

## JULY 2026 NEWSLETTER

### Management TEAM

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

SHARON GRISWOLD  
*EVP Finance*

ANITA TOPPING  
*Administrator*

TARA WESTER  
*Nurse Manager*

ROBERT ZELANO  
*Executive Chef*

DEBBIE ECKER  
*Human Resources  
Manager*

OSHANE ANDERSON  
*Maintenance*

TATIANA BRACHO  
*Activity Manager*



### A word from your ADMINISTRATOR

Dear Residents,

As we welcome July, we extend our heartfelt gratitude to all our residents and families for being such an important part of the Grand Oaks family. Your friendship, kindness, and trust make our community special.

We're excited to celebrate Independence Day and the 250th Anniversary of the United States with a special luncheon prepared by Chef Bobby. It's a wonderful opportunity to honor our nation's history while enjoying time with friends, family, and neighbors.

Thank you to our Kitchen Team and Ceasar for helping make our Father's Day celebration memorable, and to VNA of Florida, Kure, VITAS, Evolution, Balanced Wellbeing, Treasure Coast Hospice, Park Pharmacy, and all our sponsors for their generous support during CNA Appreciation Week as we recognized our outstanding caregivers.

We are thrilled to share that our first Wine Tasting Social and annual Casino Night were tremendous successes. Residents enjoyed opportunities for conversation, laughter, friendly competition, and new experiences. Thank you to everyone who helped make these events such a success.

July will be filled with exciting activities, including the return of our popular Tiki Boat Cruises, our monthly Birthday Celebration with Linda Kane, visits from Ceasar, Daryl, Joel, and Silver Wings, and new opportunities to keep residents engaged and connected. And if the rumors are true that Santa is spending his summer vacation in Florida, don't be surprised if Grand Oaks celebrates Christmas in July with festive activities and seasonal treats!

We would also like to recognize our outstanding Housekeeping Team, especially Oashane, for their dedication and hard work. Their attention to detail helps keep our community clean, comfortable, and welcoming every day.

Most importantly, thank you to our residents. Your stories, smiles, friendships, and daily presence make Grand Oaks feel like home. We look forward to making more wonderful memories together this month!

Warm regards,

*Anita Topping*  
Anita Topping  
Administrator



CHEF'S SPECIAL

MADEIRA CHICKEN



Sautéed chicken with caramelized onions and mushrooms, deglazed with Madeira wine, cooked to perfection, and finished with melted mozzarella cheese. Served over a fresh egg noodle pasta nest.



Happy BIRTHDAY!



JULY 5

Gertrude S.

JULY 7

Rosalie P.

JULY 17

Shirley W.

JULY 7

Janet A.

JULY 25

Donna O.

JULY 9

Juanita M.

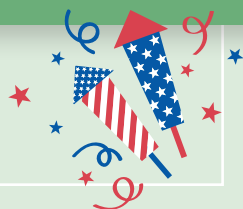
JULY 27

Alan A.



New Move-Ins WELCOME!

Gertrude S.  
Judy R.  
Jeffery F.



GUESS THE RESIDENT



Find out who this is on the back of the newsletter!



JUNE IN HISTORY

July 4, 1776

Congress adopted the Declaration of Independence, formally severing ties with Britain.

July 1, 1863

The Battle of Gettysburg began.

July 22, 1933

Wiley Post became the first person to fly solo around the world.

July 17, 1955

Disneyland opened in California.

July 29, 1958

Congress establishes NASA.

July 20, 1969

Neil Armstrong became the first human to walk on the Moon during Apollo 11.

July 31, 1971

Apollo 15 astronauts became the first to drive a vehicle on the Moon.

July 29, 1981

Prince Charles and Lady Diana Spencer married in a globally televised ceremony.



