

MARCH/APRIL 2023

## Management TEAM

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

SHARON GRISWOLD  
*EVP Finance*

LAURIE ALLEN  
*Administrator*

BETH KELLEY  
*Sales Manager*

DANIELLE CASTRO  
*Nurse Manager*

ROBERT ZELANO  
*Executive Chef*

DEBBIE ECKER  
*Human Resources  
Manager*

ANDREW VEERASAMMY  
*Facilities Manager*

OSHANE ANDERSON  
*Maintenance*

TATIANA BRACHO  
*Activity Manager*



*A word from your  
ADMINISTRATOR*

Dear Residents,

Spring is here!

**Spring**

I can't believe it is already April! I hope you have been enjoying the outdoors, the outside activities and getting some fresh air.

I am excited to announce our 4th Annual Classic Car Show it is going to be Saturday April 22nd, We will have big surprises. Food prepared for our own chef Bobby, Entertainment, Ice Cream Truck, 50/50 Raffle. Also, I want to announce that one of our residents is going to turn 100's, Edith Trumbull. Congratulations for her.

Speaking of our amazing staff members, Administrative Professional Day is April 26th. I would like to thank our wonderful front desk team for all that they do! They always have a friendly attitude and can multitask like nobody! They work hard, directing and managing visitors and employees, answering phones, scheduling appointments and been just awesome. I hope you will join us in wishing them all the best on this special Day!

I hope everyone has a wonderful month  
and a Happy Easter!

*Laurie Allen*

Laurie Allen  
Administrator

## Elliot Museum Trip





*Chef's  
SPECIAL*

ALMOND  
CRUSTED CORVINA



Fresh, firm white fish, Topped with crispy Almond coating and drizzled with Honey-Keylime Aioli. Served with Shallot confit Mashed Potatoes and your Choice of Vegetable.

*Happy  
BIRTHDAY!!!*



MAR  
28

Carol M.

MAR  
29

Helen G.

APR  
10

Maye T.

APR  
22

Edith T.



**HAPPY 100<sup>th</sup>  
BIRTHDAY Edith T.**



*New Move-Ins  
WELCOME!!*

Felicia S.  
Patty C.  
Betty K.  
Doris M.

Alene G.  
Rhoda S.  
Kril J.



*Guess the  
RESIDENT*

**WHO IS THE  
RESIDENT?**

Find out who this  
is on the back of  
the newsletter!







## Resident SPOTLIGHT

### RANDALL SANDER "RANDY"



Randy is from Evansville/Indiana. He grew up with one brother. He has an older brother his name is bob, he is in Milwaukee and a younger sister Joan, (Who you may see here in occasions), She lives here in Palm City. My favorite childhood memory was when my older brother and his friends built a big tree house on our property in the woods. Sometimes in the summer, we would camp out there and have a "hootenanny" (Thingamajig). He graduated from Reitz High School in Evansville, IN. Before coming Here he worked with his dad, he was a brick mason/ contractor and his hod carrier.. He never married; he doesn't have kids. The things he enjoyed to do are playing cards such as Five Crown Skip Bo, UNO or Clabber (a strictly Indiana Card game) He also enjoy Rummikub and Scrabble, and also drawing in adult coloring books. Something that people don't know about me "I do Wordle most mornings before I go down for breakfast." Before coming to Grand Oaks Palm City, he was in Wisconsin with his mom.

*What do you love most about living at Grand Oaks?*

The Staff and Residents at Grand Oaks are all nice and treat me like family!



## Employee SPOTLIGHT

### JOHNNY MACGREGOR (Mr. Sexy Chef)



Johnny was born in Philadelphia, Pennsylvania, (Go Birds he said) and he grew up in Port St. Lucie since he was two. He lived there until He was 22 years old. Then He moved to Stuart. He doesn't have brothers or sisters. He is the only one. His favorite childhood memory is when he was fourteen, he was fishing with his grandpa (he just smiled) —He went to St. Lucie West Centennial High School, and he finished his scholarship. He is not married but He said He has plenty of wives... His hobbies are play video games (I am a gamer), golf and fishing (but I am not doing this one anymore). Something that people don't know about me is that I was in a Navy Program in the High School, and I learnt Leadership. Before Works here at Grand Oaks Palm City, I worked at Sandhill for 4 years.

