

JUNE 2026 NEWSLETTER

Management  
TEAM



A word from your  
ADMINISTRATOR

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

SHARON GRISWOLD  
*EVP Finance*

ANITA TOPPING  
*Administrator*

TARA WESTER  
*Nurse Manager*

ROBERT ZELANO  
*Executive Chef*

DEBBIE ECKER  
*Human Resources  
Manager*

OSHANE ANDERSON  
*Maintenance*

TATIANA BRACHO  
*Activity Manager*

Dear Residents,

As we welcome June, we want to express our sincere appreciation to all our residents for being such an important part of the Grand Oaks family. Your friendships and spirit help make our community a warm and joyful place to call home.

This month, we are excited to celebrate CNA Appreciation Week as we honor our Certified Nursing Assistants for their compassion, dedication, and care. Their kindness makes a meaningful difference in the lives of our residents, and we are truly grateful for all they do.

We also extend heartfelt thanks to VNA of Florida, Treasure Coast Hospice, VITAS, Evolution, and Kure for their support during Nurses Appreciation Week last month. Your partnership helped make the week special for staff and residents.

We sincerely thank our kitchen staff and activities team for their wonderful work during our Mother's Day celebration. From the luncheon prepared by Chef Bobby to the warm atmosphere created for residents and families, your efforts made the day truly memorable.

We look forward to celebrating Father's Day with a special luncheon prepared by Chef Bobby and live entertainment by Ceasar, creating a fun afternoon to honor the fathers in our community. Families are warmly invited to join us.

Residents can also enjoy our monthly Pizza Party, always filled with great food and time with friends, as well as the return of our popular Tiki Boat Trips, offering a relaxing way to enjoy Florida's scenery and make new memories.

With many activities and special moments planned throughout the month, June will be filled with fun, connection, and celebration.

Thank you to our residents, families, and staff for continuing to make Grand Oaks such a special community.

Warm regards,

*Anita Topping*  
Anita Topping  
Administrator





## CHEF'S SPECIAL

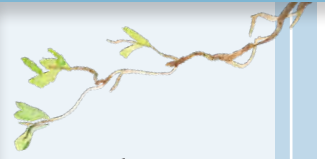
CHICKEN SAUSAGE & PEPPERS



Slightly Sweet & Smokey Apple and Chicken Sausage Grilled with slightly charred Sweet Bell Peppers and Purple Onion!



## GUESS THE RESIDENT



Find out who this is on the back of the newsletter!



## JUNE IN HISTORY

**June 14, 1777**

The Continental Congress adopts the Stars and Stripes as the official U.S. flag.

**June 20, 1782**

The Great Seal of the United States is officially adopted by Congress.

**June 18, 1885**

The Statue of Liberty arrives in New York Harbor from France.

**June 1, 1938**

Action Comics #1, featuring Superman's first appearance, is published.

**June 6, 1933**

The first drive-in movie theater opens in Camden, New Jersey.

**June 18, 1983**

Sally Ride becomes the first American woman in space.

**June 4, 1996**

The first successful cloning of a mammal, Dolly the sheep, is announced by scientists.

**June 29, 2007**

The first iPhone is released by Apple.



## Happy BIRTHDAY!



**JUNE 10**

Koko M.

**JUNE 28**

Dusty T.

**JUNE 14**

Joan C.

**JUNE 29**

Ken C.

**JUNE 17**

Patricia C.

**JUNE 30**

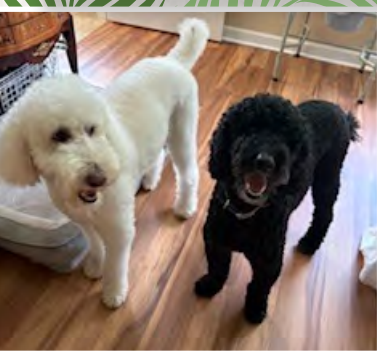
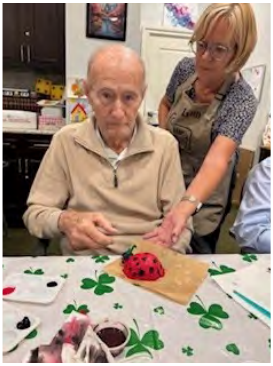
Marilyn B.



## New Move-Ins WELCOME!

Felicia O.

