

APRIL 2025

**Management
TEAM**

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

BETH KELLEY
Sales Manager

TARA WESTER
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

OSHANE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



*A word from your
ADMINISTRATOR*

Dear Residents and Families,

I hope this letter finds you well and enjoying the start of spring! As we embrace this beautiful season, we have several exciting events and updates to share with you for the month of April. We are thrilled to announce that we will be starting a gardening project in the back garden of our Memory Care area. Gardening can bring joy and a sense of accomplishment, and we look forward to seeing the beautiful results as we work together to nurture this space.

We invite all residents to join us for our upcoming Town Hall Meeting on April 18th at 3:00 p.m. This is an excellent opportunity to hear updates about our community, ask questions, and share any thoughts or suggestions. We look forward to your participation!

We are excited to invite you to a special Easter luncheon on April 20th, prepared by our talented Chef Bobby. This will be a delicious meal to celebrate the holiday and enjoy great company. We look forward to sharing this wonderful meal together!

Also on April 20th, join us for some fun at our Bunny Selfies event! Dress up, take photos, and enjoy the playful spirit of the season. Be sure to stop by and snap a picture with the Easter Bunny!

We will be celebrating Passover with our Jewish residents, and we are grateful to Roger R., who will be sharing the significance of this holiday to all of us. It's always special to learn and grow together as a community.

From April 20th to 26th, we will be celebrating Earth Day and Arbor Day in our garden. These are wonderful opportunities to reflect on the importance of nature and sustainability, and we invite all residents to participate in this special celebration of our planet. Together, we will honor the environment and the beauty of the natural world around us.

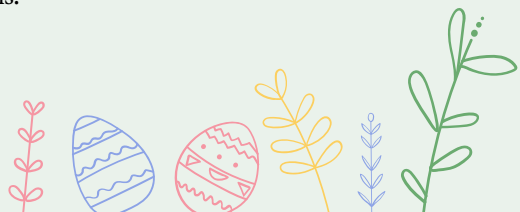
Lastly, I would like to extend my deepest gratitude to all our staff members for their continued dedication and exceptional care. Your hard work and commitment make such a difference in the lives of our residents, and we are truly grateful for everything you do. I would also like to thank all our residents for placing your trust in us. It is an honor to serve you, and we are grateful to be part of your lives.

Thank you all for your continued support, and we look forward to another wonderful month of activities and community connections.

Warm regards,

Anita Topping

Anita Topping
Administrator





*Chef's
SPECIAL*

SPRING TEMPURA SHRIMP



Five Crispy Jumbo shrimp, Drizzled in a sweet and pinch of heat Thai Sauce, Served over Jasmine Rice and Garnished w/ sesame oil, Carrots, and Scallions



*New Move-Ins
Welcome!!!*

Virginia Z.
Marven G.



*Happy
BIRTHDAY!!!*



APRIL
05

Elinor G.

APRIL
09

Paula D.

APRIL
10

Maye T.

APRIL
12

Kathleen A.

APRIL
18

Betty K.

APRIL
22

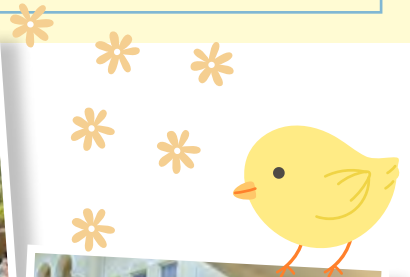
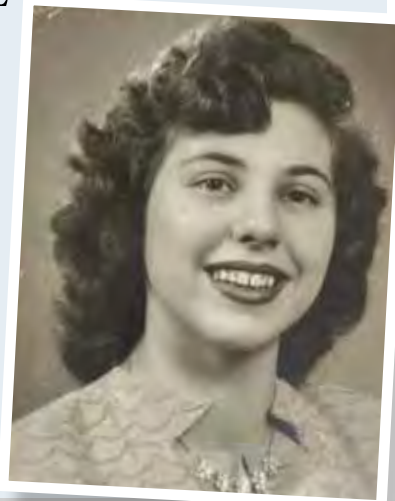
Edith T.



*Guess the
RESIDENT*

WHO IS THE RESIDENT?

Find out
who this
is on the
back of the
newsletter!



BARBARA HENDRICKS



Barbara grew up immersed in her German heritage in Queens and Upstate New York. At the age of 16, Barbara married her first love, Ralph. Together, they ran a dairy farm, where Barbara learned the invaluable skill of milking cows. Over the course of their 15-year marriage, they had five children: Kathleen, Barbara, Maureen, Collen, and Eli. Sadly, after Ralph's passing, Barbara's life was turned upside down. But she remained strong for her children, and after his death, she moved to Miami, Florida, to start a new chapter of her life.