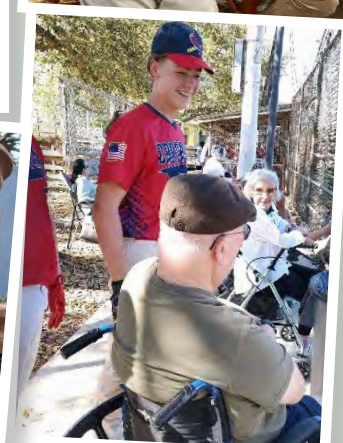
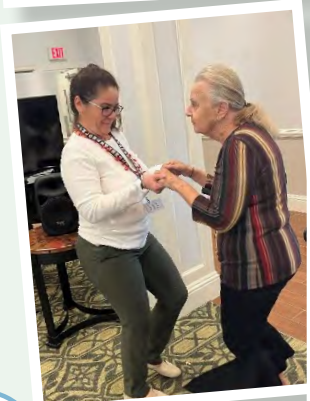
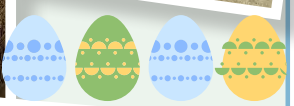
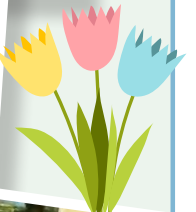
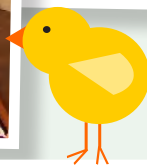
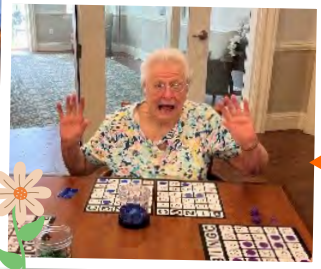
*What is your favorite thing about working at Grand Oaks of Palm City?*

The environment and the people.



| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|--|--|---|--|--|---|
|    |  |  |   |  |  | Celebrate the Day - <b>April Fool's Day!</b> <sup>1</sup><br>9:30 Meditation & Exercise<br>10:00 Show & Tell.<br>11:00 <b>Karin &amp; Charles Performing</b><br>2:00 Blind Bingo<br>3:30 <b>Learn a New Language</b><br>6:15 Confession w/Father Martin<br>6:30 <b>Catholics Mass</b><br>April Fools' Day |
| 2<br>Celebrate the Day - <b>World Autism Awareness Day</b><br>9:30 Worship your Way<br>10:30 Meditation & Exercise<br>11:00 Bingo<br>2:00 <b>Rosalyn &amp; Sons Performing</b><br>3:30 <b>Social Ice cream</b><br>Palm Sunday  | 3<br>Celebrate the Day- <b>National Film Score Day!</b><br>9:15 <b>Chair Yoga w/ Rae</b><br>10:30 Retail Therapy " <b>TJmax</b> "<br>2:00 Walgreens<br>3:30 <b>Music Therapy W/ Dr. Jeff</b>                           | 4<br>Celebrate the Day - <b>National Move More Day!</b><br>9:30 Meditation & Exercise<br>10:00 Rummikub<br>11: 00 Play Bingo<br>2:00 <b>Shuffleboard Tournament</b><br>3:30 <b>Movie Time "Saturday Night Fever"</b>                   | 5<br>Celebrate the day - <b>Crazy for Caramels Day!</b><br>9:30 Family Feud & Brain Games<br>10:30 <b>Zumba w/ Teri</b><br>11:00 Lunch Bunch " <b>Manero's</b> "<br>1:30 Catholic Eucharistic<br>2:00 Publix<br>3:30 Play 5 Crowns<br>Passover Begins                           | 6<br>Celebrate the Day - <b>Pink Moon Day!</b><br>9:30 Meditation & Exercise<br>10:30 Brain Games<br>11:00 <b>Blind Bingo/Mind &amp; Melody</b><br>1:30 <b>Painting w/ Valerie</b><br>3:30 <b>Joe Cowboy Performing</b>                        | 7<br>Celebrate the Day - <b>National Beer Day!</b><br>9:30 Drumming<br>10:15 Play 5 Crowns<br>11:00 Let's get Creative.<br>1:30 <b>Mitch Sing -A-Long</b><br>3:30 <b>Happy Hour / Enjoy a Beer</b>         | 8<br>Celebrate the Day - <b>National Empanada Day!</b><br>9:30 Meditation & Exercise<br>10:00 Show Tell<br>11:00 Blind Bingo<br>2:00 <b>Learn a New Language</b><br>3:00 <b>Lou Performing</b><br>4:30 Sit and Chat   |
| 9<br>Celebrate the Day - <b>EASTER</b><br>9:30 Worship your Way<br>10:30 Meditation & Exercise<br>11:00 Bingo<br>2:30 <b>Lobosco Performing</b><br>3:30 <b>Hunting Eggs</b><br>4:30 <b>Sit &amp; Chat</b><br>Easter Sunday   | 10<br>Celebrate the Day - <b>National Siblings Day!</b><br>9:30 <b>Chair Yoga w/Rae</b><br>10:30 Retail Therapy " <b>bells</b> "<br>2:00 Walgreens<br>3:30 <b>Shuffleboard Tournament</b><br>4:30 Play Outside Games   | 11<br>Celebrate the day - <b>National Pet Day!</b><br>9:30 Meditation & Exercise<br>10:30 Rummikub<br>11:00 <b>Creating with Clay w/Lynn.</b><br>2:00 <b>Monthly Birthday Party</b><br>3:30 <b>Shuffleboard Tournament</b>             | 12<br>Celebrate the Day - <b>National Grilled Cheese Sandwich Day</b><br>9:30 Family Feud & Brain Games<br>10:30 <b>Zumba w/ Teri</b><br>11:00 Lunch Bunch " <b>Benihana</b> "<br>1:30 Catholic Eucharistic<br>2:00 Publix<br>3:30 <b>Matt Performing</b>                       | 13<br>Celebrate the Day - <b>National Peach Cobbler Day</b><br>9:30 Meditation & Exercise<br>10:30 Brain Games<br>11:00 <b>Blind Bingo</b><br>1:30 <b>Painting w/ Valerie</b><br>3:30 <b>Linda Performance</b><br>4:30 <b>Sit &amp; Chat</b>   | 14<br>Celebrate the Day - <b>National Dolphin Day!</b><br>9:00 Drumming<br>10:15 Play 5 Crowns<br>11:00 <b>Ceasar Performance</b><br>2:30 Let's Get Creative<br>3:30 <b>Watch Real Dolphins on Webcams</b> | 15<br>Celebrate the Day - <b>Purple -Up Day!</b><br>9:30 Meditation & Exercise<br>10:00 Show Tell<br>11:00 <b>Karin &amp; Charles Performing</b><br>2:00 Blind Bingo<br>3:30 <b>Learn a New Language</b><br>4:30 <b>Walking Club</b>  |
