

MAY 2022

**Management
TEAM**

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY
Sales Manager

TAMMY CRAPOTTA, LPN
Nurse Manager

ROBERT ZELANO
Executive Chef

CARLOS LUGO
Sous Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

GEORGE HODGE
Maintenance

HEATHER MORRIS
Activity Manager



*A word from your
ADMINISTRATOR*

April showers bring May flowers. I see a lot of beautiful plants and flowers blooming around our community. I hope everyone takes a moment to step outside and enjoy what May has to offer.

May is going to be another busy and fun-filled month for all of our residents and staff. Nurse's week is celebrated nationally May 6-12. We would like to recognize and thank all of the nurses for the great job they do taking care of our residents each and every day!

The 148th Annual Kentucky Derby will take place on May 7. The Derby is often called "The Most Exciting Two Minutes in Sports" and is one of the most prestigious horse races in the world. To celebrate, we will again welcome the Palm City Trail Association for their horse parade. Last year was so much fun watching the beautiful horses walk around our property. And get your derby hats ready for the Derby watch party following the parade!

In April, we thoroughly enjoyed our group outing with Grand Oaks Jensen Beach to the Oceanographic Center and then lunch at the beach cafe. It was so nice getting to know and spend time with the residents of Jensen Beach. We definitely look forward to more group outings in the future. Check out some pictures in this newsletter.

Lastly, Happy Mother's Day to all of the wonderful mothers in our community. We hope you enjoy your special day, and we'll also pause this month on Memorial Day to remember and reflect on the members of our military who gave the ultimate sacrifice in secure the freedoms we enjoy today.

Laurie Allen

Laurie Allen
Administrator





*Chef's
SPECIAL*

SPRING THAI SHRIMP



Five crispy jumbo shrimp, split and tossed in a sweet with a pinch of heat Thai sauce, served over Jasmine rice and garnished with sesame oil, carrots, and scallions.



New Move-Ins Welcome!!!

Margrit & Dan L.
Josephine & John P.
Koko M.



Happy BIRTHDAY!!!



MAY
15

Edmay B.

MAY
29

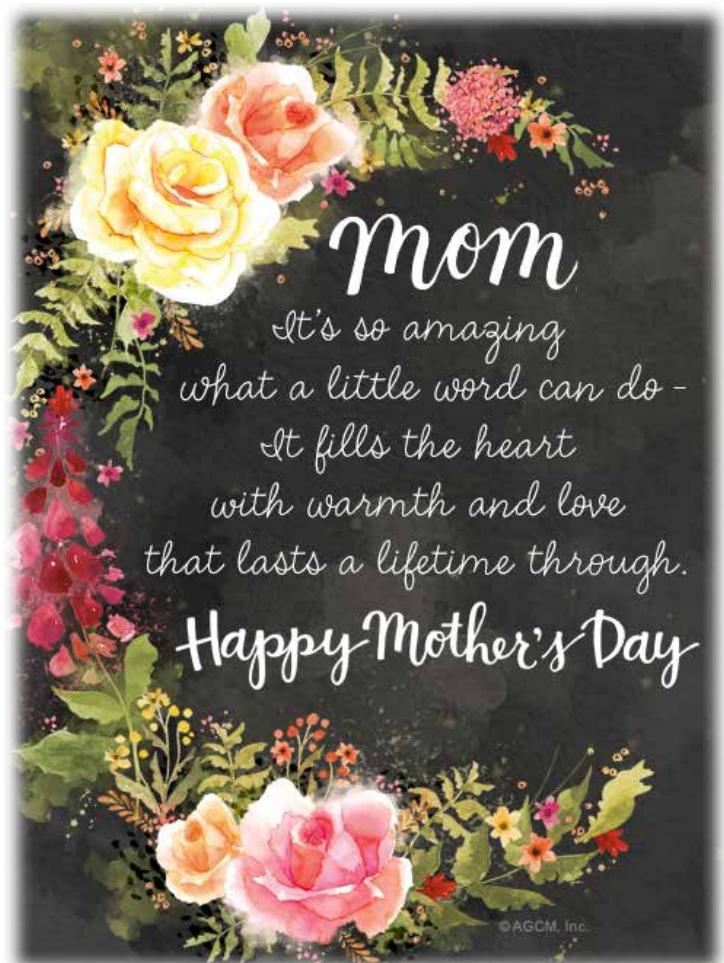
Merle K.