Patricia & Ken C.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>hello, June</p>	1 9:15 Trivia Game 10:00 CVS Pharmacy 11:00 Exercise & Mobility w/ Mary Frances 2:00 Social Tea Time & Cookies 3:30 Corn Hole	2 9:30 Coordination & Brain Exercise 10:00 Brain Game 11:00 Play Rummikub 2:00 Play Bingo 3:30 Movie Time	3 9:00 Nail's Day 10:30 Zumba w/ Teri 9:30 Zen Coloring 1:30 Catholic Eucharistic Minister 2:00 Build your Brain 3:10 Play Right, Left & Center	4 9:30 Chair Tai Chi 10:05 Music & Movement Vibes 10:30 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Corn Hole	5 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Pet Therapy 10:30 Bible Study Non Denominational By Holy Redeemer 2:00 Arts & Craft (Spring) 3:00 Social Ice Cream	6 9:30 Stretching your Body 10:30 Brain Games 11:00 Karin & Charles Performance 2:00 Play Bingo 3:20 Movie Time 6:15 Confession W/Father Martin 6:30 Catholics Mass
7 9:30 Roll the Dice 10:30 Worship your Way 11:00 Presbyterian Communion 11:00 Play Shuffleboard/Pool 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	8 9:15 Trivia Game 10:00 DMV Trip 11:00 Exercise & Mobility w/ Mary France 2:00 Social Tea Time & Cookies 3:30 Play Rummy	9 9:30 Coordination & Brain Exercise 10:00 Play Rummikub 11:00 Creating W/Clay 2:00 Play Bingo 3:30 Movie Time	10 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Lunch Bunch Manero's 1:30 Catholic Eucharistic Minister 2:00 Build your Brain 3:10 Play Right, Left & Center	11 9:30 Chair Tai Chi 10:05 Music & Movement Vibes 10:30 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Movie Time	12 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Brain Games 10:30 Bible Study Non Denominational By Holy Redeemer 2:00 Arts & Craft (Spring) 3:00 Social Ice Cream & Rummikub	13 9:30 Stretching your Body 10:30 Brain Games 11:00 Corn Hole 2:00 Play Bingo 3:20 Movie Time
14 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Shuffleboard/Pool 2:00 Play Quarter Bingo 3:30 Chat & Have a Sip of Wine  Flag Day (U.S.)	15 9:15 Trivia Game 10:00 CVS Pharmacy 11:00 Exercise & Mobility w/ Mary Frances 2:00 Social Tea Time & Cookies 3:30 Corn Hole	16 9:30 Coordination & Brain Exercise 10:00 Brain Game 11:00 Play Rummikub 2:00 Play Bingo 3:30 Movie Time	17 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Build your Brain 1:30 Catholic Eucharistic Minister 2:00 Retail Therapy "Bealls FL." 3:10 Play Right, Left & Center	18 9:30 Chair Tai Chi 10:05 Music & Movement Vibes 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Monthly Birthday Party w/ Daryl	19 Hair Salon 9:15 Chair Yoga w/Rae 10:30 Bible Study Non Denominational By Holy Redeemer 12:00 Pizza Party 2:00 Arts & Craft (Spring) 3:00 Social Ice Cream & Rummikub  Juneteenth	20 9:30 Stretching your Body 10:30 Brain Games 11:00 Play Bingo 2:00 Karin & Charles Performance 3:30:00 Corn Hole
21 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Bingo 2:00 Let's Celebrate Father's Day w/Ceasar Live Performance 3:30 Chat & Have a Sip of Wine  Summer Begins Father's Day	22 9:15 Trivia Game 10:00 Walgreens 11:00 Exercise & Mobility w/ Mary Frances 2:00 Social Tea Time & Cookies 3:30 Play Rummy	23 9:30 Coordination & Brain Exercise 10:00 Play Rummikub 11:00 Play Bingo 2:00 Boys Club 3:30 Movie Time	24 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Build your Brain 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Right, Left & Center	25 9:30 Chair Tai Chi 10:05 Music & Movement Vibes 10:00 Rummikub 11:00 Play Bingo 2:30 Tiki Boat Cruise 3:00 Corn Hole	26 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Brain Games 10:30 Bible Study Non Denominational By Holy Redeemer 12:00 Pizza Party 2:00 Arts & Craft (Spring) 3:00 Town Hall & Social Ice Cream	27 9:30 Stretching your Body 10:30 Brain Games 11:00 Corn Hole 2:00 Sophisticats Performance 3:20 Movie Time
28 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Shuffleboard/Pool 2:00 Chat & Have a Sip of Wine 3:00 Joel Piano Performance	29 9:15 Trivia Game 10:00 Bank Trip 11:00 Exercise & Mobility w/ Mary Frances 2:00 Social Tea Time & Cookies 3:30 Play Rummy	30 9:30 Coordination & Brain Exercise 10:00 Brain Game 11:00 Play Rummikub 2:00 Play Bingo 3:30 Movie Time				

Grand Oaks Assisted Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000

SUBJECT TO CHANGE



## RESIDENT SPOTLIGHT

# MARY ELLEN O'HARA



This month we are proud to spotlight our lovely resident, Mary Ellen O'Hara.

