

JANUARY 2026 NEWSLETTER

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

TARA WESTER
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

OSHA NE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



A word from your ADMINISTRATOR

Dear Residents and Families,

As we welcome the New Year 2026, I want to begin by expressing my heartfelt gratitude to each of you. Your kindness, generosity, and continued support truly make Grand Oaks Palm City a special place to call home.

Thank you to our residents for your generous contributions to the Employee Fund and for the beautiful gifts shared with our staff during our Christmas celebration. Your thoughtfulness means more than words can express and bring great joy to our entire team. We are also deeply grateful to our wonderful vendors for their continued partnership, support, and dedication to our community.

We are especially excited to share a very special milestone this month. Our beloved resident Dolly Werner will be celebrating her 100th birthday on January 20th! We look forward to honoring Dolly and celebrating this incredible milestone with her as she reaches this truly wonderful age.

As we begin the new year, please know that we are actively working on new and exciting activities to enhance your daily life and create even more opportunities for fun, engagement, and connection. We look forward to sharing these with you very soon. We are also excited to celebrate Activity Professionals Week from January 19th through January 23rd. Please join us in showing appreciation to our incredible Activity team, who work tirelessly to bring joy, creativity, and meaningful experiences to our residents every day.

Don't forget to mark your calendar for our Pizza Party on January 23rd, and we are thrilled to announce that our friend Ashley Cooper will be returning at the end of January with his wonderful performance. We can't wait to enjoy another fantastic show together!

Thank you for being such an important part of the Grand Oaks Palm City family. We look forward to a joyful, healthy, and fulfilling year ahead.

Warm regards,

Anita Topping
Anita Topping
Administrator





CHEF'S
SPECIAL

CHICKEN
DIANE



Breast of Chicken, Pan Seared and Flambéed with Brandy, finished with Mushrooms, Shallots, Dijon, Green Peppercorns, and a touch of Cream



Happy
BIRTHDAY!



JAN
13

Robert "Bob" G.

JAN
20

Marguerite W.

JAN
25

Gloria C.

JAN
25

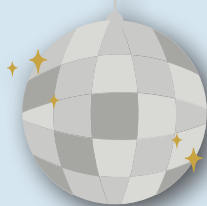
Marjorie M.

JAN
26

Maxine C.

JAN
30

Shirley M.



JANUARY 2026
QUIZ CORNER

1. How many sides does every snowflake have?
2. What phenomenon brings freezing air from the North Pole?
3. When does winter officially start in the Northern Hemisphere?
4. What's the largest snowflake ever recorded?
5. Where are the first Winter Olympics held?
6. What color are polar bears?
7. What year did Alaska become a state?
8. What are the birthstone and birth flower for January?

answers on back cover



GUESS THE
RESIDENT

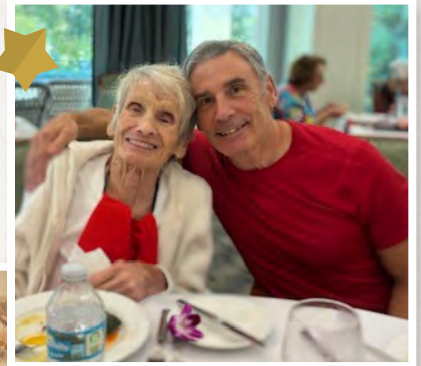
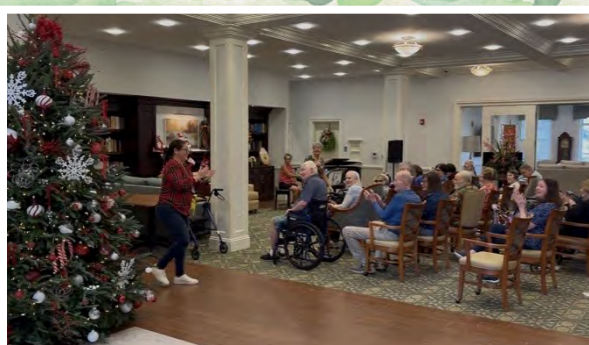


*Find out
who this
is on the
back of the
newsletter!*



New Move-Ins
WELCOME!

