

MAY 2023

**Management
TEAM**

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY
Sales Manager

DANIELLE CASTRO
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

OSHA NE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



A word from your
ADMINISTRATOR

Dear Residents,

Goodbye, April! Hello, May!

It comes with the gifts of spring with hints of summer. Flowers, good weather and the assurance that after every storm comes the sunshine. April left us a lot of magnificent experiences and new friends in our community.

I hope everyone had a lovely Easter and experienced all the activities that we had here in our community. Our luncheon was delightful.

The bi-annual state survey by the Agency for Healthcare Administration (AHCA) was completed in April with 100% Compliance! That's TEAMWORK at its Best, Thank you to all staff.

I have to say that our 4th Annual Classic Car show was fun, and the music was terrific. Nurses' week is in May and Nursing's Assistant's in June, we are going to give them special recognition together in June. We will recognize and thank all of them for the great job they do taking care of all our residents all the time with a week long celebration.

May brings a lot of fun. Don't forget to grab your sombrero because there will be a Cinco de Mayo Party on May 5th, The Kentucky Derby on May 6th the horses will be in the community at 3:00 pm. On May 8th we will visit The Lion Country Safari. We will also have a Mother's Day Luncheon to celebrate all the wonderful moms at our community on May 14th, David Pearl will entertain us. Looking forward to Memorial Day luncheon and other surprises for you that day.

Please check the activities calendar for the complete list of activities.

I hope everyone has a wonderful month and thank you for being a part of the Grand Oak's family.

Laurie Allen

Laurie Allen
Administrator



*Chef's
SPECIAL*

SPRING TEMPURA
SHRIMP



Five Crispy Jumbo shrimp, Drizzled in a sweet and pinch of heat Thai Sauce, Served over Jasmine Rice and Garnished w/ sesame oil, Carrots, and Scallions.

*Happy
BIRTHDAY!!!*



MAY
01

Leonard B.

MAY
14

Doris M.

MAY
15

Edmay B.

MAY
19

James G.

MAY
24

Mae D.

MAY
26

Felicia S.



*New Move-Ins
WELCOME!!*

Victor A.
Sylvia M.
Rhoda S.
Ella W.



*Guess the
RESIDENT*

WHO IS THE
RESIDENT?

Find out who this
is on the back of
the newsletter!





Resident SPOTLIGHT

SUE F.



Sue was Born in Maryland 1945, Sue and her parents moved often while her father was in the Navy, by the time she was in high school, she was settled in Michigan.

Sue graduated and continued her education, traveling to Madrid and the Netherlands as an exchange student. She worked as a school teacher and group fitness instructor, raising two boys, and one girl then moving to Florida to work with Martin county high school. Sue has 4 grandchildren.

She enjoys college football, soccer, lobstering, gardening and eating her veggies (and a good midnight snack).

Sue is very easy-going and ready for the party regardless of what music's playing, she wants to dance!

Her Favorite thing about living at Grand Oaks Palm City is the food and the people.



Employee SPOTLIGHT

THERESA A.
Housekeeping



She was born in Jamaica in 1978, she moved to Port St Lucie, Florida in 2014. Theresa has 5 children; 3 boys and 2 girls. The oldest one is 26 and the youngest 12 years old, no grandchildren as yet. She lived on a farm in Jamaica, likes dogs and cats.

Her hobbies are reading, gardening, cooking, and bird watching, and playing Pokeno.

Theresa describes herself as a good person, a hard worker and an early bird.

Life advice she would like to pass along to her grandchildren would be "Don't be bad, don't be rude, don't be in bad company."

