip 4:30 Sit & Chat 6:15 Confession w/Father Martin 6:30 Catholics Mass
5 Celebrate the Day - Firewood Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Play Bingo 12:30 Sing Along 1:30 <b>Go for a Ride</b> 2:30 Sit & Chat	6 Celebrate the Day - National Nachos Day! 9:15 <b>Chair Yoga w/Rae</b> 10:30 <b>Retail Therapy "Walmart"</b> 2:00 <b>Walgreens</b> 3:30 Movie 4:30 Sit & Chat	7 Celebrate the Day -International Merlot Day! Hair Salon 9:30 Meditation & Exercise 10:00 Rummikub 11:00 Play Bingo 2:00 Colored Rice Art 3:00 Relax Coloring 4:30 Sit & Chat	8 Celebrate the Day - National Cappuccino Day! Bank Day 9:30 Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 <b>Peter &amp; Julie Cummings Library.</b> 1:30 Catholic Eucharistic Minister 2:00 <b>PUBLIX</b> 3:30 Happy Hour & Tune 4:30 Sit & Chat	9 Celebrate the Day - World Freedom Day! 9:30 Meditation & Exercise 10:30 Be Creative 11:00 <b>Veterans' Appreciation Day</b> 1:30 <b>Painting w/ Valerie</b> 3:00 <b>Daryl Performance</b> 4:30 Sit & Chat	10 Celebrate the Day - National Vanilla Cupcake Day! Hair Salon 9:30 Drumming 10:15 Let's Get Creative 11:00 <b>Quilts of Valor Presentation</b> 2:30 <b>Jodi Dance Class</b> 3:00 Movie 4:30 Sit & Chat	11 Celebrate the Day - National Veterans Day! 9:30 Meditation & Exercise 10:10 Trivia Game 11:00 Quarter Bingo 2:00 Play Shuffleboard 3:00 Wine Time Take a Sip 4:30 Sit & Chat Veterans Day
12 Celebrate the Day - National Happy Hour Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Play Bingo 12:30 <b>Rosalyn &amp; Son Performance</b> 1:30 Let's Celebrate Happy Hour 2:30 Sit & Chat Diwali (Hindi)	13 Celebrate the Day - World Kindness Day! 9:15 <b>Chair Yoga w/Rae</b> 10:30 Watch a Movie 2:00 <b>Walgreens</b> 3:10 Coffee Time & Cookies 4:30 Sit & Chat	14 Celebrate the Day - World Diabetes Day! Hair Salon 9:30 Meditation & Exercise 10:30 Rummikub 11:00 <b>Creating W/Clay</b> 2:30 Monthly Birthday Party 3:30 Play Bingo 4:30 Sit & Chat	15 Celebrate the Day - I Love to Write Day! Bank Day 9:30 Gardening 10:30 <b>Zumba w/ Teri</b> 11:00 <b>PUBLIX</b> 1:30 Catholic Eucharistic Minister 2:00 <b>My Brothers' Band Performance</b> 3:30 Happy Hour & Tune 4:30 Sit & Chat	16 Celebrate the Day - National Fast-Food Day! 9:30 Meditation & Exercise 10:30 Be Creative 11:00 Blind Bingo 1:30 <b>Painting w/ Valerie</b> 3:00 <b>Mitch Performance</b> 4:30 Sit & Chat	17 Celebrate the Day - Homemade Bread Day! Hair Salon 9:30 Drumming 10:15 Play 5 Crowns 11:00 <b>Silver Wings Performance</b> 2:30 Social Ice Cream 3:30 Sing Along 4:30 Sit & Chat	18 Celebrate the Day - Mickey Mouse Birthday! 9:10 Meditation & Exercise 10:00 Trivia Challenge 11:00 Quater Bingo 2:00 <b>David Performance</b> 3:30 Wine Time Take a Sip 4:30 Sit & Chat
