Grand Oaks
ASSISTED LIVING BY THE VNA
PALM CITY

Our Roots Run Deep IN OUR COMMUNITY

JULY - AUGUST 2024

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY
Sales Manager

DANIELLE CASTRO
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
Human Resources Manager

ANDREW VEERASAMMY
Facilities Manager

OSHANE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager

A word from your ADMINISTRATOR

Dear Residents,

As we embrace August, we find ourselves standing at a crossroads between the lingering warmth of summer and the gentle whisper of autumn on the horizon. This month is a time to savor every moment, to relish the joy of summer's final days while eagerly anticipating the new season ahead.

August is a month full of vibrant celebrations and meaningful observances. It's National Dog Month—a time to cherish our loyal furry friends who bring so much joy into our lives. We'll also be marking National Happiness Happens Month with special resources and activities to help us all find more joy in our daily lives. And let's not forget National Senior Citizens Day, where we honor and celebrate the wisdom and experiences of our cherished senior community. Additionally, it's American Artist Appreciation Month, and our Activity Department is excited to explore local art galleries with you.

We've also got some fun events lined up! National Tell a Joke Day on August 16th will feature the delightful Jamie Porter, and our beloved Pizza Party is returning on August 23rd—an evening sure to bring smiles and great conversations.

The Activity Department is also planning a beach outing and would love to know if you're interested in joining. Please share your thoughts with Tatiana, our Activity Manager.
A heartfelt thank you goes out to our incredible staff for their dedication and creativity, and to all of you, our wonderful residents, for being such an integral part of the Grand Oaks of Palm City community. Here's to a fantastic August filled with joy, laughter, and connection!

Warm regards,

Laurie Allen

Laurie Allen
Administrator

Chef's SPECIAL — PONZU SALMON

Fresh Atlantic Salmon, pan seared and glazed with a citrus teriyaki sauce, served with your choice of sides or over an entree salad.

New Move-Ins *Welcome!!!*

John W.
Roger & Deborah R.
Jack & Elease E.
Gloria G.
Rose B.

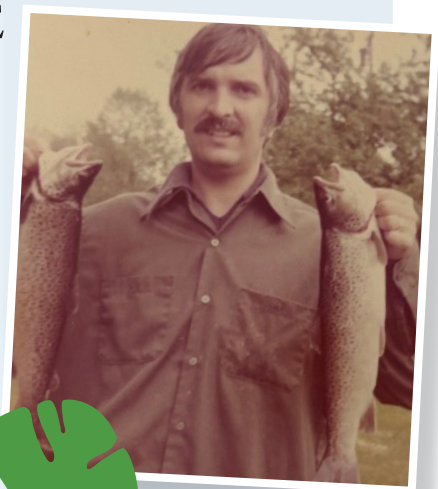
Happy BIRTHDAY!!!

JULY 01	Nan L.	AUG 01	Mildred C
JULY 04	Carl T.	AUG 08	Sylvia M.
JULY 04	Jacquie O.	AUG 18	Barbara H.
JULY 07	Rosalie P.	AUG 20	Frederick S.
JULY 07	Janet A.	AUG 30	Rose B.
JULY 25	Donna O.		
JULY 27	Alan A.		

Guess the RESIDENT

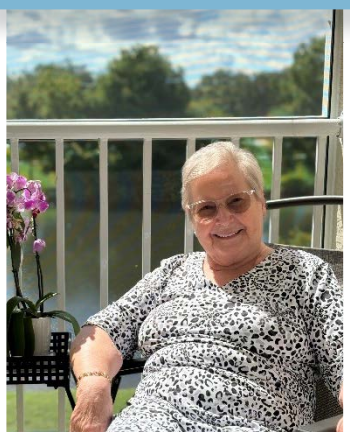
WHO IS THE RESIDENT?

Find out who this is on the back of the newsletter!



Resident
SPOTLIGHT

HUBERTA "BETTY" NACCA



Huberta Nacca, or Betty as she is known, was born in 1937 in Rotterdam, Holland. Her parents, Casper and Cora, were both of Dutch origins. They lived in Rotterdam and later emigrated to the United States in 1957.

