

FEBRUARY 2026 NEWSLETTER

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

TARA WESTER
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

OSHA NE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



A word from your ADMINISTRATOR

Dear Residents,

We are excited to welcome February, a month filled with love, fun, celebration, and new opportunities to stay active and engaged!

Before we look ahead, we want to share how wonderful January was. It was a month full of laughter, meaningful activities, and many birthday celebrations.

This month, we are thrilled to introduce new activities, including:

- Fall Prevention & Mobility – focused on strength, balance, and confidence
- Armchair Travel – explore new places from the comfort of your seat
- And many more engaging and enriching programs!

Love is in the air! We will celebrate Valentine's Spirit Week from February 9th through February 13th, leading up to our Valentine's Party on February 14th, featuring music and fun with our friends The Sophisticats.

Let the good times roll! Join us for a festive Mardi Gras Luncheon prepared by Chef Bobby, followed by live music with Daryl. So, grab your masks, beads, and best Mardi Gras spirit — and let's have fun!

Don't miss these favorites: Birthday Party – February 19th, Pizza Party – February 27th (one of our residents' favorites!)

Thank you to our amazing residents for your participation and joy, and a heartfelt thank you to our dedicated staff for their hard work, care, and commitment every single day. We are truly grateful that you chose us to be your home.

February is shaping up to be a month full of connection, celebration, and joyful moments. We look forward to sharing these experiences with all of you.

With gratitude and appreciation,

Anita Topping
Anita Topping
Administrator





CHEF'S
SPECIAL

CHICKEN
POTSTICKERS



5 Chicken Dumplings Seared in Sesame Oil, garnished with Plum Sauce Drizzle, toasted sesame seeds, and green onion. Served with a side of Honey Scallion Infused Soy for dipping



Happy
BIRTHDAY!



FEB
2

Douglas S.

FEB
5

Gloria N.

FEB
22

Margie B.



New Move-Ins
WELCOME!

- Joan G.
- Janet M.



FEBRUARY 2026
QUIZ CORNER



1. What gemstone is associated with February birthdays?
2. What is the name of the weather predicting groundhog from Pennsylvania?
3. February is the only month that can sometimes pass without what lunar event?
4. Since the early 2000s, what major sporting event is usually held on the first Sunday of February?
5. What are February's birth flowers?
6. Which zodiac signs fall in February?
7. Which famous playwright mentioned February only once in all his works?
8. In which play does Shakespeare mention February?



