

AUGUST 2025

**Management
TEAM**

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD
EVP Finance

ANITA TOPPING
Administrator

BETH KELLEY
Sales Manager

TARA WESTER
Nurse Manager

ROBERT ZELANO
Executive Chef

DEBBIE ECKER
*Human Resources
Manager*

OSHA NE ANDERSON
Maintenance

TATIANA BRACHO
Activity Manager



*A word from your
ADMINISTRATOR*

Dear Residents,



Can you believe it's already August? We're enjoying every moment of this beautiful summer together, and there's still plenty more fun ahead! This month, we're excited to celebrate Mildred's 101 Birthday—be sure to join us in making her day extra special!

We're also planning a relaxing picnic at Seawall's Park. Don't forget to bring your swimsuit and a towel — the beach is just steps away, and it's the perfect chance to dip your toes in the water or simply enjoy the ocean breeze. Of course, we'll continue with our favorite traditions, including our monthly pizza party and a variety of engaging activities throughout the month. There's always something fun to look forward to!

We'd also like to take a moment to say thank you to our amazing staff for all their hard work, dedication, and the compassion they show every day. Because of them, we're proud to share that our recent survey came back deficiency-free! Congratulations to everyone on this outstanding achievement.

And to our residents, thank you for being part of our Grand Oaks Palm City family.

Sincerely,

Anita Topping

Anita Topping
Administrator





Chef's
SPECIAL

**ORANGE GLAZED
SHRIMP STIR FRY**



Crispy shrimp, sweet mandarin orange glaze with sesame stir fried peppers and snow peas over steamed jasmine rice.



New Move-Ins
Welcome!!!

Marietta Tierney
Frances Lewis



Happy
BIRTHDAY!!!



**AUG
1**

Mildred C.

**AUG
8**

Sylvia M.

**AUG
16**

William K.

**AUG
18**

Barbara H.

**AUG
20**

Frederick S.



Guess the
RESIDENT

**WHO IS THE
RESIDENT?**

Find out
who this
is on the
back of the
newsletter!





Employee SPOTLIGHT

EVELYN BRAVO



We're excited to shine the spotlight on one of our wonderful servers, Evelyn! Evelyn was born on July 1, 2006, and grew up right here in Stuart, Florida. As the oldest sibling in her family, she proudly looks after her 11-year-old sister and 5-year-old brother.

One of Evelyn's favorite childhood memories is how her mom would dress her in the cutest little outfits. Her parents always made sure she had every toy she wanted and never missed a moment to take pictures, showing her just how loved and cherished she was.

She graduated from Martin County High School in 2024 and is now pursuing a degree in Nursing at Indian River State College. Before joining the Grand Oaks team, Evelyn worked at Signature Sweets Chocolate & Ice Cream in downtown Stuart for six months, where she brought smiles to customers every day.

In her free time, Evelyn loves building LEGO sets — a fun and creative hobby that shows her patience and imagination. Here's something you might not know: Evelyn has never been on an airplane! But with an engagement on the way, we're sure some exciting adventures are just around the corner!

To wrap up our spotlight, we asked Evelyn what her favorite part of working at Grand Oaks of Palm City is, and without hesitation she said:

"Definitely the residents — I love joking around with them!"

We're so lucky to have Evelyn as part of our team. Her warm heart, positive attitude, and caring nature make her a favorite among residents and staff alike!