Betty met her husband, Walter, six years later. Walter was a colorist and designed fabrics. When that industry went overseas, he later went back to school and worked in the computer industry. Betty worked in the electronics industry as a Purchasing Manager. "I was so proud of my accomplishments and excelling at my job." Betty and her husband dated for 2 years and got married in 1965. Tara, their daughter, was born in 1968. They lived in North Bergen, NJ and later moved to Parsippany, NJ and they stayed there up until Walter passed away in September 2021.

Betty is an only child, and she has one child, Tara, and one granddaughter, Cameron. She and Walter retired at 62 and both enjoyed taking care of Cameron. Tara decided to move full time to Florida in 2021 and had planned to bring Betty and Walter for the winters to stay with her. Sadly, Walter passed before that could happen, so Betty moved to Florida with Tara full time. After a fall, Betty came to Grand Oaks. She had the option to go back to Tara's home once she was up and running, but she loves her apartment, balcony and the friends she has made here. She moved to Florida not knowing anybody, but now she has a lot of friends!

Betty's hobbies are reading, listening to music (especially Jazz) and watching old movies. "I am a great movie lover!" We asked her who her hero and role model was and she said her mother and father. "We lived through WWII and the Nazi occupation. My father was out of the country fighting the Germans in the war. My mother kept me safe and fed. She had to work in a German kitchen and would hide food under her dress to bring home to me. That was very dangerous to do. The Nazis bombed Rotterdam because it was an important port city. We could see the planes coming from our attic window. My mother would wrap me up in a blanket and we'd sit under the stairwell. Usually when the houses were bombed, the stairwells were the only thing that was left. We were never hit."

Something interesting about Betty that many people don't know is she used to do a lot of sports when she was younger, and she also did ballet!

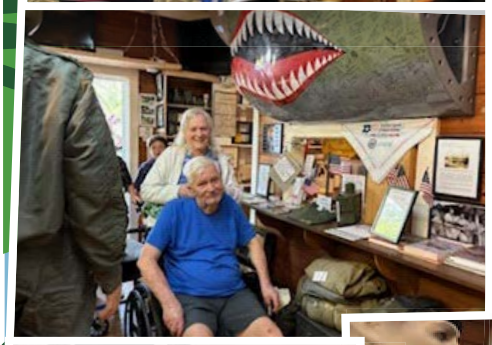
Her favorite thing about living at Grand Oaks is all the friendships she has made… and there is always a party going on!!