- Janet Mac.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
			January	9:30 Chair Tai Chi (TV) 10:00 Rummikub 11:00 Play Bingo 2:00 Toast for the New Year 3:30 Movie Time	Hair Salon 9:15 Chair Yoga w/Rae 10:15 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Karin & Charles Performance 2:00 Play Bingo 3:10 Play Shuffleboard/Pool 6:15 Confession W/Father Martin 6:30 Catholics Mass
4 9:30 Stretching your Body 10:30 Worship your Way 11:00 Presbyterian Communion 11:00 Sing Along 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	5 9:00 Drumming 10:30 Walgreens 11:00 Build your Brain 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	6 9:15 Strech your Body 10:00 Mini Manicure 11:00 Play Bingo 2:00 Play Pokeno 3:30 Movie Time	7 9:00 NAIL'S DAY 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Lynora's Rest." 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 2:00 Sing Along W/ Jodi (MC) 3:10 Play Dominos	8 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:30 Play Shuffleboard/Pool	9 Hair Salon 9:15 Chair Yoga w/Rae 10:00 Pet Therapy 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream	10 9:30 Exercise & Guided Meditation 10:30 Brain Games 9:30 Zen Coloring 2:00 Play Bingo 3:20 Movie Time
11 9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Shuffleboard / Pool 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine	12 9:00 Drumming 10:30 CVS Pharmacy 11:00 Build your Brain 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	13 9:15 Strech your Body 10:00 Mini Manicure 11:00 Creating W/Clay 2:00 Play Pokeno 3:30 Play Pool	14 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Retail Therapy "Bealls FI" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Dominos	15 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Monthly Birthday Party W/ Linda	16 Hair Salon 9:15 Chair Yoga w/Rae 10:15 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Town Hall Meeting & Ice Cream	17 9:30 Exercise & Guided Meditation 10:30 Brain Games 3:30 Play Shuffleboard/Pool 2:00 Play Bingo 3:20 Movie Time
18 9:30 Stretching your Body 10:30 Worship your Way 11:00 Sing Along 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine Activity Professionals Week	19 9:00 Drumming 10:30 Bank Trip 11:00 Build your Brain 2:00 Social Tea Time & Cookies 3:30 Play Rummikub Martin Luther King Jr. Day	20 9:15 Strech your Body 10:00 Mini Manicure 11:00 Play Bingo 2:00 Dolly W. 100th Birthday Party 3:30 Movie Time	21 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Duffy's Rest." 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Dominos	22 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 My Brother's Band Performance	23 Hair Salon 9:15 Chair Yoga w/Rae 10:15 Trivia Game 11:00 Arts & Craft 12:00 Pizza Party 1:30 Bible Study Non Denominational By Holy Redeemer 3:10 Social Ice Cream	24 9:30 Exercise & Guided Meditation 10:30 Brain Games 9:30 Zen Coloring 2:00 Play Bingo 3:20 Movie Time
25 9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Shuffleboard/Pool 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine Australia Day (Observed)	26 9:00 Drumming 10:30 Walgreens 11:00 Build your Brain 2:00 Social Tea Time & Cookies 3:30 Play Rummikub	27 9:15 Strech your Body 10:00 Mini Manicure 11:00 Play Bingo 1:30 Play Pokeno 3:00 Play Pool	28 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Retail Therapy "TjMax" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Dominos	29 9:30 Chair Tai Chi 10:00 Bake Chirstmas Cookies 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Ashley Cooper is Back	30 Hair Salon 9:15 Chair Yoga w/Rae 10:15 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:10 Social Ice Cream	31 9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Shuffleboard/Pool 2:00 Play Bingo 3:20 Movie Time



RESIDENT SPOTLIGHT

SYLVIA M.



Sylvia grew up in Ormond Beach, Florida, alongside her three brothers, Marvin, Keith, and Cody, who have since passed away. One of her favorite childhood memories is going to the beach with her mother and siblings. Sylvia fondly recalls that her mother was allergic to the sun, so their beach outings often began around 4:00 p.m., when the sun was setting and the air was cooler—simple moments that created lasting memories.

Sylvia attended Mainland High School in Daytona Beach, Florida, and later earned her college degree in Accounting and Bookkeeping in Jacksonville, Florida. After completing her education, she began her career at a French novelty store in Jacksonville, where her dedication and hard work helped her advance to the role of Credit Manager.