19 Celebrate the Day - International Men's Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Play Bingo 12:00 <b>Lou Performance</b> 1:30 <b>Go for a Ride</b> 2:30 Sit & Chat	20 Celebrate the Day - World Children's Day! 9:15 <b>Chair Yoga w/Rae</b> 10:30 <b>Retail Therapy "House of Hope"</b> 2:00 <b>Walgreens</b> 3:00 Movie 4:30 Sit & Chat.	21 Celebrate the day - National Gingerbread Cookie Day! Hair Salon 9:30 Meditation & Exercise 10:00 Rummikub 11:00 Spanish Bingo 1:00 Seminar Freedom Lifestyle. 3:00 Relax Coloring 4:30 Sit & Chat	22 Celebrate the Day - National Cranberry Relish Day! Bank Day 9:30 Brain Games 10:30 <b>Zumba w/ Teri</b> 11:00 <b>Lunch Bunch "Nancy's Pizza"</b> 1:30 Catholic Eucharistic Minister 2:00 <b>PUBLIX</b> 3:30 Happy Hour & Tune 4:30 Sit & Chat	23 Celebrate the Day - THANKSGIVING DAY! 9:30 Meditation & Exercise 10:00 Be Creative 11:00 Blind Bingo 12:00 <b>Lauren Performance</b> 2:00 Town Hall Meeting. 3:30 Play Pool 4:30 Sit & Chat Thanksgiving Day (US)	24 Celebrate the Day - Native American Heritage Day! Hair Salon 09:30 Drumming 10:15 Let's Get Creative 11:00 <b>Cesar Performance</b> 2:30 Social Ice Cream 3:30 Play Shuffleboard 4:30 Sit & Chat	25 Celebrate the Day - National Parfait Day! 9:30 Meditation & Exercise 10:30 Show & Tell 11:00 Quarter Bingo 2:30 Wine Time Take a Sip 3:00 <b>Ed Ely Performance</b> 4:30 Sit & Chat
26 Celebrate the Day - National Hondhand Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Play Bingo 12:00 <b>Go for a Ride</b> 1:30 Sing Along 2:30 Sit & Chat	27 Celebrate the Day - National Bavarian Cream Pie Day! 9:15 <b>Chair Yoga w/Rae</b> 10:30 Movie "Trick r Treat" 2:00 <b>Walgreens</b> 3:00 Coffee time & Cookies 4:30 Sit & Chat	28 Celebrate the day - National Day of Giving! Hair Salon 9:30 Meditation & Exercise 10:00 Rummikub 11:00 Spanish Bingo 2:00 Let's Get Creative 3:00 <b>Social Ice Cream</b> 4:30 Sit & Chat	29 Celebrate the Day - National Lemon Cream Pie Day! Bank Day 9:30 Gardening 10:30 <b>Zumba w/ Teri</b> 11:00 <b>Peter &amp; Julie Cummings Library</b> 1:30 Catholic Eucharistic Minister 2:00 <b>PUBLIX</b> 3:30 Happy Hour & Tune 4:30 Sit & Chat	30 Celebrate the Day - National Mason Jar Day! 9:30 Meditation & Exercise 10:00 Be Creative 11:00 Blind Bingo 1:30 <b>Painting w/ Valerie</b> 3:30 Play Shuffleboard 4:30 Sit & Chat	<b>November 2023</b>	