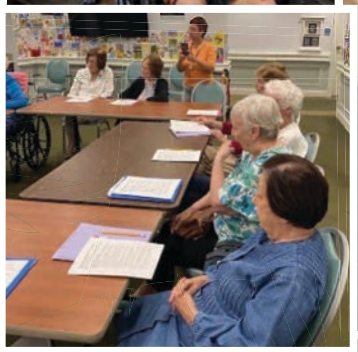
AUGUST 2024
GRAND OAKS PALM CITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Celebrate the Day - National Raspberry Cream pie Day! 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:00 Painting w/ Valerie 3:00 Mildred 100's Birthday W/ Daryl Performance Mildred Coben 100's Birthday	2 Celebrate the Day - National Coloring Book Day! Hair Salon 9:15 Chair Yoga w/Rae 10:10 Trivia Game 11:00 Be Creative 2:00 Social Teatime & Cookies 3:00 Lou Performance	3 Celebrate the Day - National Watermelon Day! 9:30 Meditation & Exercise 11:00 Karin & Charles Performance 2:00 Play Bingo 3:00 Retail Therapy "Beals" 6:15 Confession w/Father Martin 6:30 Catholics Mass
4 Celebrate the Day - National Choco Chip Cookie Day! 9:30 Worship your Way 10:45 Presbyterian Communion & Church 11:00 Play Bingo 2:30 Come and Share a Sip of Wine 3:30 Go for a Ride	5 Celebrate the Day - National Underwear day! 09:30 Drumming 11:00 Play Rummy 1:30 Be Creative W/ Terri 2:30 Social Teatime & Cookies 3:30 Play Scrabble	6 Celebrate the Day - Lucille Ball Birthday! 9:30 Build your Brain W/ Marlene 11:00 Seated Dance with Emily 2:00 Play Bingo 3:15 Movie "Lucy & Desi"	7 Celebrate the Day - National Lighthouse Day! 9:30 Trivia Game 10:30 Zumba w/ Teri 11:10 Trivia Game 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Mahjong Classes W/ Marlene	8 Celebrate the Day - National Bowling Day! 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Painting w/ Valerie 3:00 Play Bowling	9 Celebrate the Day - Book Lover's Day! Hair Salon 9:15 Chair Yoga w/Rae 10:10 Trivia Game 11:00 Be Creative 2:00 Social Teatime & Cookies 3:00 Movie "Gidget Goes Hawaiian"	10 Celebrate the Day - National Smore's Day! 9:30 Meditation & Exercise 10:30 Brain Games 11:00 Play Bingo 2:30 Joel Pianist Performance
11 Celebrate the Day - Son & Daughter Day! 9:30 Worship your Way 10:45 Presbyterian Church 11:00 Play Bingo 2:00 Trivia Game 3:00 Ceasar Performance	12 Celebrate the Day - Melon Day! 09:30 Drumming 11:00 Play Rummy 1:30 Be Creative W/ Terri 2:30 Social Teatime & Cookies 3:30 Play Jenga	13 Celebrate the Day - Summer Songs Day! 9:30 Band Exercise 10:00 Build your Brain W/ Marlene 11:00 Creating W/Clay 2:00 Play Bingo 3:15 Movie "Blue Hawaii"	14 Celebrate the Day - National Creamsicle Day! 9:00 NAIL'S DAY 10:30 Zumba w/ Teri 11:00 Lunch Bunch 1:30 Catholic Eucharistic Minister 2:00 Walgreens 3:30 Mahjong Classes W/ Marlene	15 Celebrate the Day - National Relaxation Day! 9:30 Pool Noodle Exercise 10:00 Rummikub 11:00 Play Bingo 2:30 Monthly Birthday Party W/ Joe Cowboy 3:30 Play Pool	16 Celebrate the Day - National Tell a Joke Day! Hair Salon 9:15 Chair Yoga w/Rae 10:10 Trivia Game 11:00 Be Creative 2:00 Social Teatime & Cookies 3:00 Matt Performance	17 Celebrate the Day - National Thrift Shop Day! 9:30 Meditation & Exercise 10:30 Brain Games 11:00 Play Bingo 2:00 Play Pool 3:00 Ron Performance
18 Celebrate the Day - Anniversary of Women's Right to Vote! 9:30 Worship your Way 10:45 Presbyterian Church 11:00 Play Bingo 2:30 Refreshing Italian Ice 3:30 Go for a Ride	19 Celebrate the Day- World Photo Day! 09:30 Drumming *10:30 Trivia Game* 11:00 Play Rummy 1:30 Be Creative W/ Terri 2:30 Social Teatime & Cookies 3:30 Play Scrabble	20 Celebrate the day - Chocolate Pecan Pie Day! 9:30 Build your Brain W/ Marlene 10:30 Puppies Therapy 11:00 Seated Dance with Emily 2:00 Play Bingo 3:15 Movie "An American in Paris"	21 Celebrate the Day - National Senior Citizens Day! 9:30 Trivia Game 10:30 Zumba w/ Teri 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Mahjong Classes W/ Marlene	22 Celebrate the Day - Sunflower Day! 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 2:30 Social Ice Cream 3:30 Play Pool	23 Celebrate the Day - Sponge Cake Day! Hair Salon 9:15 Chair Yoga w/Rae 10:10 Trivia Game 11:00 Be Creative 12:00 Pizza Party 2:00 Social Teatime & Cookies 3:00 Jim Performance	24 Celebrate the Day - Peach Pie Day! 9:30 Meditation & Exercise 10:30 Trivia Game 11:00 Play Bingo 2:30 Happy Hour
25 Celebrate the Day -Wizard of Oz Day! 9:30 Worship your Way 10:45 Presbyterian Church 11:00 Play Bingo 2:00 Refreshing Popsicle Time 3:30 Movie "The Wizard of Oz"	26 Celebrate the Day - National Dog Day! 09:30 Drumming 10:30 *Trivia Game* 11:00 Play Rummy 1:30 Be Creative W/ Terri 2:30 Social Teatime & Cookies 3:30 Play Chess	27 Celebrate the day - National Cinema Day! 9:30 Build your Brain W/ Marlene 11:00 Seated Dance with Emily 2:00 Play Bingo 3:30 Community Give Back	28 Celebrate the Day -Bow Tie Day! 9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Lunch Bunch 1:30 Catholic Eucharistic Minister 2:00 CVS 3:30 Mahjong Classes W/ Marlene	29 Celebrate the Day - A Hallmark Day! 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 2:00 Tiki Taxi Boat	30 Celebrate the Day - Marshmallow Toasting Day! Hair Salon 9:15 Chair Yoga w/Rae 10:10 Trivia Game 11:00 Be Creative 2:00 Social Teatime & Cookies 3:00 Movie "Maverick" 1994	31 Celebrate the Day - Remembering Princess Diana! 9:30 Meditation & Exercise 10:30 Trivia Game 11:00 Play Bingo 2:30 David Pearl Performance 3:30 Remembering 'Princess Diana"