| 16<br>Celebrate the Day - <b>National Wear your Pajamas to Workday!</b><br>9:30 Worship your Way<br>10:30 Meditation & Exercise<br>11:00 Bingo<br>2:00 <b>Rosalyn &amp; Sons Performing</b><br>3:30 <b>Movie time "Alexander and the Terrible, Horrible, Very Bad Day"</b> | 17<br>Celebrate the Day - <b>Blah, Blah, Blah Day!</b><br>9:15 Chair <b>Yoga w/Rae</b><br>10:30 Retail Therapy " <b>Kohls</b> "<br>2:00 Walgreens<br>3:30 <b>Shuffleboard Tournament</b><br>4:30 Sit & Chat            | 18<br>Celebrate the day - <b>National Animal Crackers Day!</b><br>9:30 Meditation & Exercise<br>10:00 Coffee & Teatime<br>11:00 Play Bingo<br>2:00 <b>Shuffleboard Tournament</b><br>3:30 Play 5 Crowns.<br>4:30 <b>Sit &amp; Chat</b> | 19<br>Celebrate the Day - <b>National Banana Day!</b><br>9:30 Family Feud & Brain Games<br>10:30 <b>Zumba w/ Teri</b><br>11:00 Lunch Bunch " <b>Townies</b> "<br>1:30 Catholic Eucharistic Minister<br>2:00 Publix<br>3:30 <b>Coffee &amp; Teatime</b>                          | 20<br>Celebrate the Day - <b>National Look - Alike Day!</b><br>9:30 Meditation & Exercise<br>10:30 Brain Games<br>11:00 <b>Blind Bingo</b><br>1:30 <b>Painting w/ Valerie</b><br>3:00 <b>Chiaverini Magician</b><br>4:00 <b>Sit &amp; Chat</b> | 21<br>Celebrate the Day - <b>Paper Crafts Day!</b><br>9:00 Drumming<br>10:15 Play 5 Crowns.<br>11:00 Let's get Creative.<br>2:00 <b>Silver Wings Performing</b><br>4:00 <b>Sit, Chat &amp; Play</b>        | 22<br>Celebrate the Day - <b>National Earth Day!</b><br>9:30 Meditation & Exercise<br>10:30 Show Tell<br>11:00 <b>3rd Annual Car Show</b><br>3:00 <b>Ron Finn Performing</b><br>4:00 <b>Let's Dance</b><br>Earth Day  |
| 23<br>Celebrate the Day - <b>National Picnic Day!</b><br>9:30 Worship your Way<br>10:30 Meditation & Exercise<br>11:00 Bingo<br>3:00 <b>Lauren Performance</b><br>4:00 <b>Let's Dance</b>  | 24<br>Celebrate the Day - <b>Soda Fountain Day!</b><br>9:15 Chair <b>Yoga w/Rae</b><br>10:30 Retail Therapy " <b>Ross</b> "<br>2:00 Walgreens<br>3:30 <b>Shuffleboard Tournament</b><br>4:30 <b>Soda Time "Floats"</b> | 25<br>Celebrate the day - <b>World Penguin Day!</b><br>9:30 Meditation & Exercise<br>11:00 Play Bingo<br>2:00 <b>Shuffleboard Tournament</b><br>3:30 <b>Movie Time "Happy Feet"</b>  | 26<br>Celebrate the Day - <b>National Denim Day!</b><br>9:30 Family Feud & Brain Games<br>10:30 <b>Zumba w/ Teri</b><br>11:00 Lunch Bunch " <b>City Dinner</b> "<br>1:30 Catholic Eucharistic<br>2:00 Publix<br>3:30 <b>Play Cards Time</b><br>Administrative Professionals Day | 27<br>Celebrate the Day - <b>National Devil Dog Day!</b><br>9:30 Meditation & Exercise<br>10:00 Card Sharks<br>11:00 <b>Blind Bingo/Mind &amp; Melody</b><br>1:30 <b>Painting w/ Valerie</b><br>3:00 <b>My Brother's Band</b>                  | 28<br>Celebrate the Day - <b>Superhero Day!</b><br>09:00 Drumming<br>10:00 Play 5 Crowns<br>11:00 Let's get Creative.<br>1:30 <b>Carla Holbrook Performing</b><br>3:30 Relax Coloring<br>Arbor Day         | 29<br>Celebrate the Day - <b>International Dance Day!</b><br>9:30 Meditation & Exercise<br>10:30 Show Tell<br>11:00 <b>Blind Bingo</b><br>3:00 <b>David Pearl Performing</b><br>4:00 <b>Let's Dance</b>   |
| 30<br>Celebrate the Day - <b>National Bugs Bunny Day!</b><br>9:30 Worship your Way<br>10:30 Meditation & Exercise<br>11:00 Bingo<br>2:00 <b>George Wes "Jazz"</b><br>3:30 <b>Movie Time "Space Jam"</b>  | <div>  </div>   |  |   |  |  |   |













## Calendar Spotlight



*Our Roots  
Run Deep*  
IN OUR  
COMMUNITY

**4<sup>th</sup>**  
ANNUAL

ASSISTED LIVING BY THE VNA  
PALM CITY

**Trophies  
Awarded**

# CLASSIC CAR SHOW

★ Grand Oaks Assisted Living  
★ 3550 SW Corporate Pkwy.  
Palm City, FL 34990

SATURDAY  
APRIL 22  
11:00 - 2:00 PM

★ Trophies ★  
★ Food ★  
★ Live Music by Dennis G ★  
★ 50/50 Raffle ★

Please  
bring non-  
perishable  
food items  
to benefit

- We have the Spring Shuffleboard Tournament
- Catholic Mass every first Saturday of the month at 6:30pm
- 4th Annual Classic Car Show April 22nd 11:00 am to 2:00pm
- We are going to have manicure and pedicure in the building (Mondays & Fridays )



Wednesdays!

Zumba with Teri  
10:30am



Thursdays!

Painting with Valerie  
1:30-3:00pm

Guess the resident answer: Gloria N.