

JANUARY/FEBRUARY 2023

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

LAURIE ALLEN
Administrator

BETH KELLEY
Sales Manager

DANIELLE CASTRO
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

ANDREW VEERASAMMY
Facilities Manager

OSHANE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

What a year we had!

2022 was filled with great friends and good times. We've grown closer to one another, shared laughs together, and been there for each other during tough times. All in all, we had an awesome year with our Grand Oaks family!

To celebrate the New Year, we've put together a year in review to help you reminisce on all great times we had in 2022. Here you'll find pictures from community events to holiday parties to birthdays. We've picked out the best of the best and hope you enjoy looking through these pictures as much as we did pick them out!

As always, thank you for being a part of our Grand Oaks family – it wouldn't be the same without you.

From all of us at Grand Oaks, Happy New Year!!

Laurie Allen

Laurie Allen
Administrator





*Chef's
SPECIAL*

SEA SCALLOPS PERNOD



Pan seared sea scallops, with Pernod Liqueur, chardonnay, and orange juice reduction. Finished with a touch of butter, served with saffron risotto, shaved fennel garnish and your choice of vegetable.

*Happy
BIRTHDAY!!!*



JAN
10

Gladys F.

JAN
14

DonP.

JAN
20

Marguerite W.

JAN
20

Theresa S.

JAN
29

Priscilla R.

JAN
30

Shirley M.

FEB
02

Dorothy T.

FEB
05

Gloria N.



*New Move-Ins
WELCOME!!*

Richard A.

Esther C.

James G.

Randy S.

Gladys F.

Edith T.

Katie D.

Philip &

Donald P.

Barbara C.

Did you know?

There is no need to be transported to providers in the community for the services listed below?

- Labs for bloodwork or urinalysis
- Primary Care Services (Physician appointments)
- Podiatry
- Dermatology
- Hearing Aids
- Psychology/Psychiatry

These services will be billed/submitted to your insurance carrier for payment.

If you have questions and/or would like additional information, please see our Nurse Manager, Danielle Castro.



*Guess the
RESIDENT*

**WHO IS THE
RESIDENT?**

Find out who this is on the back of the newsletter!





Resident SPOTLIGHT

MARY CATHERINE “KATIE” D.



Katie is originally from Oklahoma City. She grew up with one brother. She was three years old when her brother was born, this is her favorite childhood memory she said, “I remember that” as she smiles. He passed away when he was 60 years old.

Katie studied in OS University Home Economics for three years, but she didn’t finish, and she studied sewing dress making because she loves to sew and she wanted to be a dress designer.

She met her husband, James in 1949. They got married in 1951 and have been married for 71 years. They had three children together, one son and two daughters. She also has five grand kids and two great grand children. Her husband passed away recently in 2022 for that reason she decided to move here. Now Katie lives with us in our community Grand Oaks of Palm City!

What do you love most about living at Grand Oaks?
Everyone is so nice here.



Employee SPOTLIGHT

OSHANE ANDERSON



Oshane grew up in Manchester, Jamaica. He lived there until he was 32 years old. He has two brothers and one sister. When he was 8 years old, he was learning to swim he said is his favorite childhood memory—When he migrated to the United States, he was 32 years old, he started working in Martin Nursing & Rehabilitation in Stuart. Then He came to work at Grand Oaks of Palm City! Last year on June 24th.

What do you love most about working at Grand Oaks of Palm City?
It’s a wonderful place to work.