Guess the RESIDENT

WHO IS THE
RESIDENT?

Find out
who this
is on the
back of the
newsletter!



Employee SPOTLIGHT

BROOKE S. ACTIVITIES ASSISTANT



We are very excited to welcome back Brooke to Grand Oaks as she rejoins our team!

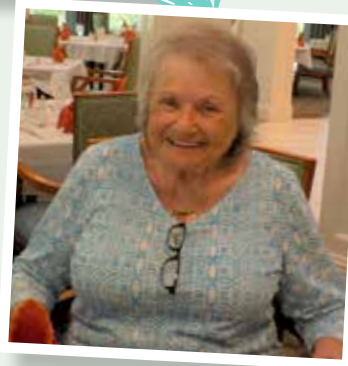
Brooke was born in Pennsylvania but moved with her family to Florida when she was five years old. She has one younger brother. Her favorite childhood memory is flying back to Pennsylvania every summer to see her grandparents and all her cousins.

Brooke attended Treasure Coast High School where she played lots of volleyball, attended their criminal justice program, was an active member of the Interact Club, and graduated with high honors.

After high school, Brooke worked at a daycare center and received her certification as a preschool teacher. One of her friends worked as an aide at Grand Oaks and told Brooke that she would be a perfect fit for the activities assistant position. Brooke wasn't looking for a new job, but she couldn't pass up the opportunity. She recently left Grand Oaks for a brief time, but is very glad to be back and is looking forward to offering new ideas and making new memories with the residents!

Fun Facts about Brooke:

- Her father was adopted and she would love to find her paternal relatives.
- She recently joined an ax-throwing league and is excited to hone in on her new skills.
- Brooke loves working at Grand Oaks because she loves that it's different every day and she can get out and about and be with the residents instead of sitting at a desk.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Celebrate the Day – <i>May Day & World Laughter Day!</i> 9:30 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 2:00 Rosalyn & Sons 3:00 Afternoon Movie May Day	2 Celebrate the Day – <i>National Herb Day!</i> 9:30 Meditation & Exercise 10:00 Exercise & Meditation 10:30 Daily Chronicles & Brain Games 11:00 Herb Garden Planting 2:00 Card Sharks 3:00 Afternoon Movie	3 Celebrate the Day – <i>National Teacher's Day and Happy Birthday, Godfather of Soul!</i> 9:30 Meditation & Exercise 10:00 Exercise & Meditation 10:30 Daily Chronicles & Brain Games 11:00 Let's Get Creative 2:00 Card Sharks 3:00 Afternoon Movie	4 Celebrate the Day – <i>May the 4th Be with You!</i> 9:30 Family Feud 10:00 Daily Chronicles & Brain Games 10:30 Zumba w/ Terri 11:00 Walgreens 1:30 Catholic Eucharistic Minister 2:00 Watch Star Wars 3:00 Publix	5 Celebrate the Day – <i>Cinco de Mayo!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Mind&Melody 1:30-3:00 Painting w/ Valerie & Jackie Robbins Performing 3:00 Cinco de Mayo Party Cinco de Mayo	6 Celebrate the Day – <i>National Beverage Day and Bubbles Day!</i> 9:30 Drumming 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along 2:00 Fresh Air Fun w/ Bubbles & Bubbly! 3:00 Afternoon Movie	7 Celebrate the Day – <i>Kentucky Derby!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along Saturday 1:00 Horse Parade w/ Palm City Trails Association 3:00 Horse Racing, Happy Hour and Derby Hats!
8 Celebrate the Day – <i>Mother's Day!</i> 9:30 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 12:00 Mother's Day Luncheon 2:00 Jeanne Martin on the Harp 3:00 Afternoon Movie	9 Celebrate the Day – <i>Hello Dolly Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Walgreens 2:00 Hello, Dolly Trivia 3:00 My Brother's Band Performing	10 Celebrate the Day – <i>The Rest of the Story Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Bingo 3:00 Monthly Birthday Party 4:00 Listen to the Rest of the Story	11 Celebrate the Day – <i>Mother Ocean Day!</i> 9:30 Family Feud 10:00 Daily Chronicles & Brain Games 10:30 Zumba w/ Terri 11:00 Trip to the Beach 1:30 Catholic Eucharistic Minister 2:00 Let's Get Creative/Gardening 3:00 Publix	12 Celebrate the Day – <i>Florence Nightingale/Nurses Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Activity Connection 2:00 Jewelry Making 3:00 Afternoon Movie	13 Celebrate the Day – <i>Top Gun Day & Happy Birthday, Stevie Wonder!</i> 9:30 Drumming 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along 2:00 Card Sharks 3:00 Harold Seay Performing	14 Celebrate the Day – <i>Migratory Bird Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along Saturday 2:00 Card Sharks 3:00 Karin and Charles Performing 4:00 Happy Hour w/ Birds
15 Celebrate the Day – <i>National Transportation Day!</i> 9:30 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Fill Your Passport 2:00 Rosalyn & Sons 3:00 Afternoon Movie	16 Celebrate the Day – <i>National Drawing Day & Neighbor Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Retail Therapy & Lunch Bunch 2:00 Fresh Air Fun 3:00 Walgreens	17 Celebrate the Day – <i>Flower Superstition Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Activity Connection 2:00 Bingo 3:00 Robert Steinberg Performing & Happy Hour 4:00 Garden Club – Flower Tutorial	18 Celebrate the Day – <i>Happy Wednesday!</i> 9:30 Family Feud 10:00 Daily Chronicles & Brain Games 10:30 Zumba w/ Terri 11:00 Lunch Bunch 1:30 Catholic Eucharistic Minister 2:00 Let's Get Creative 3:00 Publix	19 Celebrate the Day – <i>Ice Cream in the House Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Town Hall Meeting 2:00 Ice Cream Social 3:00 Afternoon Movie	20 Celebrate the Day – <i>Happy Birthday, Blue Jeans!</i> 9:30 Drumming 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along 2:00 Card Sharks 3:00 Heather Performing	21 Celebrate the Day – <i>Armed Forces Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Patriotic Sing-Along Saturday 2:00 Bingo 3:00 Karin and Charles Performing Armed Forces Day
22 Celebrate the Day – <i>College Graduation Memories Day!</i> 9:30 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 2:00 Memory Lane 3:00 Afternoon Movie	23 Celebrate the Day – <i>Jazz it Up Day, Happy Birthday, Rosemary Clooney!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Retail Therapy & Lunch Bunch 2:00 Fresh Air Fun 3:00 Walgreens Victoria Day (Canada)	24 Celebrate the Day – <i>National Scavenger Hunt Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Bingo 2:00 Card Sharks 3:00 Scavenger Hunt 4:00 Refreshments	25 Celebrate the Day – <i>National Senior Health & Fitness Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 10:30 Zumba w/ Terri 11:00 Sing-Along 1:30 Catholic Eucharistic Minister 2:00 Afternoon Exercise 3:00 Publix 4:00 Tap Dancing	26 Celebrate the Day – <i>National Brother's Day!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Mind&Melody 2:00 Fishing Game 3:00 My Brother's Band Performing	27 Celebrate the Day – <i>Top Gun 2022 Release!</i> 9:30 Drumming 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along 2:00 Watch Top Gun at the Movie Theatre 3:00 Fresh Air Fun	28 Celebrate the Day – <i>It's Your Serve Saturday!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Sing-Along Saturday 2:00 Tennis 3:00 Afternoon Movie
29 Celebrate the Day – <i>Indianapolis 500</i> 9:30 Meditation & Exercise 10:00 Worship Your Way 10:30 Daily Chronicles & Brain Games 11:00 Card Sharks 2:00 Bingo 3:00 Afternoon Movie	30 Celebrate the Day – <i>Memorial Day!</i> 9:30 Meditation & Exercise 10:30 Daily Chronicles & Brain Games 11:00 Patriotic Sing-Along 12:00 Memorial Day BBQ 2:00 Memorial Day Presentation 3:00 Walgreens Memorial Day	31 Celebrate the Day – <i>Happy Birthday, Clint Eastwood!</i> 9:30 Meditation & Exercise 10:00 Daily Chronicles & Brain Games 11:00 Bingo 2:00 Card Sharks 3:00 Afternoon Movie	<div> <div>May 2022</div> <div>Grand Oaks Assisted Living of Palm City</div> </div>			

Any Revisions or Additions to the Calendar Will Be Posted on Your Daily Agenda.