Grand Oaks Assisted Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000

SUBJECT TO CHANGE





Employee
SPOTLIGHT

MAYELIM GONZALEZ DELGADO

Mayelim, or Maye as she is known, was born in Cuba on December 15, 1971. She has anolder brother who is seven years her senior. Maye is married and has a daughter, Lily, who also works here on weekends.

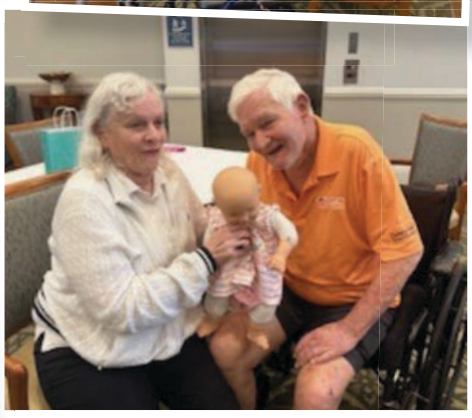
Maye's favorite childhood memory is playing in her backyard under the trees with her friends.

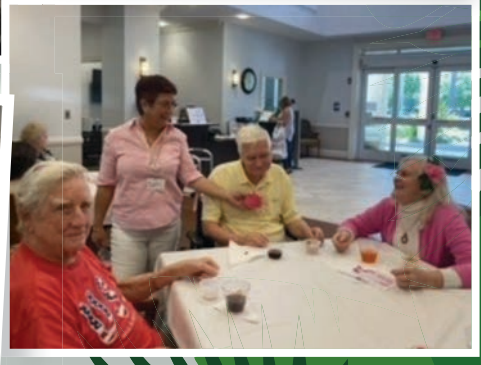
Before coming to the USA, she completed her career as a Chemistry Engineer and worked in a lab for four years. Due to changes in her country, she left her lab job and worked as a waitress at a resort in Varadero, Cuba. She also lived in Spain for four years before moving to the USA in 2021.

Maye enjoys reading and crocheting in her spare time, taking great pride in the results of her handiwork.

An interesting fact about her is that she is a Chemistry Engineer. She started working at Publix in December 2023, and a friend referred her to Grand Oaks, where she successfully applied and joined the team.

Her favorite thing about working at Grand Oaks is being helpful and seeing the residents happy.





Calendar Spotlight

Grand Oaks
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First Saturday - Catholic Mass W/ Rev. Martin Dunne at 6:30 pm
Every Sunday - Presbyterian Comunion and Chuch at 10:45 am
Every Monday - Arts & Craft with Terri at 2:00 pm
Every last Tuesday - Communitive Give Back with Evolution Rehab at 3:30 pm
Every Wednesday - Mahjong Classes with Marlene at 3:00 pm
Every Third Thursday - PuppiesTherapy By Noble Paw of Stuart at 10:30 am

Thursday, Aug. 15th — Monthly Birthday Party w/Joe Cowboy 3:00 pm

Friday, Aug. 23rd — Pizza Party 12:00 pm

Guess the Resident Answer: Ronald C.