When Sylvia's mother became ill, she made the heartfelt decision to return to Ormond Beach to be closer to her family. There, she began a new chapter working at an elementary school as the Principal's Secretary, a role she proudly held for 30 years before retiring.

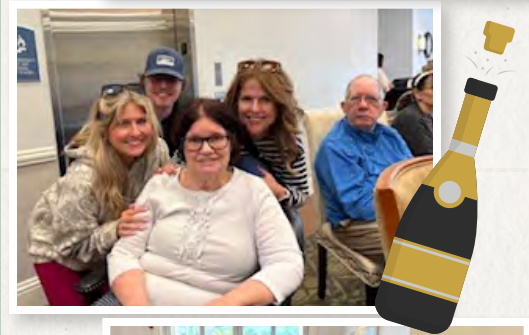
Following retirement, Sylvia lived at The Ponds Assisted Living Facility in Ormond Beach for eight years before joining our Grand Oaks Palm City family in May 2023. Sylvia has never been married, but she treasures her close-knit family, including two nephews, two nieces, three grandnieces, and one great-grand-niece.

Something that may surprise many is Sylvia's deep love for travel. She has explored the world and visited incredible destinations such as Australia, Italy, Egypt, and the Holy Land—a true adventurer at heart!



When asked what she loves most about living at Grand Oaks Palm City, Sylvia shared how much she appreciates the wonderful staff, noting how everyone is always willing and eager to assist. She especially values the kindness and care shown by the kitchen staff, nurses, and CNAs, who help make her feel supported and at home every day.

We are so grateful to have Sylvia as part of our community and thank her for sharing her beautiful life story with us.





EMPLOYEE SPOTLIGHT

JANIS KERWIN



This month, we are proud to recognize Janis Kerwin, our warm and welcoming Receptionist, who has been a valued member of the Grand Oaks Palm City team since we opened in 2016.

Janis grew up in Farmingdale, New York, alongside one brother and three sisters.

One of her favorite childhood memories is growing up in a close-knit neighborhood filled with friends. She also fondly remembers camping with her family during the summers along the Delaware River in New Jersey, creating memories that she has stayed with her throughout her life.

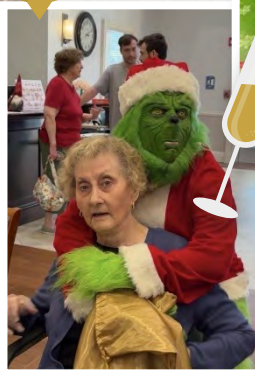
Janis attended and graduated from the State University of New York at Farmingdale. Before joining Grand Oaks, she worked for Northrop Grumman on Long Island as an Administrative Assistant. In 1995, Janis and approximately 150 co-workers were transferred to the Stuart facility, where she served as the Administrative Assistant to the Facility Manager, gaining extensive experience and demonstrating her dedication and professionalism.

Janis does not have children of her own, but she is very close to her niece and nephews, whom she considers like her own children. She loves spending time with family and enjoys traveling, playing golf, and reading in her free time.

Something interesting about Janis that many may not know is that she is a Stephen Minister at Immanuel Lutheran Church in Palm City. Through this ministry, she also brings communion to those who are unable to attend church, reflecting her compassionate spirit and commitment to serving others.

When asked what she enjoys most about working at Grand Oaks Palm City, Janis shared that she loves getting to know the residents and learning their life stories, which she finds truly meaningful and rewarding.

We are incredibly grateful for Janis and the kindness, dedication, and heart she brings to our community every day.





Calendar Spotlight



*Our Roots
Run Deep
IN OUR
COMMUNITY*

January 15th

Monthly Birthday Party
3:00pm



January 20th

Dolly's 100th Birthday Party!
2:00pm



Every Friday

Arts & Crafts
11:00am



JANUARY TRIVIA ANSWERS

1. Six
2. The Polar Vortex
3. The Winter Solstice
4. 15 inches wide
5. Chamonix, France (1924)
6. Not white! Their skin is black, and their fur is hollow and transparent
7. 1959
8. Garnet (stone) and Snowdrop (flower)

Guess the Resident Answer: William (Bill) King