# Grand Oaks Assisted Living July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00 Nail's Day <b>10:30 Zumba w/ Teri</b> 9:30 Zen Coloring <b>1:30 Catholic Eucharistic Minister</b> 2:00 Build your Brain 3:10 Play Five Crowns Canada Day	2 <b>9:30 Chair Tai Chi</b> 10:05 Trivia Challenge 10:30 Rummikub 11:00 Play Bingo <b>1:30 Watercolor w/ Valerie</b> 3:00 Corn Hole	3 Hair Salon <b>9:15 Chair Yoga w/Rae</b> 10:00 Brain Games <b>10:30 Bible Study Non Denominational By Holy Redeemer</b> 2:00 Arts & Craft 3:00 Town Hall & Social Ice Cream	4 9:30 Stretching your Body 10:30 Brain Games <b>11:00 Karin &amp; Charles Performance</b> 2:00 Play Bingo <b>3:30 Let's Celebrate 4th July 250 years</b> <b>6:15 Confession W/Father Martin</b> <b>6:30 Catholics Mass</b> Independence Day (U.S.)
5 9:30 Roll the Dice 10:30 Worship your Way <b>11:00 Presbyterian Communion</b> 11:00 Play Shuffleboard/Pool 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	6 9:15 Trivia Game 10:00 CVS Pharmacy 11:00 Meditation & Exercise 2:00 Social Tea Time & Cookies 3:30 Play Five Crowns	7 9:30 Coordination & Brain Exercise 10:00 Brain Game 11:00 Play Bingo 2:00 Social Teatime & Coffee 3:00 Play Rummikub	8 9:30 Zen Coloring <b>10:30 Zumba w/ Teri</b> 11:00 Lunch Bunch Manero's <b>1:30 Catholic Eucharistic Minister</b> 2:00 Build your Brain 3:10 Play Right, Left & Center	9 <b>9:30 Chair Tai Chi</b> 10:05 Trivia Challenge 10:30 Rummikub 11:00 Play Bingo <b>1:30 Watercolor w/ Valerie</b> <b>3:00 Daryl Performance</b>	10 Hair Salon <b>9:15 Chair Yoga w/Rae</b> 10:00 Brain Games <b>10:30 Bible Study Non Denominational By Holy Redeemer</b> 2:00 Arts & Craft 3:00 Town Hall Meeting & Social Ice Cream	11 9:30 Stretching your Body 10:30 Brain Games 11:00 Play Bingo <b>2:00 Ceasar performance</b> 3:20 Movie Time
12 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Shuffleboard/Pool <b>2:00 Mike on his Piano</b> 3:30 Chat & Have a Sip of Wine	13 9:15 Trivia Game 10:00 Walgreens 11:00 Meditation & Exercise 2:00 Social Tea Time & Cookies 3:30 Play Five Crowns	14 9:30 Coordination & Brain Exercise 10:00 Play Rummikub <b>11:00 Creating W/Clay</b> 2:00 Play Bingo 3:30 Movie Time Bastille Day	15 9:30 Zen Coloring <b>10:30 Zumba w/ Teri</b> 11:00 Build your Brain <b>1:30 Catholic Eucharistic Minister</b> 2:00 Retail Therapy "Bealls FL." 3:10 Play Five Crowns	16 <b>9:30 Chair Tai Chi</b> 10:05 Trivia Challenge 10:30 Rummikub 11:00 Play Bingo <b>1:30 Watercolor w/ Valerie</b> <b>3:00 Monthly Birthday Party w/ Linda</b>	17 Hair Salon <b>9:15 Chair Yoga w/Rae</b> 10:00 Brain Games <b>10:30 Bible Study Non Denominational By Holy Redeemer</b> 12:00 Pizza Party 2:00 Arts & Craft 3:00 Social Ice Cream & Rummikub	18 9:30 Stretching your Body 10:30 Brain Games 11:00 Corn Hole 2:00 Play Bingo 3:20 Movie Time
19 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Bingo <b>2:00 George w/ his Saxophone</b> 3:30 Chat & Have a Sip of Wine	20 9:15 Trivia Game 10:00 Bank Trip 11:00 Meditation & Exercise 2:00 Social Tea Time & Cookies 3:30 Corn Hole	21 9:30 Coordination & Brain Exercise 10:00 Play Rummikub 11:00 Play Bingo 2:00 Boys Club 3:30 Movie Time	22 9:30 Zen Coloring <b>10:30 Zumba w/ Teri</b> 11:00 Build your Brain <b>1:30 Catholic Eucharistic Minister</b> 2:00 PUBLIX 3:10 Play Right, Left & Center	23 <b>9:30 Chair Tai Chi</b> 10:05 Trivia Challenge 10:30 Rummikub 11:00 Play Bingo 2:30 Tiki Boat Cruise	24 Hair Salon <b>9:15 Chair Yoga w/Rae</b> 10:00 Brain Games <b>10:30 Bible Study Non Denominational By Holy Redeemer</b> 2:00 Arts & Craft <b>3:00 Joel Piano Performance</b>	25 9:30 Stretching your Body 10:30 Brain Games 11:00 Corn Hole 2:00 Play Bingo 3:20 Movie Time
26 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Shuffleboard/Pool 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	27 9:15 Trivia Game 10:00 Walgreens 11:00 Exercise & Mobility w/ Mary Frances 2:00 Social Tea Time & Cookies 3:30 Play Five Crowns	28 9:30 Coordination & Brain Exercise 10:00 Play Rummikub 11:00 Play Bingo <b>2:00 Silver Wings Performance</b> 3:30 Movie Time	29 9:30 Zen Coloring <b>10:30 Zumba w/ Teri</b> 11:00 Build your Brain <b>1:30 Catholic Eucharistic Minister</b> 2:00 PUBLIX 3:10 Play Five Crowns	30 <b>9:30 Chair Tai Chi</b> 10:05 Music & Movement Vibes 10:30 Rummikub 11:00 Play Bingo <b>1:30 Watercolor w/ Valeri</b> 3:00 Corn Hole	31 Hair Salon <b>9:15 Chair Yoga w/Rae</b> 10:00 Brain Games <b>10:30 Bible Study Non Denominational By Holy Redeemer</b> 2:00 Arts & Craft 3:00 Social Ice Cream & Rummikub	