Her favorite things about working at Grand Oaks Palm City are the residents and being here for them.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>MAY</div> <div>2023</div>	<div>1</div> <div>Celebrate the Day- Labour Day! 9:15 Chair Yoga w/ Rae 10:30 Retail Therapy Plato's 11:00 Coloring w/ Betty 2:00 Walgreens 2:00 Let's get Creative. 3:30 Shuffleboard 4:30 Sit & Chat.</div> <div>May Day</div>	<div>2</div> <div>Celebrate the Day - National Truffle Day! 9:30 Meditation & Exercise 10:00 Rummikub 11: 00 Play Bingo 1:30 Let's get Creative. 3.00 Ed Ely Performing 4:30 Sit & Chat</div>	<div>3</div> <div>Celebrate the day - National Two Different Colored Shoes Day! 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch Hokkaido Sushi & Steakhouse. 11:00 Let's get Creative. 1:30 Catholic Eucharistic Minister 2:00 Publix / Coloring w/Taty 3:30 Play 5 Crowns</div>	<div>4</div> <div>Celebrate the Day - National Orange Juice Day! 9:30 Meditation & Exercise 10:30 Brain Games 11:00 Blind Bingo/Mind & Melody 1:30 Painting w/ Valerie 3:30 Joe Cowboy Performing 4:30 Social Refreshments 4:30 Memory Care Support Group</div>	<div>5</div> <div>Celebrate the Day - Cinco de Mayo. 9:30 Drumming 10:15 Play 5 Crowns 11:00 Estrellas de Mexico 2:00 Arts & Craft w/ Vitas 3:30 Happy Hour & Celebrate 5 de Mayo. Cinco de Mayo</div>	<div>6</div> <div>Celebrate the Day - Kentucky Derby 9:30 Meditation & Exercise 10:00 Show & Tell. 11:00 Karin & Charles Performing 2:00 Blind Bingo 3:00 The Kentucky Derby 6:15 Confession w/Father Martin 6:30 Catholics Mass</div>
<div>7</div> <div>Celebrate the Day - National Lemonade Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Bingo 2:00 Rosalyn & Sons Performing 3:30 Ride to Nowhere and Italian Ice Lemonade</div>	<div>8</div> <div>Celebrate the Day - World Red Cross Day! 9:00 Lion Country Safari 9:30 Chair Yoga w/Rae 11:00 Coloring w/ Betty 2:00 Walgreens 2:00 Let's get Creative. 3:30 Social Ice Cream "Floats" 4:00 Sit & Chat</div>	<div>9</div> <div>Celebrate the Day - Peter Pan Day! 9:30 Meditation & Exercise 10:00 Rummikub 11:00 Creating W/Clay 2:00 Monthly Birthday Party. 3:30 Movie Time "Peter Pan" (1953)</div>	<div>10</div> <div>Celebrate the Day - World Lupus Day! 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Luna Italian Cuisine" 11:00 Creating W/Taty 1:30 Catholic Eucharistic Minister 2:00 Publix / Relax Coloring 3:30 Play Cards "Rummy"</div>	<div>11</div> <div>Celebrate the Day - Twilight Zone Day! 9:30 Meditation & Exercise 10:30 Twilight Zone Trivia 11:00 Blind Bingo 1:30 Painting w/ Valerie 2:30 Puppet Show 3:30 Happy Hour W/Linda Kane</div>	<div>12</div> <div>Celebrate the Day - National Nutty Fudge Day! 9:00 Drumming 10:15 Play 5 Crowns 11:00 Let's Get Creative 3:00 Lou Performing 4:15 Dance Club W/ Jodi</div>	<div>13</div> <div>Celebrate the Day - National Miniature Golf Day! 9:30 Meditation & Exercise 10:00 Show Tell 11:00 Cesar Performing 2:30 Bob Performer 3:30 Blind Bingo 4:30 Play Mini Golf</div>
<div>14</div> <div>Celebrate the Day - Mother's Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Special Bingo 2:30 David Pearl Performing & Mother's Day Celebration 4:30 Sit & Chat Mother's Day National Skilled Nursing Week</div>	<div>15</div> <div>Celebrate the Day - Int'l Day of Families! 9:15 Chair Yoga w/Rae 10:30 Retail Therapy "Style Encore" 11:00 Coloring w/ Betty 2:00 Walgreens 2:00 Let's get Creative. 3:30 Shuffleboard 4:30 Sit & Chat.</div>	<div>16</div> <div>Celebrate the day - National Barbecue Day! 9:30 Meditation & Exercise 10:00 Rummikuk 11:00 Play Bingo 2:00 Let's Get Creative 3:30 Movie Time "The Horse Whisperer"</div>	<div>17</div> <div>Celebrate the Day - A Day for Acceptance! 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Nostalgia Greek & Italian Kouzine" 11:00 Creating W/Taty 1:30 Catholic Eucharistic Minister 2:00 Publix / Relax Coloring 3:30 Play 5 Crowns</div>	<div>18</div> <div>Celebrate the Day - National Cherry Cobbler Day! 9:30 Meditation & Exercise 10:30 Brain Games 11:00 Blind Bingo 1:30 Painting w/ Valerie 3:00 Mitch Performer 4:00 Sit, Chat & Play Outside Games</div>	<div>19</div> <div>Celebrate the Day - National Pizza Party Day! 9:00 Drumming 10:15 Play 5 Crowns. 11:00 Silver Wings Performing 12:00 Pizza Party 2:00 Let's Get Creative 4:00 Dance Club w/ Jodi</div>	<div>20</div> <div>Celebrate the Day - Int'l Red Sneaker's Day: Food Allergy Awareness! 10:00 Show Tell 11:00 Karin & Charles Performing 2:00 Blind Bingo 3:30 Learn a New Language 4:15 Go for a Ride Armed Forces Day</div>
<div>21</div> <div>Celebrate the Day - International Tea Un Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Bingo 2:00 Rosalyn & Sons Performing 3:30 Tea Party</div>	<div>22</div> <div>Celebrate the Day - National Vanilla Pudding Day! 9:15 Chair Yoga w/Rae 10:30 Retail Therapy "Marshall" 11:00 Coloring w/ Betty 2:00 Walgreens 2:00 Let's get Creative. 3:30 Social Ice Cream 4:30 Sit & Chat. Victoria Day (Canada)</div>	<div>23</div> <div>Celebrate the day - World Turtle Day! 9:30 Meditation & Exercise 10:00 Rummikub 11:00 Play Bingo 2:00 Let's Get Creative 3:30 Movie Time "Racing Stripes"</div>	<div>24</div> <div>Celebrate the Day - Brother's Day! 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Casa Giuseppe's" 11:00 Creating W/Taty 1:30 Catholic Eucharistic Minister 2:00 Publix / Relax Coloring 3:30 Play Cards "Rummy"</div>	<div>25</div> <div>Celebrate the Day - National Wine Day! Shavuot Begins! 9:30 Meditation & Exercise 10:00 Card Sharks 11:00 Blind Bingo/Mind & Melody 1:30 Painting w/ Valerie 3:30 Happy Hour W/ Matt Performer Shavuot Begins</div>	<div>26</div> <div>Celebrate the Day - Duke's Day! 09:00 Drumming 10:00 Play 5 Crowns 11:00 Let's get Creative. 1:30 Carla Holbrook Performing 3:30 Italian Ice Cones.</div>	<div>27</div> <div>Celebrate the Day - National Grape Popsicle Day! 9:30 Meditation & Exercise 10:30 Show Tell 11:00 Play Bingo 3:00 David Pearl Performing 4:00 Go for a Ride & Enjoy a Grape Popsicle</div>
<div>28</div> <div>Celebrate the Day - National Hamburger Day! 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Bingo 11:30 Lunch Bunch Mc Donald's and Enjoy a Cone Ice Cream 3:00 Lauren Performance 4:15 Sit and Chat</div>	<div>29</div> <div>Celebrate the Day - Memorial Day! 9:15 Memorial Day Parade 9:15 Chair Yoga w/ Rae 11:00 Coloring w/ Betty 2:00 Walgreens 2:00 Let's get Creative. 3:30 Shuffleboard 4:30 Sit & Chat. Memorial Day</div>	<div>30</div> <div>Celebrate the day - National Creativity Day! 9:30 Meditation & Exercise 11:00 Play Bingo 2:00 Let's Get Creative 3:30 Movie Time "Hacksaw Ridge"</div>	<div>31</div> <div>Celebrate the Day - World No Tobacco Day! 9:30 Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Casa Giuseppe's" 11:00 Creating W/Taty 1:30 Catholic Eucharistic 2:00 Publix / Relax Coloring 3:30 Play 5 Crowns</div>	<div>Grand Oaks Assisted Living of Palm City</div>		