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AUGUST 2025

<h1>AUGUST 2025</h1>							
						<div>Hair Salon 9:15 Chair Yoga w/Rae 10:30 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Mildred's Birthday (101) 6:30 Movie Time & Popcorn</div>	<div>9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Karin & Charles Performance 2:00 Play Bingo 3:30 Go for a Ride 6:15 Confession W/Father Martin 6:30 Catholics Mass</div>
<div>9:30 Stretching your Body 10:30 Worship your Way 11:00 Presbyterian Communion 11:00 Play Bingo 2:00 Mitch Performance 3:30 Sit and Chat</div>	<div>9:30 Drumming 10:30 Light Walking & Gardening 11:00 Bank Trip 2:00 Social Tea Time & Cookies 3:30 Play Rummikub 6:30 Movie Time & Popcorn</div>	<div>9:30 Stretching W/ Lucas 10:10 Rummikub 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:00 Arts and Craft W/ Tati</div>	<div>9:00 NAIL'S DAY 10:30 Zumba w/ Teri 11:00 Retail Therapy "bealls Outlet" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Play Cornhole 6:30 Movie Time & Popcorn</div>	<div>9:00- 2:00 Deborah Handmade Jewelry Sale 9:30 Chair Tai Chi 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Play Pool</div>	<div>Hair Salon 9:15 Chair Yoga w/Rae 10:30 Spanish Classes W/ Tatiana 11:00 Pet Therapy by HSTC 1:30 Bible Study Non Denominational 3:00 Social Ice Cream 6:30 Movie Time & Popcorn</div>	<div>9:30 Exercise & Guided Meditation 10:30 Brain Games 11:00 Play Bingo 2:00 Ron Performance 3:30 Go for a Ride</div>	
<div>9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Mini Golf 2:00 Play Bingo 3:30 Sit and Chat</div>	<div>9:30 Drumming 10:30 Light Walking & Gardening 11:00 Walgreens 2:00 Social Tea Time & Cookies 3:30 Play Rummikub 6:30 Movie Time & Popcorn</div>	<div>9:30 Stretching W/ Lucas 10:10 Rummikub 11:00 Creating W/Clay 1:30 Movie Time & Popcorn 3:00 Arts & Craft W/ Tati</div>	<div>9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Cracker Barrel" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Play Cornhole 6:30 Movie Time & Popcorn</div>	<div>9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Linda Performance</div>	<div>Hair Salon 9:15 Chair Yoga w/Rae 10:30 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream 6:30 Movie Time & Popcorn</div>	<div>9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Play Bingo 2:00 Lauren Performance 3:00 Go for a Ride</div>	
<div>9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Cornhole 2:30 Caesar Performance 3:30 Sit and Chat</div>	<div>9:30 Drumming 10:30 Light Walking & Gardening 11:00 Library Trip 2:00 Social Tea Time & Cookies 3:30 Play Rummikub 6:30 Movie Time & Popcorn</div>	<div>9:30 Stretching W/ Lucas 10:10 Rummikub 11:00 Play Bingo 1:30 Movie Time & Popcorn 2:00 Café W/Comrades. (Veterans) 3:00 Arts & Craft W/ Tati</div>	<div>9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Retail Therapy "Dollar Tree" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:00 Play Cornhole 6:30 Movie Time & Popcorn</div>	<div>9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Monthly Birthday Party W/ Daryl Performance</div>	<div>Hair Salon 9:15 Chair Yoga w/Rae 10:30 Spanish Classes W/ Tatiana 11:00 Pet Therapy by HSTC 1:30 Bible Study Non Denominational By Holy Redeemer 2:30 Town Hall Meeting 3:00 Social Ice Cream 6:30 Movie Time & Popcorn</div>	<div>9:30 Exercise & Guided Meditation 10:30 Seawall's Point Park Picnic 2:30 Play Bingo 4:00 Sit and Chat</div>	
<div>9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Bingo 2:00 Joel Piano Performance 3:30 Sit and Chat</div>	<div>9:30 Drumming 10:30 Light Walking & Gardening 11:00 CVS Pharmacy 2:00 Social Tea Time & Cookies 3:30 Play Rummikub 6:30 Movie Time & Popcorn</div>	<div>9:30 Stretching W/ Lucas 10:00 Rummikub 11:00 Play Bingo 1:30 Movie Time & Popcorn 3:30 Community Give Back</div>	<div>9:30 Trivia Game 10:30 Zumba w/ Teri 11:00 Lunch Bunch "Maya's Grill" 1:30 Catholic Eucharistic Minister 2:00 PUBLIX 3:30 Play Cornhole 6:30 Movie Time & Popcorn</div>	<div>9:30 Chair Tai Chi 10:00 Rummikub 11:00 Play Bingo 1:30 Watercolor w/ Valerie 3:00 Play Pool</div>	<div>Hair Salon 9:15 Chair Yoga w/Rae 10:30 Arts & Craft 1:30 Bible Study Non Denominational By Holy Redeemer 3:00 Social Ice Cream 6:30 Movie Time & Popcorn</div>	<div>9:30 Exercise & Guided Meditation 10:30 Show and Tell 11:00 Play Bingo 12:00 Pizza Party 2:00 Karaoke 3:00 Go for a Ride</div>	
<div>9:30 Stretching your Body 10:30 Worship your Way 11:00 Play Mini Golf 2:00 Play Bingo 3:30 Sit and Chat</div>							

GRAND OAKS ASSISTED LIVING
PALM CITY

GRAND OAKS ASSISTED LIVING PALM CITY

Grand Oaks Assisted Living Palm City /3550 SW Corporate Pkwy, Palm City, FL 34990/ Phone Number: 772.529.6000

SUBJECT TO CHANGE



Resident SPOTLIGHT

KENNETH (KEN) R.



Kenneth was born on September 18, 1946, in Indianapolis, Indiana, and grew up in the sunny city of St. Petersburg, Florida alongside his two brothers and one sister. After graduating high school and attending some college, Kenneth made the brave decision to join the United States Navy, where he served for four years, including time in Vietnam.

Kenneth shared that coming home from the war at just 22 years old was a powerful experience — the world had changed so much in such a short time. The Vietnam War left a deep mark on his life, and he still carries the lessons and memories from those days with him.

After his military service, Kenneth returned home, married the love of his life, Nancy, and together they raised three children — two sons and a daughter. He went on to serve his community for 45 years as a mail carrier for the USPS, showing the same dedication and commitment he brought to the Navy.

In retirement, Kenneth enjoyed a full and beautiful life with Nancy. Sadly, during the COVID-19 pandemic, Nancy passed away, and with love and care, his children moved him to Grand Oaks of Palm City, where he has since found comfort and companionship — including his dear friend Joan, with whom he now shares his days.

Kenneth enjoys watching movies, listening to music, and always finds something to smile about. When we asked him what he loves most about living at Grand Oaks, he gave a quick and sincere answer: “The food!”

He says he's most proud of his children and wants them to always remember how much he cares for them — and to continue being kind, respectful people who make a difference in the world.

Thank you, Ken, for your service, your stories, and the warmth you bring to our community.





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*Our Roots
Run Deep
IN OUR
COMMUNITY*



*Guess the Resident Answer:
Deborah R.*