Grand Oaks Assisted Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000

SUBJECT TO CHANGE



# SHAYLA WILLIAMS



This month, we are excited to recognize Shayla Williams, one of the friendly faces who helps make Grand Oaks feel welcome every day.

Shayla grew up in Coral Springs, Florida, alongside her two brothers and one sister. As the youngest sibling, she has many fond memories of spending time with her family. One of her favorite childhood memories is going to the beach every Sunday, enjoying the sunshine and creating lasting memories together.

She attended Nova High School and later continued her education at Bethune-Cookman University in Daytona Beach, Florida. Before joining the Grand Oaks team, Shayla spent the last seven years working as a preschool teacher, where she developed the patience, compassion, and communication skills that continue to serve her well today.

Shayla is the proud mother of a beautiful four-year-old daughter, Zariya, who is excited to begin kindergarten soon. Being a mother is one of the greatest joys in her life.

When she's not working, Shayla enjoys staying active by working out, going to the gym, and spending time outdoors. Her energetic personality doesn't stop there—she is also currently enrolled in school pursuing a degree in Nursing and works as a part-time cheerleading coach.

One thing that stands out about Shayla is her genuine desire to help others. When asked what she enjoys most about working at Grand Oaks, she shared: "I've always enjoyed helping others and being there for people. I enjoy being able to help, even in small ways, whether it's answering questions, assisting families, or making the residents smile."

We are grateful to have Shayla as part of the Grand Oaks family. Her warm personality, dedication, and caring spirit make a positive impact on residents, families, and staff every day.





# RESIDENT SPOTLIGHT

## MARIETTA "DUSTY" TIERNEY



This month, we are proud to spotlight Marietta "Dusty" Tierney, a cherished member of our Grand Oaks family.

Dusty grew up in the beautiful state of South Dakota, where she was raised alongside her four sisters and one brother. Some of her fondest childhood memories come from life on the family farm, where she enjoyed riding horses and spending time outdoors. Those early experiences helped shape her love for family, hard work, and simple pleasures.

After graduating from high school in South Dakota, Dusty continued her education at the University of South Dakota, where she met her husband. Following college, they moved to California, where she began a career working in the banking industry.

Dusty was married to her husband, Thomas Egan, for 39 years and together they built a beautiful family. She is the proud mother of two daughters and one son, grandmother to five grandchildren, and great-grandmother to five great-grandchildren. Her late husband proudly served in the United States Marine Corps during the Korean War, a service she remembers with great pride and respect.

Dusty is an accomplished golfer, tennis player and bridge player! "Life Master"

When asked what she enjoys most about living at Grand Oaks, Dusty shared: "I like living here because the staff and residents are very friendly."

We are honored to have Dusty as part of our community. Her warm spirit, life experiences, and love for family make her a wonderful example of the amazing residents who call Grand Oaks home.





**Grand Oaks**  
ASSISTED LIVING BY THE VNA  
PALM CITY

*Our Roots  
Run Deep  
IN OUR  
COMMUNITY*



*Guess the Resident Answer: Joanne G.*