4th Annual Classic Car Show



Easter Lunch



Edith's 100 Birthday





Calendar Spotlight



**Our Roots
Run Deep
IN OUR
COMMUNITY**



*Monday &
Tuesdays*

Manicure & Pedicure



Fridays!

Dance Classes with Jodi
4:00 pm



May 8th

Lion Country Safari
Drive-Thru Adventure

**APRIL SHOWERS
Bring
MAY FLOWERS**

Guess the resident answer: Ken R.

JUMPSTART Cinco de Mayo Vocabulary

Test Your Spanish Word Power

Here are some Spanish words you may commonly hear around Cinco de Mayo. See if you can match them to their meanings.



Mariachi •	• A cocktail made with tequila and citrus fruit juice. Means 'pearl' in Spanish
Fiesta •	• A papier-mache party decoration filled with sweets and hung up to be broken open with a stick by a blind-folded person
Maraca •	• A small piece of tortilla, typically topped with melted cheese and spices
Serape •	• A city in south central Mexico
Pinata •	• A folded or rolled tortilla filled with various mixtures
Nacho •	• A broad-brimmed felt or straw hat
Taco •	• A type of traditional Mexican folk music
Burrito •	• Friend
Amigo •	• Hollow gourd or gourd-shaped container filled with beans or similar objects
Margarita •	• A festival or religious holiday
Puebla •	• A shawl or blanket worn as a cloak
Sombrero •	• A tortilla rolled around a savoury filling, typically of minced beef or beans