GUESS THE
RESIDENT



Find out
who this boy
is on the
back of the
newsletter!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>February</div> <div>Grand Oaks Palm City</div>						
<div>1</div> <div> 9:30 Roll the Dice 10:30 Worship your Way 11:00 Presbyterian Communion 11:00 Sing Along 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine </div> <div>Tu B'Shevat Begins</div>	<div>2</div> <div> 9:15 Drumming 10:30 Walgreens 11:00 Build your Brain 2:00 Social Tea Time & Cookies 3:30 Play Rummikub Happy Birthday Doug! </div> <div>Groundhog Day</div>	<div>3</div> <div> 9:15 Fall Prevention & Mobility 10:00 Mini Manicure 11:00 Play Bingo 2:15 Personality Project By MacKenzie 3:30 Movie Time </div>	<div>4</div> <div> 9:00 NAIL'S DAY 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Trivia Game 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Rummikub/Dominoes </div>	<div>5</div> <div> 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Daryl Performance Happy Birthday Gloria N.! </div>	<div>6</div> <div> Hair Salon 9:15 Chair Yoga w/Rae 10:15 Pet Therapy 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream </div>	<div>7</div> <div> 9:30 Stretching your Body 10:30 Brain Games 11:00 Karin & Charles Performance 2:00 Play Bingo 3:10 Play Shuffleboard/Pool 6:15 Confession W/Father Martin 6:30 Catholics Mass </div>
<div>8</div> <div> 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Bingo 2:00 Mike on his Piano 3:30 Chat & Have a Sip of Wine 6:30 Super Bowl </div>	<div>9</div> <div> 9:15 Fall Prevention & Mobility 10:30 CVS Pharmacy 11:00 Build your Brain 1:30 Brass Fitting By Dillard's 3:30 Play Rummikub WEAR RED OR PINK </div>	<div>10</div> <div> 9:15 Drumming 10:00 Mini Manicure 11:00 Creating W/Clay 2:00 Play Pokeno 3:30 Play Pool WEAR HEARTS DAY </div>	<div>11</div> <div> 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Tapasterra" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Dominos/Pokeno BOYS DRESS IN RED / GIRLS IN PINK </div>	<div>12</div> <div> 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:30 Play Shuffleboard/Pool WEAR VALENTINE'S T-SHIRTS </div>	<div>13</div> <div> Hair Salon 9:15 Chair Yoga w/Rae 10:15 Trivia Game 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream HEART ACCESORIES DAY </div>	<div>14</div> <div> 9:30 Stretching your Body 10:30 Brain Games 11:00 Play Bingo 2:00 Sophisticats Performance 3:20 Movie Time VALENTINE DRESS UP DAY! Valentine's Day </div>
<div>15</div> <div> 9:30 Roll the Dice 10:30 Worship your Way 11:00 Sing Along 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine </div>	<div>16</div> <div> 9:15 Fall Prevention & Mobility 10:30 Bank Trip 11:00 Build your Brain 2:00 Social Tea Time & Cookies 3:30 Play Rummikub Presidents' Day (U.S.) </div>	<div>17</div> <div> 9:15 Drumming 10:00 Mini Manicure 11:00 Vote's Registration 11:00 Play Bingo 2:30 Fat Tuesday Party W/ Daryl 4:00 Play Pool Mardi Gras / Ramadan Begins Chinese New Year </div>	<div>18</div> <div> 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Retail Therapy "bealls Outlet" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Rummikub/Dominoes </div>	<div>19</div> <div> 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Monthly Birthday Party W/ Linda </div>	<div>20</div> <div> Hair Salon 9:15 Chair Yoga w/Rae 10:15 Pet Therapy 11:00 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Town Hall Meeting & Ice Cream </div>	<div>21</div> <div> 9:30 Stretching your Body 10:30 Brain Games 11:00 Guess the Song 2:00 Play Bingo 3:00 Ron F. Performance </div>
<div>22</div> <div> 9:30 Roll the Dice 10:30 Worship your Way 11:00 Play Shuffleboard/Pool 2:00 Play Bingo 3:30 Chat & Have a Sip of Wine Happy Birthday Margie B.! </div>	<div>23</div> <div> 9:15 Fall Prevention & Mobility 10:30 Walgreens 11:00 Build your Brain 2:00 Social Tea Time & Cookies 3:30 Play Rummikub </div>	<div>24</div> <div> 9:15 Drumming 10:00 Mini Manicure 11:00 Play Bingo 1:30 Play Pokeno 3:00 Movie Time </div>	<div>25</div> <div> 9:30 Zen Coloring 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Maya's Rest." 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:10 Play Dominos/Pokeno </div>	<div>26</div> <div> 9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 My Brother's Band Performance </div>	<div>27</div> <div> Hair Salon 9:15 Chair Yoga w/Rae 10:15 Trivia Game 11:00 Arts & Craft 12:00 Pizza Party 1:30 Bible Study Non Denominational By Holy Redeemer 3:10 Social Ice Cream </div>	<div>28</div> <div> 9:30 Stretching your Body 10:30 Brain Games 11:00 Guess the Song 2:00 Play Bingo 3:20 Movie Time </div>

Grand Oaks Assisted Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000

SUBJECT TO CHANGE



RESIDENT SPOTLIGHT

CAROL M.



Carol Moran was born in March 1966 in Waterbury, Connecticut. She grew up in Stamford, CT, alongside her three sisters and one brother, who sadly passed away. Carol attended Stamford High School and has many fond memories from her childhood.