Mary Ellen grew up in Berlin, New Hampshire, alongside her three sisters. She shared that one of her favorite childhood memories was spending time mountain climbing, something she truly enjoyed during her younger years.

She attended Berlin High School, where she was very active and served as a cheerleader captain. Mary Ellen later attended nursing school in Massachusetts and continued her education at Boston College, graduating with a nursing degree.

Throughout her career, Mary Ellen worked as a dedicated VNA nurse, spending many years caring for others with compassion and kindness. In addition to her nursing career, she also raised a beautiful family of eight children — two girls and six boys.

Mary Ellen was married to her beloved husband, Dr. Richard O'Hara, for an incredible 66 years until his passing in 2023. Dr. O'Hara was a respected vascular surgeon affiliated with Harvard Medical University. One interesting fact about him was his love for golf — during his afternoons off, he achieved the impressive accomplishment of making seven holes-in-one.

Mary Ellen also shared a touching story that reflects the impact her husband had on many lives. One day, she received a phone call from the mother of a young girl whom Dr. O'Hara had operated on sixteen years earlier after a severe dog attack left injuries on her face. The little girl was only six years old at the time of the surgery. The mother called to share that her daughter was now getting married and had grown into a beautiful young woman, with no visible trace of the injuries thanks to Dr. O'Hara's remarkable work. She wanted Mary Ellen to know how grateful their family still was after all those years. Just minutes later, Dr. O'Hara arrived home and personally spoke with the woman as well, making the moment even more meaningful for both families.

In her free time, Mary Ellen enjoyed knitting, needlepointing, crocheting, and swimming. She also loves bingo and enjoys participating in activities with friends here at Grand Oaks.

One of Mary Ellen's favorite things about living at Grand Oaks is that one of her children lives nearby. She shared that she truly enjoys the food, the activities, and especially the pleasant people who work and live here. She appreciates everyone's efforts to make her stay comfortable and enjoyable.

Thank you, Mary Ellen, for sharing your wonderful story with us. We are so happy to have you as part of the Grand Oaks family!





# BETTY SMITH



This month we are excited to spotlight one of our wonderful Activity Coordinators, Betty Smith!

Betty was born in the beautiful Seychelles Islands and immigrated to the United States at the age of 17. She grew up with a large family, including one sister and six brothers. One of her favorite childhood memories was going on beach picnics with her parents and siblings.

She completed high school in the Seychelles and later attended Gavilan College in Gilroy, California.

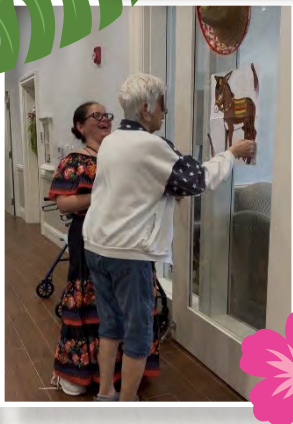
Betty has been married to her husband, Dashiell Smith, for 28 years, and together they have fur babies.

Professionally, Betty has been dedicated to helping others for many years. She is currently employed full-time with United Health Group, where this year marks her 29th year with the company. She has also been part of the Grand Oaks family since February 2024, working weekends as an Activity Coordinator.

In her free time, Betty enjoys traveling and shopping. One interesting experience she shared was seeing Queen Elizabeth II when the Queen visited her island and toured her uncle's place of employment.

Betty says her favorite thing about working at Grand Oaks is the meaningful connections she has built with the residents and their families. She loves being able to socialize and interact with everyone, helping create a warm and welcoming environment.

Thank you, Betty, for all the kindness, joy, and positivity you bring to Grand Oaks every weekend!





**Grand Oaks**  
ASSISTED LIVING BY THE VNA  
PALM CITY

*Our Roots  
Run Deep  
IN OUR  
COMMUNITY*



*Guess the Resident Answer: Carole Tracey*