

Our Roots Run Deep IN OUR COMMUNITY

AUGUST 2025

Management TEAM

DONALD CROW Chairman

Vice President

SHARON GRISWOLD EVP Finance

ANITA TOPPING Administrator

BETH KELLEY Sales Manager

TARA WESTER Nurse Manager

ROBERT ZELANO Executive Chef

DEBBIE ECKER Human Resources Manager

OSHANE ANDERSON Maintenance

TATIANA BRACHO Activity Manager

A word from your ADMINISTRATOR

Dear Residents.

Can you believe it's already August? We're enjoying every moment of this beautiful summer together, and there's still plenty more fun ahead!

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We're also planning a relaxing picnic at Seawall's Park. Don't forget to bring your swimsuit and a towel — the beach is just steps away, and it's the perfect chance to dip your toes in the water or simply enjoy the ocean breeze. Of course, we'll continue with our favorite traditions, including our monthly pizza party and a variety of engaging activities throughout the month. There's always something fun to look forward to!

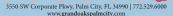
We'd also like to take a moment to say thank you to our amazing staff for all their hard work, dedication, and the compassion they show every day. Because of them, we're proud to share that our recent survey came back deficiencyfree! Congratulations to everyone on this outstanding achievement.

And to our residents, thank you for being part of our Grand Oaks Palm City family.

Sincerely,

Anita Topping

Anita Topping





ORANGE GLAZED SHRIMP STIR FRY



Crispy shrimp, sweet mandarin orange glaze with sesame stir fried peppers and snow peas over steamed jasmine rice.



New Move-Ins

Marietta Tierney Frances Lewis



Happy BIRTHDAY!!!



Mildred C.



Sylvia M.



William K.



Barbara H.





Guess the RESIDENT

WHO IS THE RESIDENT?

Find out who this is on the back of the newsletter!









EVELYN BRAVO



We're excited to shine the spotlight on one of our wonderful servers, Evelyn! Evelyn was born on July 1, 2006, and grew up right here in Stuart, Florida. As the oldest sibling in her family, she proudly looks after her 11-year-old sister and 5-yearold brother.

One of Evelyn's favorite childhood memories is how her mom would dress her in the cutest little outfits. Her parents always made sure she had every toy she wanted and never missed a moment to take pictures, showing her just how loved and cherished she was.

She graduated from Martin County High School in 2024 and is now pursuing a degree in Nursing at Indian River State College. Before joining the Grand Oaks team, Evelyn worked at Signature Sweets Chocolate & Ice Cream in downtown Stuart for six months. where she brought smiles to customers every day.

In her free time, Evelyn loves building LEGO sets — a fun and creative hobby that shows her patience and imagination. Here's something you might not know: Evelyn has never been on an airplane! But with an engagement on the way, we're sure some exciting adventures are just around the corner!

To wrap up our spotlight, we asked Evelyn what her favorite part of working at Grand Oaks of Palm City is, and without hesitation she said: "Definitely the residents — Hove joking around with them!"

We're so lucky to have Evelyn as part of our team. Her warm heart, positive attitude, and caring nature make her a











KENNETH (KEN) R.





Kenneth was born on September 18, 1946, in Indianapolis, Indiana, and grew up in the sunny city of St. Petersburg, Florida alongside his two brothers and one sister. After graduating high school and attending some college, Kenneth made the brave decision to ioin the United States Naw, where he served for four years, including time in Vietnam.

Kenneth shared that coming home from the war at just 22 years old was a powerful experience — the world had changed so much in such a short time. The Vietnam War left a deep mark on his life, and he still carries the lessons and memories from those days with him.

After his military service, Kenneth returned home, married the love of his life, Nancy, and together they raised three children — two sons and a daughter. He went on to serve

his community for 45 years as a mail carrier for the USPS, showing the same dedication and commitment he brought to the Navy.

In retirement, Kenneth enjoyed a full and beautiful life with Nancy. Sadly, during the COVID-19 pandemic, Nancy passed away, and with love and care, his children moved him to Grand Oaks of Palm City, where he has since found comfort and companionship — including his dear friend Joan, with whom he now shares his day.

Kenneth enjoys watching movies, listening to music, and always finds something to smile about. When we asked him what he loves most about living at Grand Oaks, he gave a quick and sincere answer: "The food!"

He says he's most proud of his children and wants them to always remember how much he cares for them — and to continue being kind, respectful people who make a difference in the world.

Thank you, Ken, for your service, your stories, and the warmth you bring to our community.





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