One of her favorite childhood memories is going on vacation with her sister Janet. She remembers those trips as full of fun, laughter, and fishing—moments she still treasures today.

Carol is single and has never been married. She enjoys staying mentally active by playing Scrabble and Rummikub and loves traveling with her sister. Before moving to Grand Oaks Palm City, Carol worked for six years as a school aide. One of her most memorable (and amusing) parts of the job was breaking up student fights! After that, she worked as a resource conservation worker, assembling and bagging items on an assembly line.

Something truly special about Carol is her wonderful sense of humor—she is very funny and always brings smiles to those around her. One of the happiest moments of her life was when she was in sixth grade and received her beloved bird, George, a Scarlet Macaw. Carol taught George to talk, and he would happily say things like “Hello,” “Cracker,” “Come here,” and “Up.” George lived to be an incredible 45-year-old and held a very special place in her heart.

Carol’s favorite thing about living at Grand Oaks Palm City is meeting new people and interacting with the ladies during Zumba—she absolutely loves Zumba! She also enjoys watercolor painting and being part of the vibrant community.

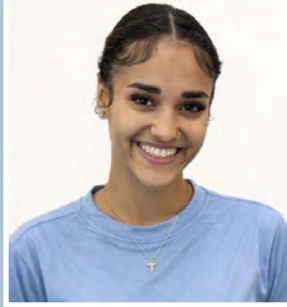
We are so happy to have Carol as part of our Grand Oaks family and are proud to spotlight her this February!





EMPLOYEE SPOTLIGHT

MIA JUSTO SERVER



Mia Justo was born on April 4, 2005, and grew up in the Bronx, New York. She comes from a close-knit family and has two brothers and one sister. One

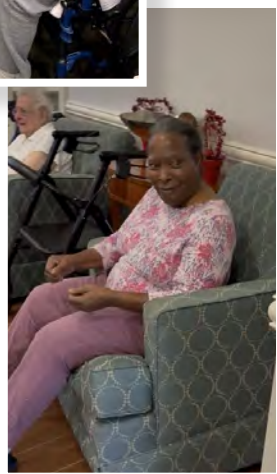
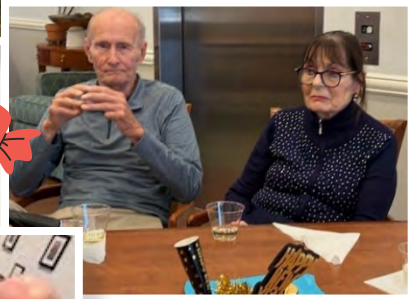
of her favorite childhood memories is traveling to the Dominican Republic and spending quality time with her family. As Mia shares, "We used to stay at a resort and then visit family in the city."

Mia attended high school in New Jersey before transferring to Port Saint Lucie, where she completed her studies. She is not married and has no children, but she does have a boyfriend whom she says she truly adores.

In her free time, Mia enjoys coloring as a way to relax, sightseeing, going on drives, making bracelets, and doing her hair and lashes. Something especially interesting about Mia is her dream of working for the FBI. She loves watching crime documentaries and has always been curious about what it would feel like to help catch criminals.

Mia has been working at Grand Oaks for two years. Her favorite part of her job is the strong bond she has built with the residents. She is close to many of them and shares that they always seem to know exactly what to say when she is having a tough day.

We are grateful to have Mia as part of the Grand Oaks team. Her kindness, dedication, and genuine connection with our residents truly make a difference every day.





Calendar Spotlight



*Our Roots
Run Deep
IN OUR
COMMUNITY*

February 14th

Valentine's Party w/ Sophisticats
2:00pm



QUIZ CORNER ANSWERS

February 17th

Fat Tuesday Party w/ Daryl
2:30pm



February 27th

Pizza Party
12:00pm



1. Amethyst
2. Punxsutawney Phil
3. Full Moon
4. The Super Bowl.
5. Violet and primrose.
6. Aquarius and Pisces.
7. William Shakespeare.
8. Much Ado About Nothing.

Guess the Resident Answer: Robert (Bob) Gosset