She moved to Miami with her children and began working at Howard Johnson's restaurant, where she met Eli, her second husband. Eli, who had also suffered the loss of his first wife, had two children, Paul and Ann. Together, they formed a blended family of seven children and shared more than 50 years of marriage.

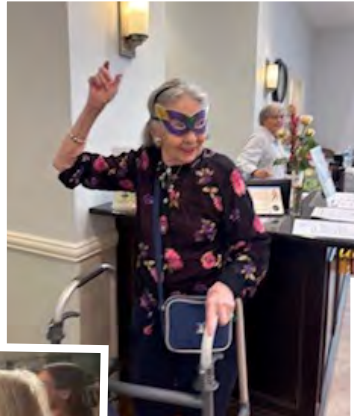
Barbara's commitment to her personal growth and education is truly inspiring. At the age of 40, Barbara decided to return to school, enrolling at Broward Community College in Florida. She earned her degree and furthered her commitment to lifelong learning, proving that it is never too late to pursue your dreams and expand your horizons.

Barbara describes herself as a deeply religious person who loves the Lord with all her heart. Her faith has been a guiding light throughout her life, and it continues to shape her everyday actions and interactions. One of the happiest moments of her life was when she married Eli, and their union marked the beginning of a loving, supportive partnership that lasted over five decades.

Barbara worked for the Florida School Board for 20 years, dedicating her career to helping children with special needs, which brought her great fulfillment. After retiring, she pursued her passion for arts and crafts, participating in shows and showcasing her work as a vendor every summer. One of Barbara's favorite childhood memories is when their dog, Quinine, gave birth underneath the oil stove. Her mom, always practical, quickly moved Barbara and her brother to another room to keep them safe.

Since moving to Grand Oaks, Barbara has found immense joy in the variety of activities available to her, something she didn't have at home. She embraces every opportunity to stay active, and she loves the sense of community that Grand Oaks provides. It's here that she's found a new sense of belonging, surrounded by friends and activities that keep her engaged and fulfilled.

Barbara's story is one of faith, love, and perseverance. Her deep devotion to her family, her faith in the Lord, and her zest for life continue to inspire everyone she meets.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>APRIL 2025</div>		<div>  1 9:30 Exercising W/ Lucas 10:10 Rummikub 11:00 Play Bingo 2:00 Arts & Craft W/ Tati 3:30 Play Pool All Fools' Day </div>	<div> 2 9:00 NAIL'S DAY 10:30 Zumba w/ Teri 11:00 Lunch Bunch "TOWNIES" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Movie Time </div>	<div> 3 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Painting w/ Valerie 2:30 My Brother's Band Performance </div>	<div> 4 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Spanish Classes W/ Tatiana 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Social Ice Cream </div>	<div> 5 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Karin & Charles Performance 2:00 Play Bingo 3:30 Go for a Ride 6:15 Confession W/Father Martin 6:30 Catholics Mass </div>
<div> 6 9:30 Light Walking and Stretching 10:30 Worship your Way 10:45 Presbyterian Communion 11:00 Walgreens 2:00 Play Bingo 3:00 Fresh Air </div>	<div> 7 9:30 Drumming 10:30 Light Walking & Gardening 11:30 Relaxing Coloring 2:00 Social Tea Time & Cookies 3:30 Play Rummy </div>	<div> 8 9:30 Exercising W/ Lucas 10:10 Rummikub 11:00 Creating W/Clay 2:00 Play Bingo 3:30 Community Give Back </div>	<div> 9 9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Retail Therapy Dillard's 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Movie Time </div>	<div> 10 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Painting w/ Valerie 3:00 Linda Performance </div>	<div> 11 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Spanish Classes W/ Tatiana 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Traveling to Hawaii W/Joan </div>	<div> 12  9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Lauren Performance 3:30 Go for a Ride Passover Begins </div>
<div> 13  9:30 Light Walking and Stretching 10:30 Worship your Way 11:00 CVS Pharmacy 2:30 Ceasar Performance 3:30 Play Bingo Palm Sunday </div>	<div> 14 9:30 Drumming 10:30 Light Walking & Gardening 11:30 Relaxing Coloring 2:00 Social Tea Time & Cookies 3:30 Play Rummy </div>	<div> 15 9:30 Exercising W/ Lucas 10:10 Rummikub 11:00 Play Bingo 2:00 Arts & Craft W/ Tati 3:30 Play Pool </div>	<div> 16 9:30 Trivia Game 10:30 Zumba w/ Teri 11:30 Lunch Bunch "Carabbas" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Movie Time </div>	<div> 17 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Painting w/ Valerie 3:00 Monthly Birthday Party W/ Daryl Performance </div>	<div> 18 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Trivia Game 11:00 Spanish Classes W/ Tatiana 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Town Hall Meeting </div>	<div> 19 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Ron Performance 3:30 Go for a Ride </div>
<div> 20  9:30 Light Walking and Stretching 10:30 Worship your Way 11:00 Walgreens 12:00 Easter luncheon 2:00 Easter Bunny Pictures & Bingo 3:00 Fresh Air Happy Easter Easter Sunday </div>	<div> 21 9:30 Drumming 10:30 Light Walking & Gardening 11:30 Relaxing Coloring 2:00 Social Tea Time & Cookies 3:30 Play Rummy </div>	<div> 22  9:30 Exercising W/ Lucas 10:00 Rummikub 11:00 Play Bingo 2:00 Arts & Craft W/ Tati 3:30 Community Give Back Earth Day </div>	<div> 23 9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Retail Therapy "TJMax" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Movie Time Administrative Professionals Day </div>	<div> 24 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Painting w/ Valerie 3:00 Silver Wings Performance </div>	<div> 25  Hair Salon 9:15 Chair Yoga w/Rae 10:30 Let's visit The Botanical Garden 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Social Ice Cream Arbor Day </div>	<div> 26 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Go for a Ride 3:00 59 Carats Performance </div>
<div> 27 9:30 Light Walking and Stretching 10:30 Worship your Way 11:00 CVS Pharmacy 2:00 Play Bingo 3:00 Fresh Air </div>	<div> 28 9:30 Drumming 10:00 Casino Day: Seminole Coconut Creek 11:00 Relaxing Coloring 2:00 Social Tea Time & Cookies 3:30 Play Rummy </div>	<div> 29 9:30 Exercising W/ Lucas 10:00 Rummikub 11:00 Play Bingo 2:00 Arts & Craft W/ Tati 3:00 Matt Performance </div>	<div> 30 9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Waterfront" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 3:00 Movie Time </div>	<div> GRAND OAKS ASSISTED LIVING PALM CITY </div>		