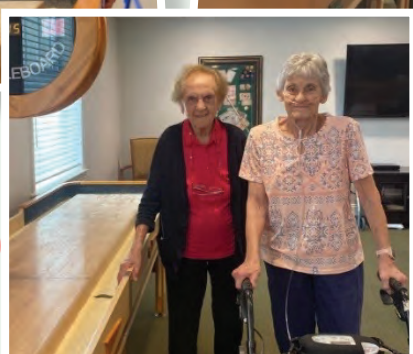
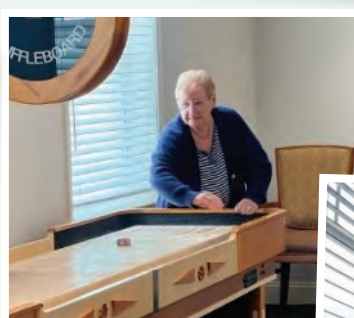
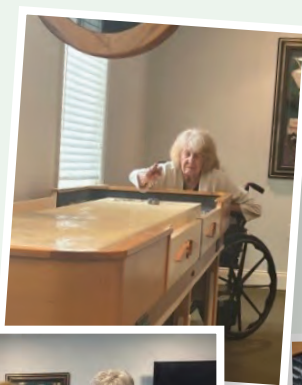
What is your favorite part about working with the residents?
The residents, they are nice to me and the employees too.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Grand Oaks Assisted Living of Palm City</div>			<div>1</div> <div>Celebrate the day - National Texas Day! 9:30 Family Feud & Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Anthony's Pizza" 1:30 Catholic Eucharistic 2:00 Publix 3:30 Get in the Valentine's Spirit</div>	<div>2</div> <div>Celebrate the Day - National Groundhog Day! 9:30 Meditation & Exercise 10:30 Brain Games 11:00 Mind & Melody 1:30 Painting w/ Valerie 3:00 Movie Time Groundhog Day</div>	<div>3</div> <div>Celebrate the Day - National Wear Red Day! 9:30 Play Cards Time 10:30 Drumming 11:00 David Pearl Performing 2:30 Let's Get Creative 3:30 Happy Hour</div>	<div>4</div> <div>Celebrate the Day - National Thank Mailman Day! 9:30 Meditation & Exercise 10:30 Show Tell 11:00 Karin & Charles Performing 2:30 Blind Bingo 4:00 Walking club W/ Betty</div>
<div>5</div> <div>Celebrate the Day - National Nutella Day 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Bingo 2:00 Rosalyn & Sons Performing 3:00 Movie Time</div>	<div>6</div> <div>Celebrate the Day - National Frozen Yogurt Day! 9:15 Chair Yoga w/ Rae 10:30 Retail Therapy "Kohls" 2:00 Walgreens 3:00 Social Ice cream</div>	<div>7</div> <div>Celebrate the Day - National Send A Card To A Friend Day! 9:30 Meditation & Exercise 10:30 Rummikub & Shuffleboard 11:00 Bingo 2:00 Mark & Kristin Thompson Performing. 3:00 Monthly Birthday Party</div>	<div>8</div> <div>Celebrate the Day - National Kite Flying Day! 9:30 Family Feud & Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Bagel Break" 1:30 Catholic Eucharistic 2:30 Publix 3:30 Movie Time</div>	<div>9</div> <div>Celebrate the Day - National Bagel and Lox Day 9:30 Meditation & Exercise 10:30 Brain Games 11:00 Mind & Melody 1:30 Painting w/ Valerie 3:30 Coffee & Teatime</div>	<div>10</div> <div>Celebrate the Day - National Cream Cheese Brownie Day! 9:30 Play Cards Time 10:30 Drumming 11:00 Arts & Craft w/ Cynthia Vitas 3:00 Lui Performing 4:00 Sit & Chat</div>	<div>11</div> <div>Celebrate the Day - National White-Shirt Day! 9:30 Meditation & Exercise 10:30 Show Tell 11:00 Lobosco Magician 2:30 Blind Bingo 4:00 Walking club W/ Betty</div>
<div>12</div> <div>Celebrate the Day - National Plum Pudding Day & Super Bowl 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Bingo 2:00 Sing -A-long w/Vito Depalmo 6:30 Super Bowl & Shared some Beers</div>	<div>13</div> <div>Celebrate the Day - Galentine's Day! 9:15 Chair Yoga w/ Rae 10:30 Retail Therapy "Ross" 2:00 Walgreens 3:30 Social Ice Cream</div>	<div>14</div> <div>Celebrate the day - Valentine's Day! 9:30 Meditation & Exercise 10:30 Rummikub & Shuffleboard 11:00 Bingo 12:00 Jodi Performing 3:00 Ron Finn Performing & Celebrate Valentine's Day Valentine's Day</div>	<div>15</div> <div>Celebrate the Day - National Singles Awareness Day! 9:30 Family Feud & Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch Toojay's 1:30 Catholic Eucharistic Minister 2:00 Publix 3:30 Coffee & Teatime</div>	<div>16</div> <div>Celebrate the Day - National Almond Day 9:30 Meditation & Exercise 10:30 Brain Games 11:00 Mind & Melody 1:30 Painting w/ Valerie 3:30 Happy Hour</div>	<div>17</div> <div>Celebrate the Day - National Caregivers Day! 9:30 Play Cards Time 10:30 Drumming 11:00 Blind Bingo 2:00 Celebrate w/ The Caregivers 3:30 Sit & Chat</div>	<div>18</div> <div>Celebrate the Day - National Drink Wine Day! 9:30 Meditation & Exercise 10:00 Show Tell 11:00 Karin & Charles Performing 3:00 Lui Performing 4:00 Walking club W/ Betty</div>
<div>19</div> <div>Celebrate the Day - National Chocolate Mint Day 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Bingo 2:00 Rosalyn & Sons Performing 3:00 Movie time</div>	<div>20</div> <div>Celebrate the Day - National Muffin Day 9:15 Chair Yoga w/ Rae 10:30 Retail Therapy "Salvation Army" 2:00 Walgreens 3:30 Matt Performing Presidents' Day</div>	<div>21</div> <div>Celebrate the day - Fat Tuesday 9:30 Meditation & Exercise 10:00 Rummikub & Shuffleboard 11:00 Bingo 2:00 Celebrate Mardi Grass 3:30 Sit & Chat Mardi Gras</div>	<div>22</div> <div>Celebrate the Day - National Margarita Day! 9:30 Family Feud & Brain Games 10:30 Zumba w/ Teri 11:00 Lunch Bunch Townies Tavern 1:30 Catholic Eucharistic 2:00 Publix 3:30 Happy Hour Ash Wednesday</div>	<div>23</div> <div>Celebrate the Day - National Banana Bread Day 9:30 Meditation & Exercise 10:00 Card Sharks & Brain Games 11:00 Blind Bingo 1:30 Painting w/ Valerie 3:30 Linda Kane Performing</div>	<div>24</div> <div>Celebrate the Day - National Tortilla Chip Day! 9:30 Play Cards Time 10:30 Drumming 11:00 Lets get Creative 1:30 Carla Holbrook Performing 3:30 Natalie Arend Performing</div>	<div>25</div> <div>Celebrate the Day - National Chili Day! 9:30 Meditation & Exercise 10:30 Show Tell 11:00 Blind Bingo 3:00 Lui Performing 4:00 Walking club W/ Betty</div>
<div>26</div> <div>Celebrate the Day - National Pistachio Day 9:30 Worship your Way 10:30 Meditation & Exercise 11:00 Bingo 2:00 Coffee & Teatime 3:00 Cesar Performing 4:00 Sit & Chat</div>	<div>27</div> <div>Celebrate the Day - National Retro Day 9:15 Chair Yoga w/ Rae 10:30 Retail Therapy "Marshalls" 11:00 Mind & Melody 2:00 Walgreens 3:30 Social Ice Cream</div>	<div>28</div> <div>Celebrate the day - National Floral Design Day 9:30 Meditation & Exercise 10:30 Rummikub & Shuffleboard 11:00 Creating w/Clay With Lynn 2:00 Blind Bingo 3:30 Walking Club with Kiki</div>	<div>February 2023</div>			

Type the name, address, and other information about your community/company here.



CHRISTMAS DOOR CONTEST WINNERS!







Calendar Spotlight

*Our Roots
Run Deep
IN OUR
COMMUNITY*



Mondays!

Retail Therapy
& Lunch Bunch
10:30am



Wednesdays!

Zumba with Teri
10:30am



Thursdays!

Painting with Valerie
1:30-3:00pm

VALENTINE'S SPIRIT WEEK

- 7th Show Love to someone
- 8th Sweet Treat Day
- 9th Crazy Hair Day
- 10th Pajamas Day
- 11th Twin Day
- 12th Red & Pink T-shirt Day
- 13th Crazy Socks Day
- 14th Dress to Impress



Guess the resident answer: Joe C.