## Employee SPOTLIGHT

### AMY FORD SERVER



Born in Missouri and grew up in suburbs of Atlanta, GA. She went to college in Chicago, IL and studied music education. She has two older sisters and is not currently married but she does have a boyfriend named Erick. Amy has four children; Zack is 30 years old; Justin 28yrs, Kelly 26yrs and Taylor is 21 years old. Her favorite childhood memory is when they went to Stone Mountain and they took her dog, Sammy, and he climbed the mountain with them.

Before coming to Grand Oaks, she operated a daycare from her home and was a jazzercise instructor prior to becoming a medical assistant. Her plans now are to become a registered Nurse. In January, she will be starting nursing school, and plans to continue working here as much as school will allow her to do so.

Something interesting about her that many people don't know is that she learned to play all band and orchestra instruments. Her hobbies: she likes to read, "Stephen King is my favorite" put jigsaw puzzles together, sing, dance and act silly.

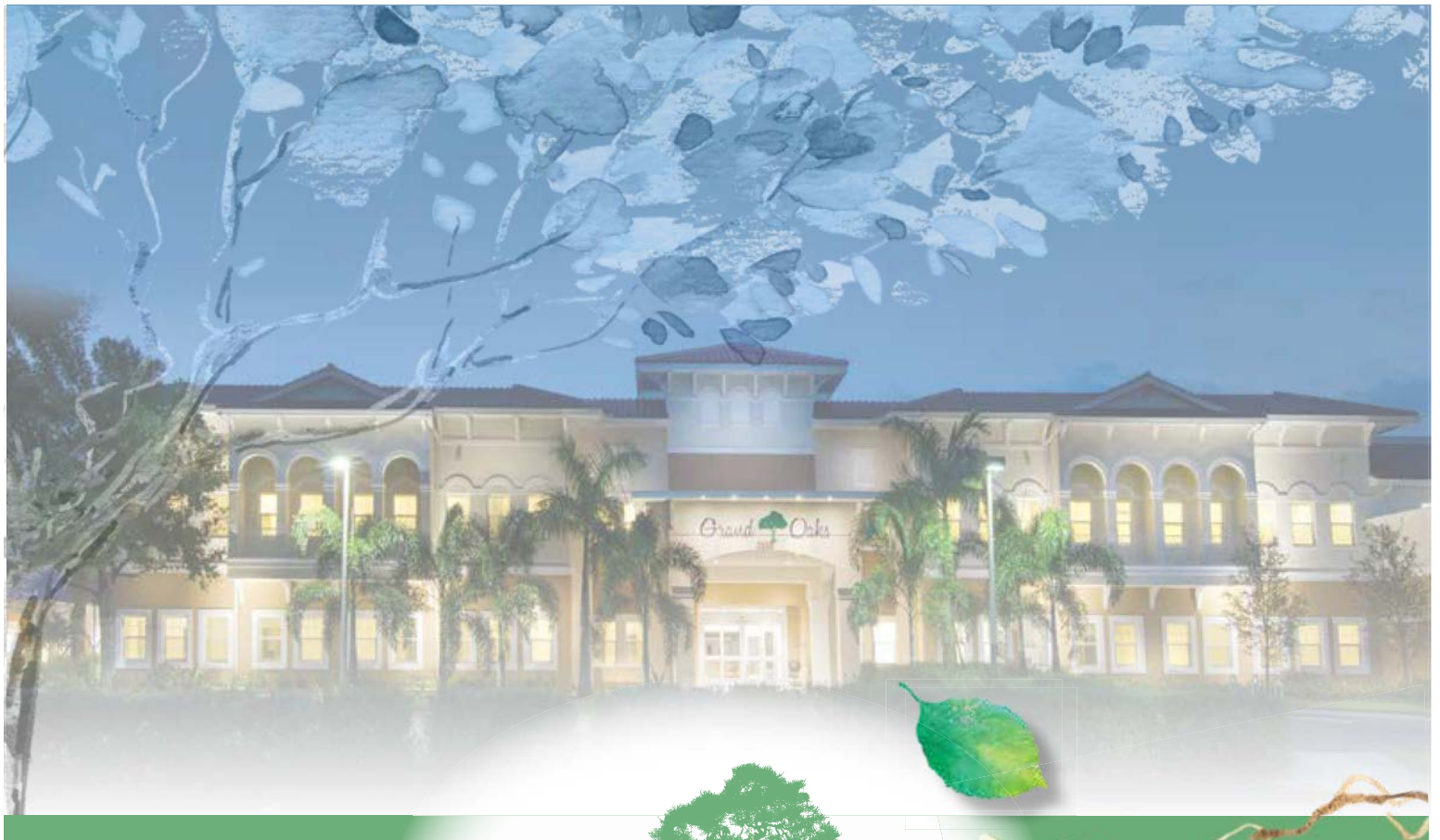
Her favorite thing about working at Grand Oaks is working with the residents, "They make me laugh" so do my co-workers.











## Calendar Spotlight



*Our Roots  
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*First Saturday  
of the Month*

Catholic Mass w/  
Reverend Martin Dunne



*Every other  
Wednesday*

Bank Day



*November 23rd*

Thanksgiving Day Celebration  
w/ Lauren



*Guess the Resident Answer: Wes G.*