Yennys Alarcon was born on November 14, 1972, in Maracaibo, Venezuela, and grew up with two brothers and one sister. Her childhood was filled with love and simple, yet meaningful moments. One of her favorite memories is when she would fall asleep on the sofa, and her dad would gently pick her up and carry her to her room—an act of love that has stayed with her throughout her life.

At the age of 17, Yennys married her first husband, a decision influenced by her brother's desire to ensure she didn't make any mistakes. Together, they had a daughter, Jakeline, who still lives in Venezuela. However, after two years, their marriage ended in divorce. Instead of letting this setback define her, Yennys continued her education, earning a bachelor's degree in education—a testament to her perseverance and commitment to building a better future for herself.

At 22, Yennys married again, and over the course of 24 years, she had two children: Alexandra, now 30 and living in Dallas, Texas, and Isaac, who is 13 and currently living in Colombia with his father. Though her children are far away, Yennys's love for them is unwavering, and she remains closely connected to their lives.

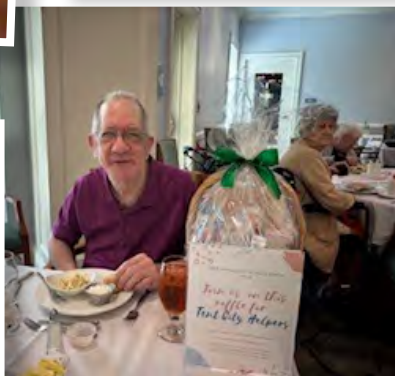
In 2021, Yennys made the life-changing decision to move to the United States due to the challenging situation in Venezuela. She arrived with her third husband, who had come to the U.S. first to lay the foundation for their new life together. This brave step marked the beginning of a new chapter for Yennys, filled with new opportunities and experiences.

Before joining the Grand Oaks team, Yennys worked as a dishwasher at the Country Club Marine Sands, where she learned the value of hard work and dedication. Since joining Grand Oaks, Yennys has found great fulfillment in her work, especially in her connection with the residents. She shares, "I didn't have the opportunity to share with my grandparents, so I see the residents here like my own grandparents." Her compassion and care for the residents reflect her deep empathy and love for others. She also expresses her admiration for her coworkers, saying, "I love my coworkers," highlighting the supportive community she's found at Grand Oaks.

Yennys has a heartfelt wish for her children and future grandchildren: she hopes they will always remember how much she loves them and to be proud of her. Above all, she wants them to always keep the truth in mind, a value she holds dear.

Her life has been marked by resilience, love, and a commitment to both family and community. Yennys Alarcon's journey is a reminder that no matter the challenges we face, with love and dedication, we can create meaningful connections and leave a legacy of kindness.







*Calendar
Spotlight*



*Our Roots
Run Deep
IN OUR
COMMUNITY*



April 17th

Monthly Birthday Party
3:00 pm



April 20th

Easter Bunny & Bingo
2:00 pm



April 22nd

Community Give Back
3:30 pm

*Guess the Resident Answer:
Barbara H.*