Interesting Stories and Forgotten Facts

Courtesy Greg and Alice Luckhardt
Ricou Browning, Creature Black Lagoon

The movie, Creature From the Black Lagoon, is considered a classic sci-fi horror film, shown at the Lyric Theatre June 26-28, 1954. Most people in Martin County, however, probably don't know that a local boy, Ricou Browning, played the role of the underwater creature for that thriller.

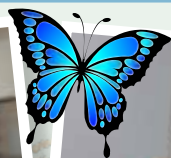
He was born February 16, 1930 and raised in Jensen Beach. Ricou's father, Clement 'Clem' Walker Browning was an auto salesman in Stuart and his mother, Inez Louise Ricou, a member of one of Jensen's pioneer families. Ricou Browning's maternal grandparents owned the R.R. Ricou and Sons Fish Company in Jensen, which at one time was among the largest fish wholesalers in South Florida!

It probably wouldn't be much of an exaggeration to state that Ricou learned to swim before he could walk. He was never far from water, whether it be the river or ocean, usually swimming and skin diving, at which he excelled. This enjoyable activity soon became a passion, as he often participated in springboard competitions and water shows, all of which would eventually lead to a career in or around the water. Before reaching the teen years, Ricou worked for Grantland Rice films as a swimmer. During the war in the '40s, the Browning family lived in Tallahassee where he was employed at Wakulla Springs, being involved there in underwater shows. He later assisted in clearing and developing Weeki-Wachee Springs as a tourist attraction in Hernando County for a friend, Newton Perry.

Ricou enlisted in the U.S. Air Force, joining the swimming team as an outstanding athlete. After military service, he attended Florida State University and in 1953, Newton Perry, who managed Wakulla Springs, asked Ricou to show the freshwater springs to Jack Arnold, a film director and Scotty Welbourne of Universal Pictures, who were scouting locations for a movie. Arriving at a deep cave in Wakulla, Ricou was filmed swimming in the spring waters with a movie camera which the two men had brought along. A few weeks later he was contacted by Arnold, who had been greatly impressed by the youth's swimming style and offered him a sizable sum of money to play the role of the 'gill-man' in Universal-International's proposed movie, Creative from the Black Lagoon. Young 23-year-old Ricou replied, "Fine. Let's have at it."

The story of the local man who starred in The Creature From the Black Lagoon continues next month...





★ MEMORIAL DAY ★

REMEMBER AND HONOR



DECORATION DAY

Memorial Day used to be called Decoration Day, named for the practice of decorating graves and memorials with flowers, wreaths, and flags.

FIRST MEMORIAL DAY

The holiday first began after the Civil War as a way to honor and mourn the approximately 620,000 Union and Confederate soldiers who died.

DAY OF REMEMBRANCE

Memorial Day is supposed to be a solemn day of remembrance of all those who died as members of the American Armed Forces.

3-DAY WEEKEND

The holiday was originally celebrated annually on May 30. The passing of the Uniform Monday Holiday Act in 1971 officially made Memorial Day the last Monday in May.

3:00 P.M.

In 2000, President Bill Clinton signed the National Moment of Remembrance Act, designating 3:00 p.m. on Memorial Day as the National Moment of Remembrance.

NATIONAL CELEBRATION

Memorial Day is commemorated annually at Arlington Cemetery in Virginia. The President or Vice President traditionally lays a wreath at the Tomb of the Unknown Soldier in remembrance.



LAND OF THE FREE BECAUSE OF THE BRAVE



According to the VA, approximately 1,190,000 U.S. servicemembers have died in service from 1775 (American Revolution) to 1991 (Desert Shield).



Calendar Spotlight



*Our Roots
Run Deep
IN OUR
COMMUNITY*



*Every
Wednesday!* } Zumba with Teri
10:30 am



May 8th } Mother's Day Luncheon
12:00 pm



May 8th } Jeanne Martin on the Harp
2:00 pm



May 30th } Memorial Day BBQ
12:00pm



Guess the Resident Answer: Joan C.

